



## SOSA Ingredients is one of the world's leading manufacturers and distributors of premium-quality ingredients for pastry-making and gastronomy.

Founded in Catalonia in 1967, Sosa Ingredients offers a wide range of products designed to meet the needs and fulfill the dreams of chefs in more than 80 countries worldwide. This catalog includes freeze-dried fruits, fruit pastes, nuts, texturizing agents, colorants, flavours and technical sugars.

Sosa Ingredients' creations are still produced near Barcelona or in La Granadella (also in Catalonia) where, for example, the nuts are processed from the harvest right through to packing. At Sosa, we have set ourselves the goal of dedicating our technological expertise to innovation and constant improvement so that we can make gastronomy increasingly ethical and make the jobs of the best chefs in the world easier.

Our products are developed according to the four basic principles of modern cuisine: more texture and more flavour, but less fat and less sugar.

With Sosa Ingredients, you can make all your sweet and savory dreams come true.

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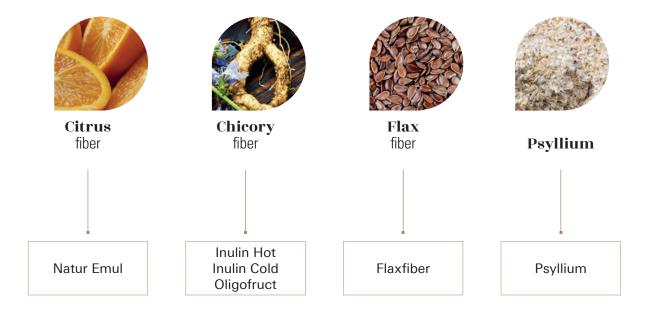
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# Ingredients of the future

Gastronomy is changing, consumers have new expectations and, with this, pastry-making is facing new technical challenges around **reducing sugar and fat, improving textures**, **and boosting flavour**.

To help address these challenges, SOSA INGREDIENTS is offering a range of fibers with different origins, **including citrus**, **chicory**, **psyllium and now a new addition to the range: flax fiber**.

### Our range of fibres



### Sosa Ingredients in collaboration with Jordi Bordas

To give you more information about fibers and how they can be used in pastry, we have worked with one of pastry-making's pioneering R&D+i centers and a pioneering user of fibers, Jordi Bordas. Our collaborative endeavors have helped us to produce our "Guide to Using Fibers", which seeks to explain how these ingredients help reduce sugar, replace fat, improve textures and enhance flavour.

Scan the QR code to learn more about this partnership.





Jordi Bordas

# A new fiber has burst into gastronomy

### **FLAXFIBER**

flax seed fiber



**NEW FLAX FIBER** 

**THICKENING PROPERTIES** 

100% NATURAL ORIGIN

**CLEAN LABEL** 

Sosa Ingredients is always searching for new ingredients and innovative solutions to gastronomy professionals' technical challenges. Flax fiber confirms that fibers are here to stay, and that they represent a whole new avenue for gastronomy to explore.

Read about all its properties in the fiber range (pg.125)



### Natural Range



Sosa Ingredients is at the cutting-edge of the culinary world not only in terms of its products and techniques but also, most importantly, in terms of its values. As a result, we firmly believe that our actions today will shape the future.

In all our work, we strive to create a more ethical, natural gastronomic world. For our Natural Range, we carefully select products with 100% natural ingredients free from artificial flavours, colorings, synthetic preservatives, GMOs and palm oil.



#### **KEY**

#### Certifications and classifications



#### 100% Natural Ingredients

These are products containing ingredients found in nature. These ingredients can come from plants, animals, minerals and even microbial sources.



#### Vegetarian

These products do not contain any ingredients of animal origin (meat, fish, seafood and so on) or processed foods that have been treated with animal products (such as bones). They do or may contain by-products derived from animals (such as egg products, dairy products, honeys, gelatins and products with pigments derived from insects).



#### Hala

These products are certified as Halal. These are foods that comply with the requirements of Islamic law, have not come into contact with banned products and respect guidelines for animal-origin ingredients.



#### Kosher

These products certified as Kosher. Kosher foods are suitable for consumption by Jewish people according to Jewish dietary laws and precepts.



#### Kosher Dairy

These are Kosher dairy certified products. They are dairy foods suitable for consumption by Jewish people according to Jewish dietary precepts, which require foods to have been processed in certain ways and prohibit the mixing of dairy and meat. All Kosher dairy products are derived from animals considered Kosher by Jewish law.

Josa

1



### Special-origin sugars



700 g 39124 📦 6 u

### **PURE CANE SUGAR**

1,3 kg *39285* 15 u





### Honey





### Cotton Candy



### Sugar Pearls



### **Flavoured Sugars**



### Special-origin salts







The Sosa Ingredients range of nuts has been designed to be as comprehensive as possible. From raw nuts to pastes and our new caramelized Cantonese-style nuts, the assortment offers plenty of options to add a crunchy touch to your creations. We carefully select our raw nuts so you are guaranteed top quality products with an intense flavour.

### Natural Belona/Marcona almonds

These almonds have a characteristic large, round shape. They are a sweeter, less bitter variety. They are the most highly recommended and in-demand variety in the confectionery and nougat industries.



### **BLANCHED**



### **BLANCHED AND ROASTED**





### Natural Largueta almonds

These almonds are characterized by their elongated shape and their flavour. The ease with which their skin can be removed makes them the most recommended variety for roasting and making caramelized nuts.

s/14	13/14	12/13	11/12	10/11
18/20	20/22	27/30	30/35	36/40
36/38	35/36	34/35	33/34	32/33



### Valencia almonds

A mixture of different almond varieties.

A sweet flavour, widely used to make marzipan.



### **BLANCHED**



### **Processed** Valencia almonds



#### **Raw almond sticks**



1 kg *36978* 



10 kg *36977* 





#### **Raw almond dices**



1 kg *36956* 



10 kg *36949* 





### **ROASTED**



#### **Toasted almond slices**



10 kg 37394









#### **Raw almond thick slices**















#### **Toasted almond sticks**



10 kg *36979* 







#### **Toasted almond dices**













### Negrita hazelnuts

This is one of the varieties with the greatest organoleptic qualities. It is often used in the chocolate industry because it lends itself well to grinding.







### Valencia hazelnuts





### Walnuts



**Raw California** walnut halves











**Pecan nuts** 



**Raw California** walnut quarters



36972







Raw pecan nut



1 kg 36975







### Macadamia nuts





### **Pistachio**



### **Peanuts** Pine nuts



### Seeds



### **Sunflower seeds**



1 kg 36987 📦 16 u







### **Black sesame**













### **Pumpkin seeds**



1 kg 36986 📦 16 u









### Mixes



### Salad mix





1 kg 36947 📦 16 u







### **Flours**



#### **Raw almond flour**

1 kg 37345



10 kg *37346* 





#### Fine raw almond flour

1 kg *37337* 







10 kg *37336* 





#### **Toasted hazelnut flour**

1 kg 37347









#### **Chestnut dried flour**

**800** g *38724* 









#### **Pistachio flour**







14 u





#### **Toasted almond flour**

1 kg *37340* 









#### **TPT** almond Macaron

📦 10 kg *37765\** 



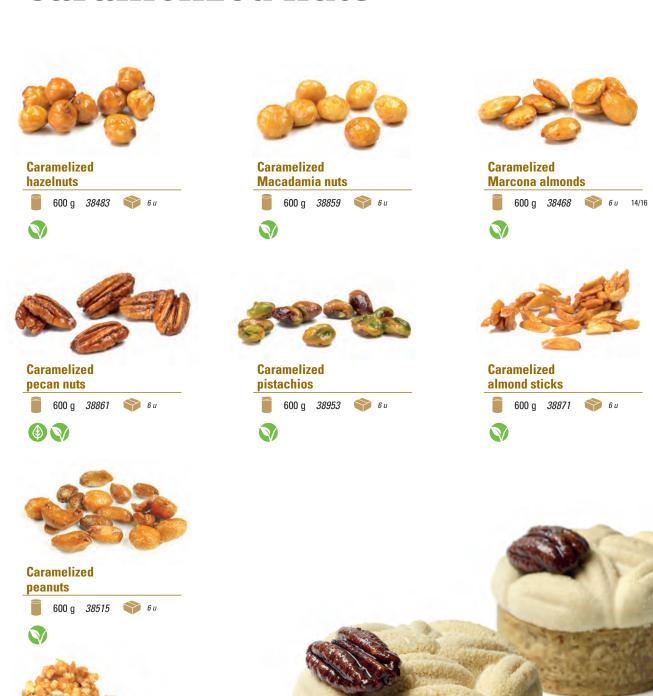


1 kg *37333* 10 kg *37332* 





### Caramelized nuts



**Caramelized diced** 

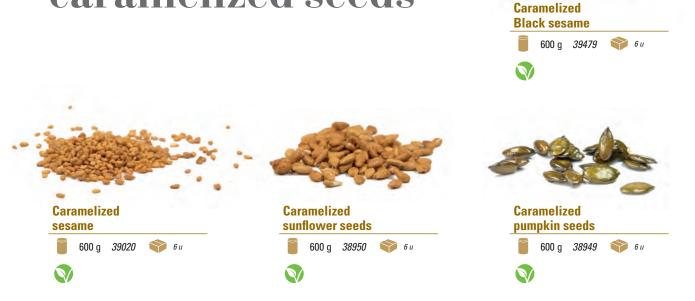
600 g 39481 📦 6 u

almonds

### Caramelized nuts



## Whole caramelized seeds



### Cantonese-style nuts

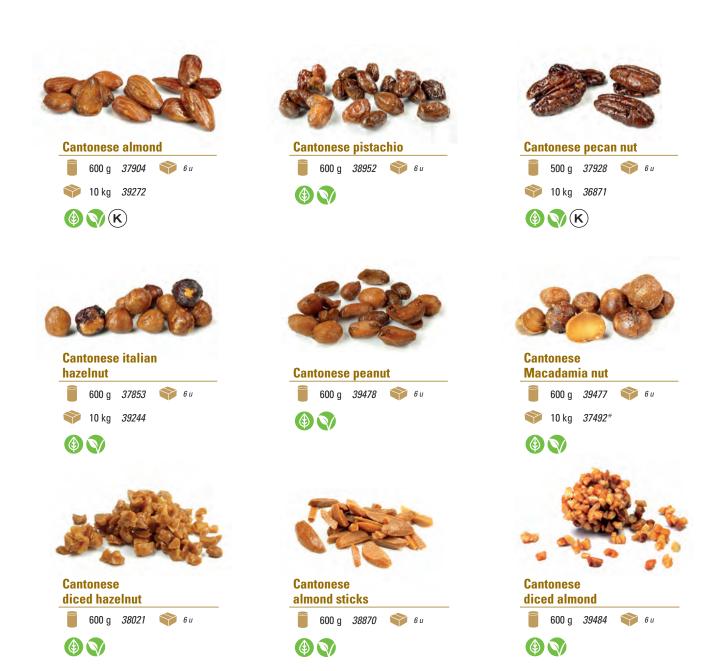
### WET PROOF

This Asian caramelization technique for nuts creates an intense, less sweet flavour, is more resistant to moisture and yields a more esthetically appealing result than standard caramelization techniques allow thanks to the glossy, even coating.

**Production process:** The nuts are steeped in syrup for 24 hours and then fried in vegetable oil. This immediately removes excess sugar, resulting in glossy, moisture-resistant nuts.

### Did you know?

At Sosa Ingredients we are serious about protecting the environment and reducing our impact on the planet, which is why we have stopped using palm oil in our Cantonese-style nuts.









### Cantonese-style whole seeds

WET PROOF













## Crunchy nut pieces



**Toasted** diced peanut crocanti





1 kg *36954* 📦 16 u





#### **Diced hazelnut crocanti**



1 kg *36953* 📦 16 u









#### **Diced almond crocanti**













**Toasted** diced soy crocanti



1 kg *36955* 📦 16 u











### **Nut pastes**



### almond paste

- 1 kg
- 37521

  - 5 kg 37515





#### **Toasted** almond paste

1 kg

- 36860
- 5 kg 36861







#### **Toasted unpeeled** almond paste

- 1 kg *37516* 📦 4 u







#### **Bitter** almond paste

- 1 kg 37514







hazelnut paste

**Toasted** 













#### Hazelnut granulated paste

- 🥛 5 kg *37518* 📦 2 u







### **Toasted**

### Italian hazelnut paste

- 1 kg 5 kg
- 37537

37536

- 6 и **2** u





#### **Pecan nut paste**

1 kg

37548







#### Macadamia nut paste

- - 1 kg 37524
- 5 kg
- 37545 2 u



### **Nut pastes**





### **Seed pastes**





### **Pralinés**

### 50% NON-CARAMELIZED SUGAR

















6 kg 37608 📦 2 u





### **Pralinés** À L'ANCIENNE





















### Coffee



#### Natural Arabica coffee paste



1,2 kg *37540* 



6 kg 37144



Dose: 20 g/kg



### **Liquid coffee extract**



1,2 kg *48310* 📦 6 u





Premium coffee extract for all kinds of pastry and ice cream elaborations.

It has an intense and aromatic flavour.

Minimum content: 28% of solid extract coffee.

### **Pralicroc**



### Marzipan







### SOSA INGREDIENTS' VISION FOR NUTS

### ALMOND IN ALL ITS FORMS



### SOSA INGREDIENTS' VISION FOR NUTS

### PISTACHIO IN ALL ITS FORMS



#### **RAW NUTS**

Add an intense pistachio flavour. Ideal for macarons, genoese cakes, mousses, fillings, creams and decorative toppings.



#### PISTACHIO CARAMELIZED CANTONESE NUTS

Caramelized the traditional way using sugar and honey, these nuts have a powerful toasted flavour as well as a very pleasant undertone of sweetness.



Perfect for adding a pistachio flavour to a wide range of recipes using only a small quantity. Our flavourings work as well in your cocktails as they do in your sorbets, creams and fillings, heightening the essence of every last one of them.



#### **PASTE**

Pastes with no added sugar, an intense natural pistachio flavour and an easy-to-work with smooth texture.



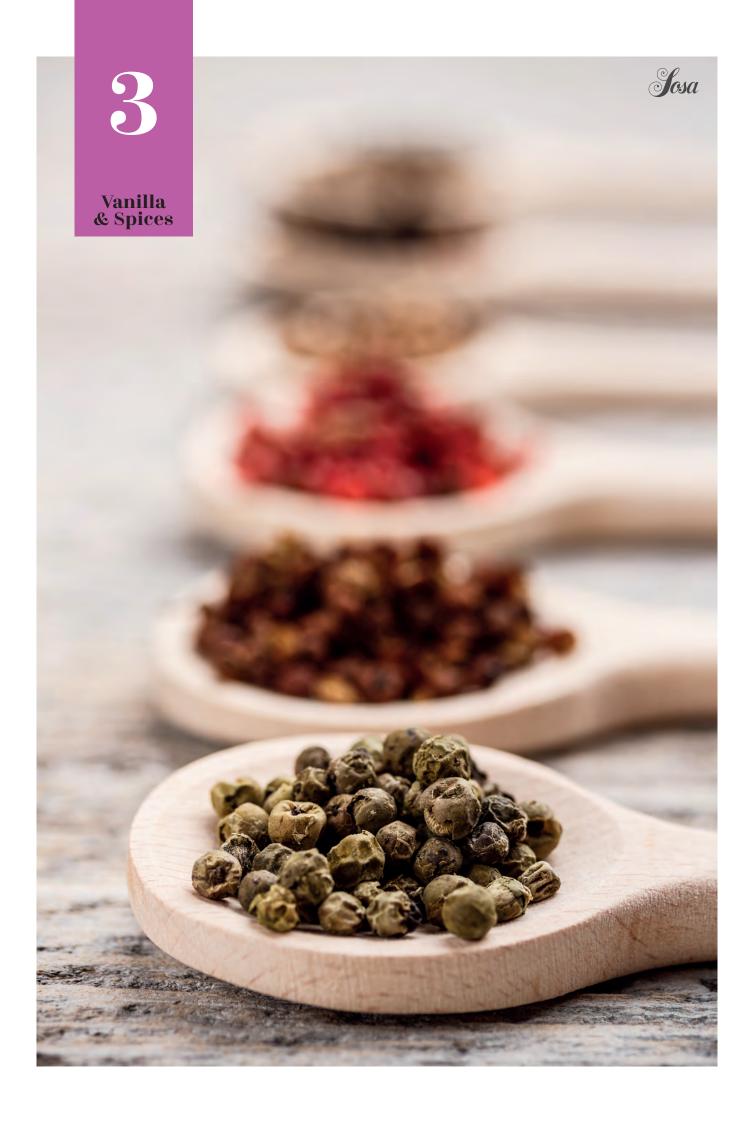
### NUTS & SEEDS PRALINE

Praliné paste with all the intense flavour of the Pistachio.

#### **NUTS FLOUR**

We carefully select our raw nuts so that we can offer you top quality products that come with an intense flavour guaranteed. This pistachio flour is Ideal for macarons.





### Vanilla



#### Vanillin

crystallized







#### Vanilla seeds

seed

700 g *39072* 





#### Madagascar vanilla natural extract gourmet type

extract + seeds natural aroma





Dose: 20-40 g/kg

### **Spices**



#### **Cardamom**

175 g 38529





Origin: Sri Lanka





#### Sichuan pepper

100 g 38937 📦 6 u 







### **Chilli strands**

100 g *39401* 











To preserve the intense natural flavour of the fruit, we use a low-pressure cold preservation technique (at 45°C or 115°F) when making our confits. This technological process allows us to guarantee top-quality products with the right amount of sugar, and maintain the organoleptic qualities of the fruit to enhance its flavour.

# Concentrated Jams

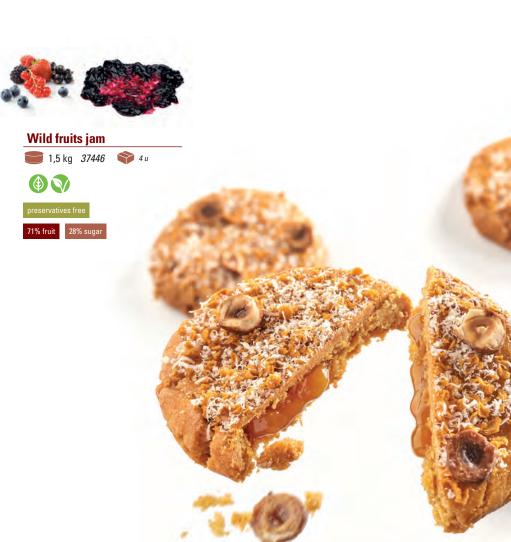
These jams, made using the Cold Confit technique - concentrating the maximum amount of fruit at low temperature and low pressure, with minimal added sugar - preserve the flavour of the fruit to the greatest possible degree.











### Gelée





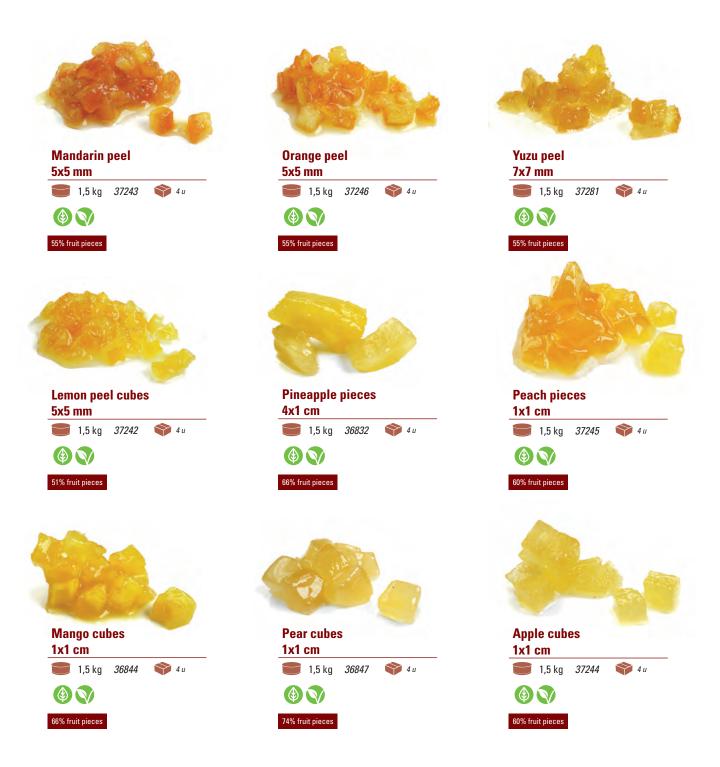
## Copeaux 50 °BR





### Fruit & Sauce cold confit

50 °BR







### Fruit confit 70 °BR

#### **SWEET ORANGE**



#### **Orange strips**

**Cold Confit** 



3,5 kg *37487* 



2 u 80x6 mm





#### Orange cubes 8x8 mm

**Cold Confit** 









preservatives free

#### YUZU



#### Yuzu peel paste

**Cold Confit** 











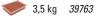
preservatives free



#### Orange peel paste

**Cold Confit** 













#### **Orange slices**

**Cold Confit** 



3,5 kg *37486* 











### Fruit confit 70 °BR

#### **LEMON**



#### **Lemon strips**

**Cold Confit** 









preservatives free



#### Lemon peel paste

**Cold Confit** 





preservatives free



#### **Lemon slices**

**Cold Confit** 









#### **Lemon cubes**

**Cold Confit** 



3,5 kg *36858* 



2 u 7x7 mm





#### **OTHER FRUIT**



#### Whole apricot

**Cold Confit** 











#### **Citron cubes**

**Cold Confit** 













#### **A**marena

**Cold Confit** 









#### **CHESTNUT**



#### Rotame di marroni

Cold Confit

**1,7 kg** *37664* 

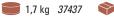




#### **Marron Antic Confit**

antic confit







## **Fruit in Liquor**



#### **Cherries in kirsch**

2 L *37844* 





### Confit

### **GINGER**



#### **Candied** ginger stripes

**1,8 kg** *37385* 





preservatives free



#### **Dried** ginger slices





preservatives free



#### **Candied ginger** pieces 2-5 mm







preservatives free

## **Crystallized Flowers**







## SOSA INGREDIENTS' VISION FOR FRUIT

#### RASPBERRY

IN ALL ITS FORMS





We have carefully designed our premium concentrated pastes to help you make your best creations. The result is an easy-to-use product that provides flavour and color even when used in small quantities. Perfect for ice creams, creams, mousses, glazes and desserts.

### Natural Concentrated Pastes











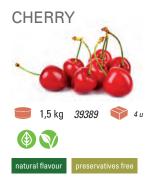








































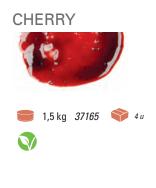


























## **Concentrated pastes**





















### Soft dried

#### 7 - 20% HUMIDITY







**Dried plum** 

3 kg 37182



**Dried diced coconut** 

**2,5** kg *37223* 2 u



### **Medium dried**

1,5 - 7% HUMIDITY

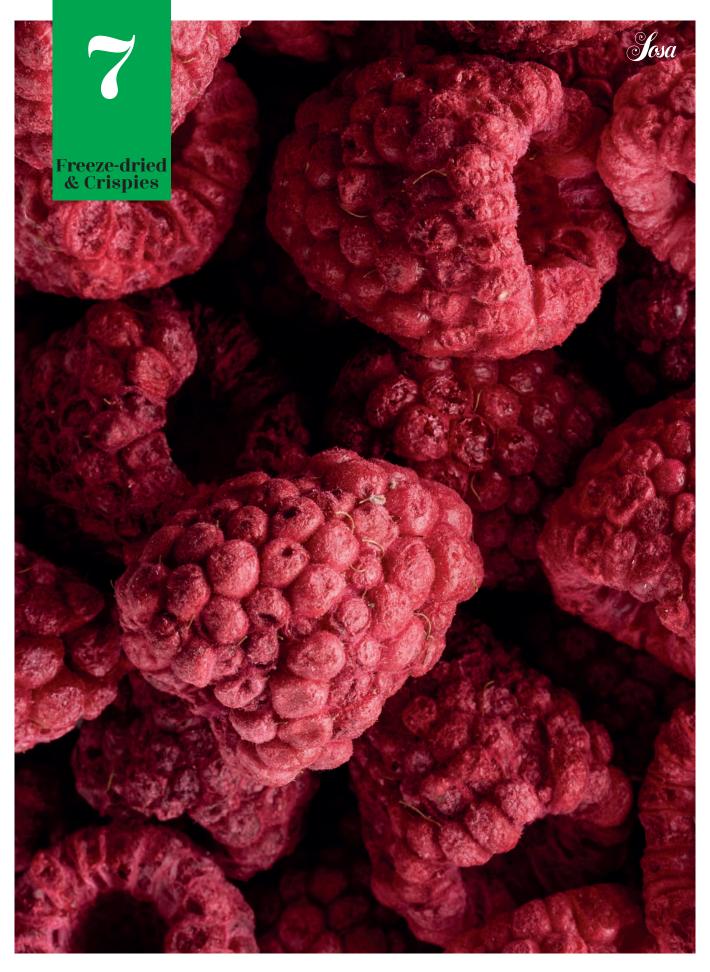


## Dried 0 - 1,5% HUMIDITY





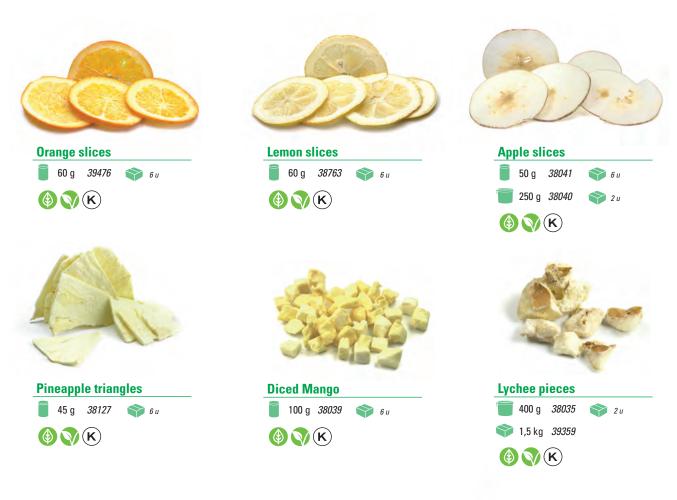




Freeze-drying transforms fruit by sublimating its water content, turning it from a solid to gas without any liquid phase in between. This allows the fruit to retain all its excellent properties. Warming is carefully controlled during the freeze-drying process to preserve the flavours, nutrients and colors of the fruit, opening up endless possibilities for use.

## Freeze-dried

#### **FRUIT**









#### Whole blackcurrant



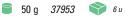








#### Whole blueberry







#### Whole strawberry

60 g 38014 📦 6 u



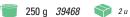








#### Strawberry slices 5-7 mm



**∅ % K** 













**Diced strawberry** 

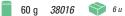


2 u





#### Wild strawberry







#### Whole blackberry

80 g *38051* 



🗑 400 g *38050* 📦 2 u



#### Whole raspberry







75 g *38640* 







**6** *u* 

#### Whole amarena

80 g *37952* 







### Freeze-dried

#### **OLIVES**



#### **VEGETABLES**





#### FREEZE-DRIED FLOWERS AND LEAVES



#### **Marigold petals**

freeze-dried

**7** g *38521* 





#### **Cornuta violet**

freeze-dried

**5** g *39084* 









#### **Red rose petals**

freeze-dried

**5** g *39492* 











#### Pink rose petals

freeze-dried

**5** g *39491* 





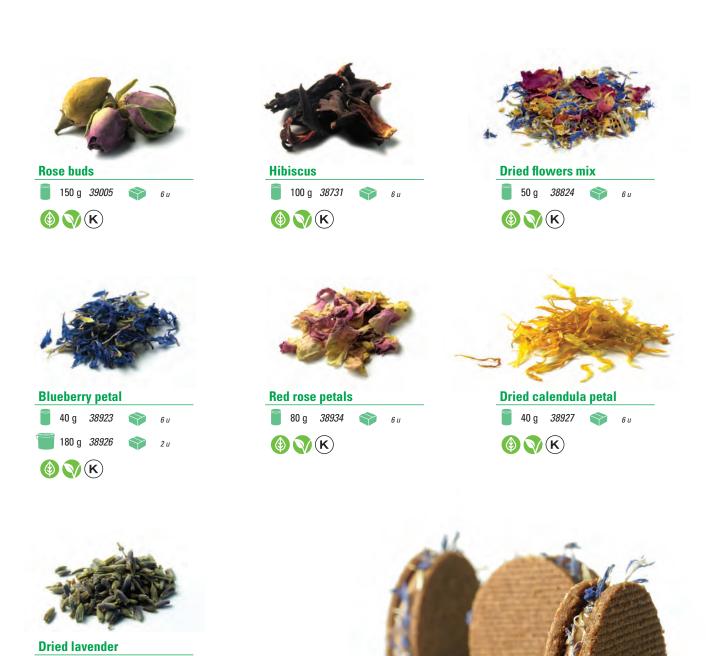








## **Dried Flowers**



100 g *38751* 

**(4) (K)** 



## **Crispies**

#### **FRUIT**

We make crispy granulated versions of our freeze-dried fruit to give dry preparations a crunchy texture. So we can meet all your needs, we have also developed a range of "wetproof" crispies for moist preparations. They are coated with cocoa butter to preserve all their excellent properties while lending your products texture and originality.





## **Crispies**

**FRUIT** 



#### **Blackcurrant crispy** 2-10 mm

200 g *38531* 📦 6 u







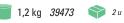




200 g 39262 📦 6 u













#### Raspberry crispy 2-10 mm

300 g *38631* 



1,5 kg *37264* 

















Raspberry crispy 5-8 mm

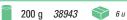




250 g *37879* 📦 6 u



#### Pineapple crispy 2-10 mm













#### Strawberry crispy 1-3 mm

250 g *39471* 📦 6 u



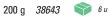
1,5 kg *39474* 📦 2 u







#### Strawberry crispy 2-10 mm









#### Passion fruit 2-10 mm





















#### **DAIRY PRODUCTS**



#### **Yocrispy**

#### crispy













#### **Yogurt with strawberry**

crispy











### COFFEE



#### espresso coffee

crispy

250 g 38516







#### Cappuccino

crispy









## **Crispies**







## **Crispies wet proof**













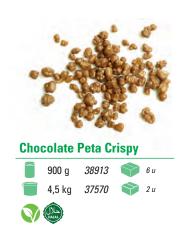








## Peta crispy





## Peta crispy









The Taste Colour concept was developed to flavour preparations to which it can be difficult to add liquids, such as creams, ganaches and meringues. Thanks to Taste Colour, you can prepare your creations without losing any flavour. Our goal is to help you perfect the color and flavour of your recipes.

### **Powdered Extracts**

#### **FRUIT**



glace 100 g/kg

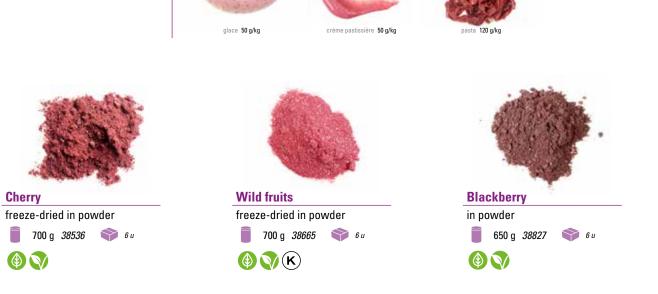


crème pastissière 100 g/kg

pasta 145 g/kg

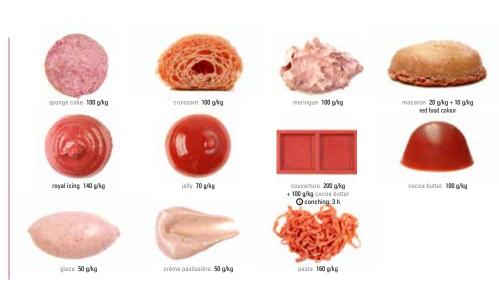
macaron 20 g/kg + 6 g/kg red beet food colour

cocoa butter 100 g/kg











### **Powdered Extracts**

#### **FRUIT**

























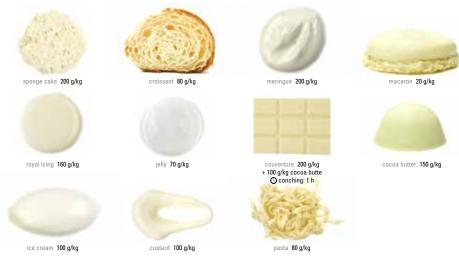




# **FRUIT**

\*Check availability









73

meringue 150 g/kg

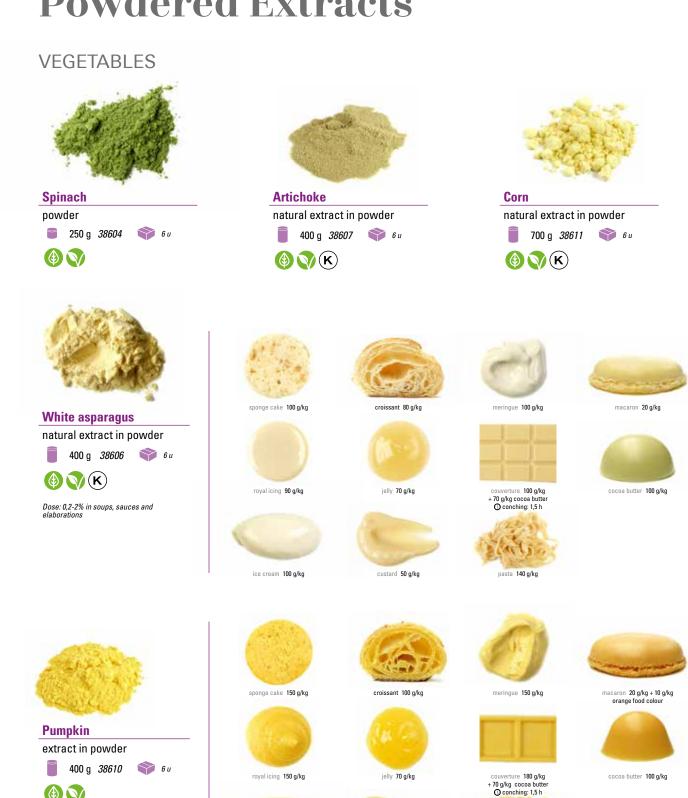
# **FRUIT**











ice cream 100 g/kg

custard 75 g/kg

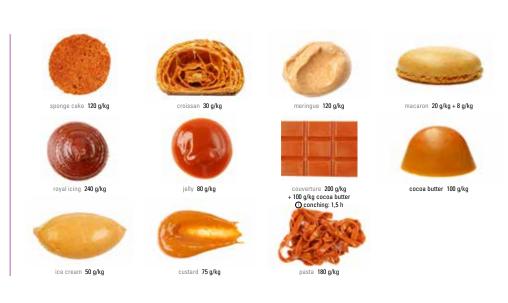
pasta 120 g/kg

# **VEGETABLES**

















Tomate en copos

natural extract in powder









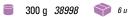




#### Remolacha

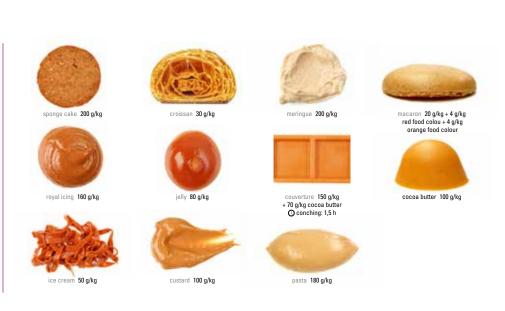
natural extract in powder











**Tomato** 

freeze-dried in powder



600 g *37865* 📦 6 u







# **VEGETABLES**



# **MUSHROOMS**





**ROOTS** 

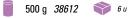


# HERBS AND FLOWERS



**Red fruits-hibiscus** 

natural extract in powder

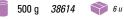






**Green mint** 

natural extract in powder









# **SPICES**



Cinnamon

powder

400 g *38522* 





**250** g 39036





**Madras curry** 

**220** g 40924







Gingerbread mix powder (Pain d'épices)

**a** 400 g *38440* 





**250 g** 40925



12 kg

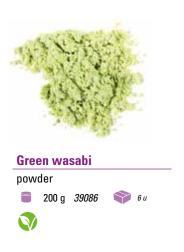


Tandoori Massala

**200** g 40926

Dose: 5-10 g/kg

# **JAPAN**





# Tea







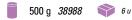


# CHEESE AND DAIRY PRODUCTS



**Goat cheese** 

natural aroma powder





Dose: 10-30 g/kg



Quark type cheese

aroma powder



2,5 kg *37656* 



Dose: 100 g/L



Freeze-dried fresh cream

natural powder





Dose: 100 g / 150 ml of water



Butter

natural powder

400 g *38784* 







natural powder

500 g *38210* 

15 kg 36967









Milk 26 % fat

natural powder

500 g *38211* 



15 kg *36968* 



Dose: 15% powder / 85% water





# CHEESE AND DAIRY PRODUCTS





# **UMAMIS**



## Meat umami

powder

**200 g** 39064

Dose: 0,3-0,2 g/kg



# **Poultry umami**

powder

**250** g *39063* 

Dose: 0,3-1 g/kg



# Vegetables umami

powder



Dose: 0,3-1 g/kg



# WINE AND VINEGAR













**SMOKY NOTES** 



# **SMOKE**









Our flavourings blend perfectly with every product, revealing its best flavour and releasing intense aromatic notes. They work well in everything from cocktails to sorbets, creams and fillings, enhancing the essence of each one.

# Water-soluble natural flavourings

Natural flavourings in a glycerin base. Glycerin is an emulsifier that helps flavourings to work in both aqueous and fat-based mixtures of up to 95% oil. Ideal in ganaches, sauces, mousses, ice creams and more.

## **FLOWERS**



#### Orange blossom natural flavouring

50 g *38402* 





#### **Elderflower**

natural flavouring



50 g *38423* 





#### **Jasmine**

natural flavouring



50 g *38400* 





## Damask rose

natural flavouring



50 g *38406* 



#### Lavender

natural flavouring



50 g *38397* 





#### **Lemon grass**

natural flavouring



50 g *38368* 





#### Floral scent violet type

natural flavouring



50 g *38348* 





#### **Lemon grass**

natural flavouring



50 g *38364* 



## **NUTS**



#### **Glacial mint**

natural flavouring



50 g *38369* 1 kg *37051\** 





#### **Bitter almond**

natural flavouring







#### **Roasted hazeInut**

natural flavouring

50 g *38247* 

1 kg *37000* 





\* Number of drops, taking as a benchmark the average density of the whole product range. In general, natural flavourings have

# FLORAL WATERS



#### Bio rose water

aromatic natural water

















#### Orange blossom water

aromatic natural water



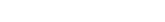
100 g *37945* 

10 u



36873 1 kg





# **SPICES**



#### Cinnamon

natural flavouring



50 g *38322* 1 kg *37032\** 





### **Saffron**

natural flavouring



50 g *38357* 







#### Tonka bean

natural flavouring



50 g *38358* 1 kg *37047* 



According to EU recommendations do not exceed recommended dose 0.2 g/kg

Not for sale in the USA.



### **Pure Madagascar** vanilla extract

gourmet type

natural flavouring



50 g *38353* 



Dose: 8 g/kg



# WATER-SOLUBLE NATURAL FLAVOURINGS **FRUITS**



# Lemon peel

natural flavouring







#### Lime

natural flavouring







#### Yuzu

natural flavouring



50 g *38294* 1 kg *37797* 





#### **Sweet orange**

natural flavouring

50 g *38281* 1 kg *37016* 





### **Bergamot**

natural flavouring



1 kg *37020* 









### Golden apple

natural flavouring



1 kg *37006* 





# Pear

natural flavouring



50 g *38264* 





### Cherry

natural flavouring





#### Banana natural flavouring

50 g *40771* 





# Raspberry

natural flavouring



50 g *38256* 1 kg *37003* 





# Ripe strawberry

natural flavouring



50 g *38653* 1 kg *38652* 





# Wild strawberry

natural flavouring



50 g *38344* 1 kg *38343* 





**Natural flavouring dose:** 0,2 g/kg. 0,2 g = approx. 6 drops\*

\* Number of drops, taking as a benchmark the average density of the whole product range. In general, natural flavourings have higher density.



## Fig

natural flavouring



50 g *38296* 1 kg *38295\** 





## Mandarin

natural flavouring



50 g *38282* 





## **Pineapple**

natural flavouring



50 g *38947* 



# **ROOTS**



#### Ginger

natural flavouring



50 g *38417* 1 kg *37072\** 





# Water-soluble flavourings

Flavourings in a glycerin base. Glycerin is an emulsifier that helps flavourings to work in both aqueous and fat-based mixtures of up to 95% oil. Ideal in ganaches, sauces, mousse, ice creams and more.

## **NUTS**



#### Chestnut

flavouring





#### **Pistachio**

flavouring

50 g *38276* 1 kg 37014

## **FLOWERS**



#### **Violet**

flavouring

50 g *38404* 1 kg *37065* 



## Rose

flavouring

50 g *39001* 1 kg 37661

# **FRUITS**



#### **Blackcurrant**

flavouring

50 g *38290* 1 kg 37021\*



#### **Green apple**

flavouring

50 g *38268* 1 kg *37010* 



#### **Peach**

flavouring

50 g *38257* 



#### **Amarena**

flavouring

50 g *38267* 1 kg *37009* 



## Ripe mango

flavouring

50 g *38437* 1 kg *37079* 



#### **Passion fruit**

flavouring

50 g *38262* 1 kg *37007* 





#### Coconut

natural flavouring

50 g *38252* 1 kg *37001* 







# MUSHROOMS AND YEAST



## **Black truffle**

flavouring



50 g *38413* 1 kg *37070* 



## White truffle

flavouring



50 g *38410* 1 kg *37068* 



# **SMOKE**



#### **Fatty smoke**

flavouring



50 g *38333* 1 kg *37038* 



# **COFFEE**



Espresso coffee

flavouring

50 g *38270* 1 kg *37011* 



# **FICTION**



# Cola

flavouring



50 g *38312* 





# **Cotton candy**

flavouring



50 g *38316* 



# **SWEETS**



#### **Caramel**

flavouring



50 g *38245* 1 kg *36999* 





<sup>\*</sup> Number of drops, taking as a benchmark the average density of the whole product range. In general, natural flavourings have higher density.

# **Fat-soluble** natural flavourings

Oil-based natural flavourings or pure flavourings for use in oil-based preparations, couverture chocolates or pralines.

# **FRUITS**



#### **Sweet orange**

Fat-soluble natural flavouring



50 g *38843* 



# **MUSHROOMS**



#### **Black truffle**

liposoluble natural aroma



50 g *38379* 









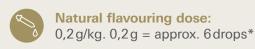
#### White truffle

Fat-soluble natural flavouring



50 g *38378* 





\* Number of drops, taking as a benchmark the average density of the whole product range. In general, natural flavourings have



Colouring



# **LEGEND**







# Natural colouring in powder

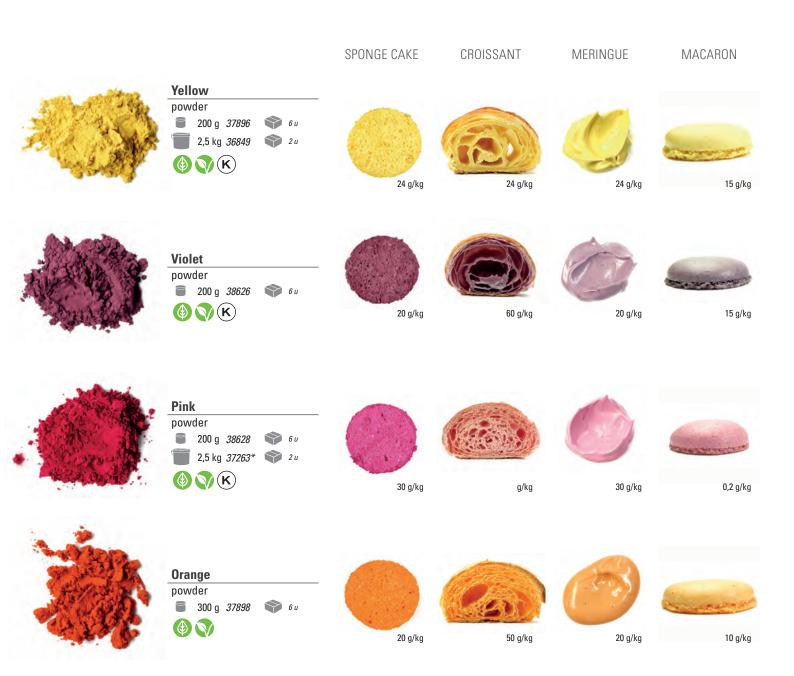




Natural colour extracted from fruit and vegetable juice, submitted to a concentration, evaporation and filtration process. They are considered ingredients; not additives and they do not have a dosage limit.



# Natural colouring in powder







# Natural water-soluble colouring in powder







Natural origin colourings produced from food by selective extraction, in some cases through organic solvents. They are considered additives and they are used in specific doses according to legislation.



# Natural water-soluble colouring in powder









# Natural water-soluble colouring in powder









# Water-soluble colouring



#### Caramelina







Carameline is used as a colouring and also gives a strong caramel taste.

# **Natural** liquid fat-soluble colouring









# Natural liquid fat-soluble colouring





# SYNTHETIC WATER-SOLUBLE

# Colouring

**IN POWDER** 







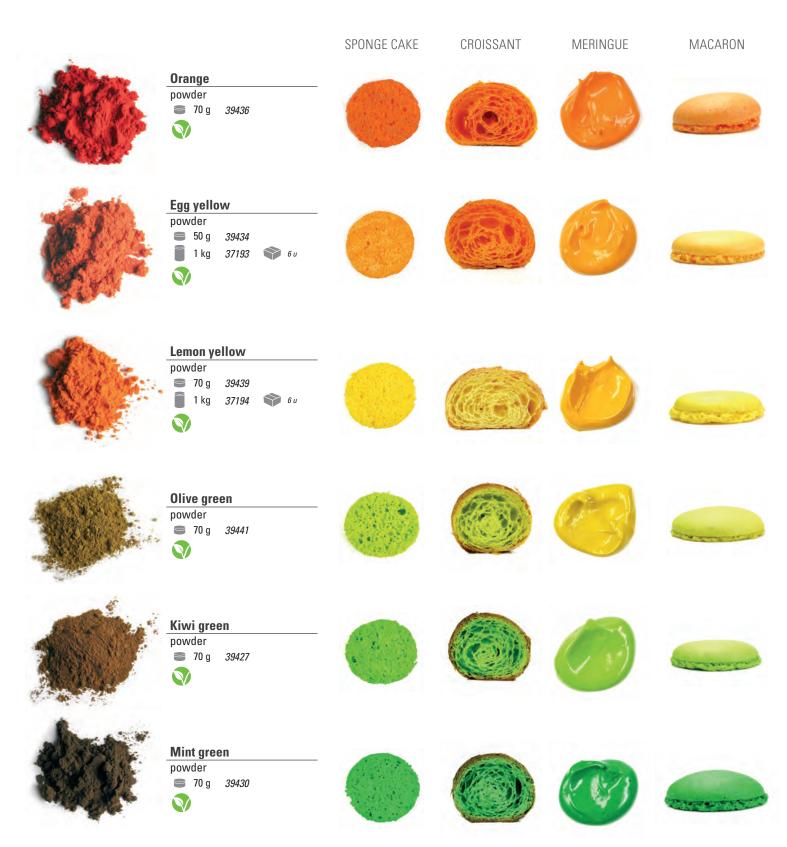
Colourings produced with salts from mineral source or by chemical synthesis. It is needed a low concertation to provide the desired colour, they have a long-time stability and they are also stable in different environments. They are considered additives and they are used in specific doses according to legislation.



# SYNTHETIC WATER-SOLUBLE

# Colouring

**IN POWDER** 









# SYNTHETIC FAT-SOLUBLE Colouring IN POWDER (LAC)









#### METALLIC FOOD

### colorants



 $Dose: \leq 500 \ mg/kg$ 





### **Tempuras**



#### Wheat tempura

500 g *39044* 





**Properties:** Mix of flours

and leavening agent.

Elaborations: The crispiest products.



#### **Protempura**





1,3 kg *37653* 

Properties: Wheat fiber and flour. **Elaborations:** Crunchier batters.



#### **Orient tempura**





Properties: Wheat and corn flour

and yeast.

Elaborations: Tempura with yolk.



#### Frito andaluz

500 g *38660* 





**Properties:** Flour mixture. Chickpea

flour base.

Elaborations: Andalusian-style batters, ideal

for fish and squid.



#### **Chickpea flour**









Properties: Chickpea flour. Elaborations: -



20-30 % of the flour's weight (maximum 40%)



2,5 kg *37639* 





Properties: Wheat dextrin. Very crispy

tempura. It keeps its crispy texture long after frying.

Use: Mix with the flour. **Elaborations**: Tempuras, batters

or meringues.









Dose:

200 g/L



Free air bag powder 400 g 38641 **Properties:** 

A mixture of rice starch and kudzu. Becomes crispy when mixed with any liquid, dried and

Use: Mix cold and bring to a boil, stirring vigorously. Roll out to 1-3mm or shape and leave to dry for

12 hours at 120°F (50°C). Deep fry at 430°F (220°C) for 5 seconds.

Observations: Avoid mixing with fatty liquids or liquids with high sugar percentages.

### Fry glue





Properties: Mixture of starch and texturing agents to replace egg in the batter. It has a sealing effect so, once fried, the filling does not leak out.

Use: Mix cold, stirring vigorously.

Leave to stand for 5 minutes before use.

**Application:** Use to coat products before battering.

**Observations:** White powder.

Elaborations: Croquettes and other batters which might have a liquid filling.

Dose: 300 g/kg



### Rice air bag







### Panko · Bread for Frying

WHEAT PANKO

**CORN PANKO** 











#### **LEGEND**

### Technical sugars and sweeteners







lcing sugar powder

SP 96%

750 g *38489* 



25 kg 34354







Sucrose and cornstarch. For decorating pastries and desserts.





**Anti-humidity** icing sugar

#### powder

750 g 38491



10 kg 34355





Sucrose, anti-caking agent and antioxidant. Resistant to changes in humidity. For decorating pastries and desserts.





#### Palatinose powder

Solids 95% / AFP 100% / SP 33%









100% isomaltulose, derived from sucrose. Substitute sweetener for sucrose. Generally used in energy drinks and as a bulking

900 g 38869 6 u

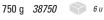




#### Lactose powder

Solids 100% / AFP 100% / SP 16%









100% lactose. Used in ice cream as a substitute for sucrose to reduce sweetness without altering the anti-crystallizing power. For candies, caramelized preparations and toffee without the sweetness





#### Fructose powder

Solids 100% / AFP 190% / SP 144%

1 kg 37279 6 u







100% fructose, derived from high fructose

corn syrup.
A common sweetener for use in low-sugar confectionery and sports nutrition.





#### Maltodextrin

Solids 95% / AFP 23% / SP 15%



38771 6 u













Bulking agent to increase or replace solid content.
Can be included hot or cold without prior hydra-

tion. Low texturizing qualities, very good cold solubility. Partial or total substitution for sucrose.

ANALYTICAL TABLE OF SUGARS						
	Solids	AFP	SP	BRIX		
SUGARS						
Sugar (sucrose)	100%	100%	100%	Х		
Dextrose	92%	172%	74%	Х		
Glucose powder DE 33	94%	56%	24%	Х		
Fructose	100%	190%	144%	Х		
Lactose	100%	100%	16%	Х		
Isomalt	95%	99%	50%	Х		
Trehalose	95%	100%	45%	Х		
Palatinose	95%	100%	33%	Х		
Maltodextrin	95%	23%	15%	Х		
POLYOLS						
Sorbitol	100%	190%	60%	Х		
Maltitol	100%	99%	80%	Х		
Mannitol	100%	188%	60%	Х		
Lactitol	95%	99%	30%	Х		
Erythritol (fresh)	100%	280%	70%	Х		
Xylitol	98%	224%	100%	Х		
LIQUID SUGAF	RS					
Liquid glucose DE 40	80%	76%	45%	77,4%		
Liquid glucose DE 60	82%	114%	67,5%	82%		
Invert sugar	70%	190%	125%	72%		
Cremsucre	72%	190%	110%	80%		
Honey	80%	190%	130%	78%		
Liquid sorbitol	70%	133%	42%	67%		
Sugar fruit	ND	ND	125%	80%		

<sup>\*</sup> For more information on their use, see section on bulking agents in the texturizing range (p.174).







#### Isomalt powder

#### Solids 95% / AFP 99% / SP 50%



100% isomalt derived from sucrose. Can be used as a 1:1 substitute for standard sugar without any effect on the end pro-duct's physical properties. It adds half as much sweetness as sucrose. Stable at high temperatures without browning (300°F or 150°C). Candies and pastries.





#### **Dextrose** powder

#### Solids 92% / AFP 172% / SP 74%

650 g	39462	6 u
3 kg	37225	2 u
25 kg	34361	



100% dextrose. For making candies and ice cream.





#### Trehalose powder

#### Solids 95% / AFP 100% / SP 45%





100% trehalose derived from tapioca starch. Bulking agent. Protects and prevents mem-brane and protein desiccation during fre-ezing. Forms a protective barrier against moisture, for example in yogurts containing cookies.





#### Glucose powder 33 DE

#### Solids 94% / AFP 56% / SP 24%



Dehydrated glucose syrup. Prevents recrystallization of sugar in candies and gummies. Provides elasticity and maintains softness in sweet preparations such as pastries,

ganaches and truffles. 75g of glucose powder replaces 100g of liquid glucose.





#### Fondant sugar powder

#### Solids 100% / SP 90%



Ready-to-use product for fine decorations and spreading over pastries. It contains only vegetable proteins, is bright white, very elastic and perfect for very refined decorations, thanks to its selected ingredients.

Add 1kg of fondant powder to 140g of cold

water and mix in a mixer at maximum speed for 2 minutes, then decorate using a pastry



bag or a spatula.





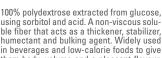








**Polydextrose** 



using sorbitol and acid. A non-viscous solu-ble fiber that acts as a thickener, stabilizer, humectant and bulking agent. Widely used in beverages and low-calorie foods to give them body, volume and a pleasant flavour. It reduces foods' sugar and fat content, cutting down the caloric content without affecting organoleptic quality.





#### Stevia powder

#### SP 30000%

40 g 39396 4 u





Steviol glycosides, natural flavouring . Calorie-free sweetener used as a substitute for sucrose.



### Liquid and paste technical sugars





#### Liquid glucose 60 DE

Solids 82% / AFP 114% / SP 67,5% 82° Brix

1,5 kg *37309* 

39284





Liquid glucose syrup. Suitable for pastry and ice cream preparations with high alco-hol content. Improves the conservation of ganaches. Substitute part or all of the sugar or glucose in the recipe.





#### Liquid glucose 40 DE

Solids 80% / AFP 76% / SP 45% 77,4°

1,5 kg *37305* 



2 u 37308





Glucose syrup derived from starch Prevents recrystallization of sugar in candies and gummies. Provides elasticity and maintains softness in sweet preparations such as pastries, ganaches and truffles.



#### **Cremsucre paste**

Solids 72% / AFP 190% / SP 110% 80° Brix



37821





Invert sugar with a creamy texture, made with a combination of fructose, dextrose and sucrose. A good moistening agent, keeps pastries, creams and ganaches soft. High anti-freezing power that increases AFP in ice cream and ice cream products.

Optimum sucrose substitution percentages for each application:

for each application:
Bread and pastry rolls 25-30% / Sponges
and cake mixtures 15-20% / Caramels and
toffees 5-10% / Ice creams and sorbets
30-50% / Turrons (as a total or partial substitute for honey) / Marzipan 15-20% / Truffles and creams 10-15%











Solid white mixture with a paste texture. Mainly used to glaze pastry and bakery products (puff pastry, cookies, etc.). Can also be used as an ingredient when a non-granular compound is required. Can be used in your chosen quantities. The product can be heated to approx. 105°F (40°C) in a bain-marie or in the microwave for greater fluidity. Recompended for creams to be used as fillings. mended for creams to be used as fillings.





### Liquid and paste technical sugars



#### Liquid inverted sugar

Solids 70% / AFP 190% / SP 125% 72° Brix



1,4 kg 37110 📦 6 u













Fructose and glucose. Moistening agent, keeps pastries softer by replacing 10-15% of the sucrose with invert sugar. Retains moisture in ganaches and truffles. Anti-freezing



#### **Liquid sorbitol**

Solids 70% / AFP 133% / SP 42% 67° Brix



1,3 kg *37714* 6 u





39283





Minimum 50% sorbitol. Produced from glucose. Dietary food sweetener. Anti-crysta-llizing. Moistening agent. Makes emulsions more durable and increases the longevity of fats in ganaches, truffles or gianduias.



#### Liquid sugar fruit

Solids 80% / AFP 190% / SP 95% 80° Brix



39279



Fruit sugars. 100% Sweetener. Maximum flavour retention.



### **Polyols**





#### **Maltitol** powder

#### Solids 100% / AFP 99% / SP 80%



750 g *38770* 6 u



15 kg 37417









100% maltitol, derived from maltose from starch. Substitute for sucrose in a 1:1 ratio and shares the same technical properties except for browning temperature (much higher in the case of maltitol).





#### **Granulated sorbitol**

#### Solids 100% / AFP 190% / SP 60%



750 g *39029* 









when heated.











#### Mannitol powder

#### Solids 100% / AFP 188% / SP 60%



500 g *38783* 



3 kg 37429







100% mannitol, derived from glucose. Low calorie sweetener. Liquefies at 355°F (180°C) and caramelizes very quickly forming opaque, very tough caramel with little tendency to retain moisture.





#### **Xvlitol**

#### Solids 98% / AFP 224% / SP 100%



750 g *39088* 6 u









Sweetener extracted mainly from the sap of the birch tree that provides a fresh sensation on contact with taste buds. Widely used in beverages, chewing gum and sugar-free candies for its refreshing and antibacterial properties. Enhances the flavour of preparations con-

taining fruit. Advantages: fresh taste, same sweetness as sugar, high anti-crystallizing power (AFP), low in carbohydrates, antibacterial. Applications: gummies, chewing gum and candies, soft drinks, confectionery products in general, chocolates, ice creams and sorbets, jams and fruit sauces.





#### Fresh powder

#### Solids 100% / AFP 280% / SP 70%











100% Erythritol, derived from cellulose and other vegetable products. Sweetener with a refreshing effect, widely used in the chewing gum industry for its capacity to increase salivation and diminish bacterial growth.





#### **Lactitol** powder

#### Solids 95% / AFP 99% / SP 30%



1 kg 37391 📦 6 u









13



**Fibers** 

## What are fibers and why are they important?

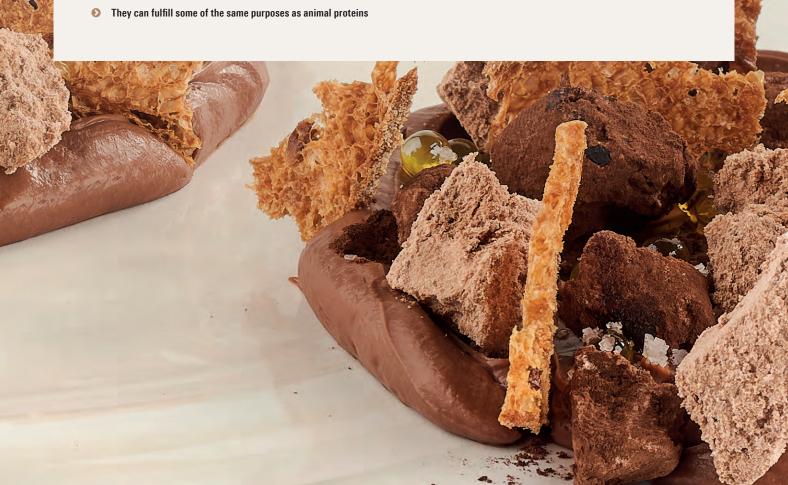
Dietary fiber is the structural part of plants, and it's found in all foods derived from plant products.

It's the edible part of plants that our digestive enzymes can't break down, hence why fiber isn't digested in the same way as sugars and starches: it's not degraded by human digestive enzymes and ferments, so it reaches the gut intact and acts as a prebiotic.

Fibers can be divided into two main groups according to their composition.

#### Fibers' benefits

- ♦ They are 100% plant-based
- They are categorized as fibers in ingredient lists (they are not considered additives)
- They dissolve easily
- They add neither color nor flavour to your creations
- They improve products' texture when thawed
- They work in acidic preparations



### **Fibers**

We classify our fibers into 2 groups - high performance fibers and bulking fibers - according to their technical roles. This classification takes into account the nature of the product in terms of the relationship between quantity, technical function and the solutions offered.

#### **High performance fibers**



#### **Recommended uses**

	ŭ	Stabilization		Elasticity	Binder
Psyllium		•	•	•	•
Flaxfiber	•	•		•	
Natur Emul	•	•	•	•	•



Find out more about the fibers by scanning this QR code



#### **Bulking fibers**

#### Provides solids/structure







Fat substitute\*

\*In aqueous preparations such as crémeux, mousses and so on.

Sugar reduction

Sugar substitute\*

\*Partial replacement of sugars is recommended; 1:1 ratio not advised.

#### **Recommended uses**

	AFP* (anti- crystallization power)		Fat substitute	Sugar substitute
Inulin Hot	5%	0%		
Inulin Cold	6%	10%		
Oligofruct	45%	50%	•	•

\* % compared to sucrose

## Flaxfiber High performance fibers

42151 600 g

Fiber from brown and golden flax seeds (Linum usitatissiumum L.), from which the mucilage is extracted.

Composed of 3 types of fiber: cellulose, lignin (insoluble) and mucilage (soluble).

Fiber content: >76% Of which:

Soluble fiber: >12%Insoluble fiber: >88%

#### **Properties**

Its composition gives it outstanding thickening, stabilizing, emulsifying and holding capabilities. It can act as a substitute for xanthan gum's stabilizing and thickening properties when used in a 1:2 ratio. It is neutral in flavour and color.

Dose Between 0.5 to 4%.



#### Use

Readily soluble/dispersible in hot or cold water across a wide pH range.

#### **Application:**



#### Sauces and coulis:

Thickening for hot or cold, sweet or savory sauces with a high pH range.



#### Ice Creams & Sorbets:

It acts as a stabilizer and emulsifier. Increases creaminess and helps incorporate air. Improves freezing by helping to form smaller ice crystals.



#### Mousses and meringues:

Helps stabilize meringues and mousses by improving aeration and retaining foams' air content. Prevents water loss during defrosting.

### High performance fibers



#### **Natur Emul**

Dose:

0,5-2 %

2 to 4%

When making gluten-free doughs

and bread, quantify in relation to the quantity of flours or starches. For very

elastic doughs such as pizza bases, quantify at 4%. If the bread does not need as much elasticity and moisture

A fiber made from citrus fruit. Fiber content: 68.2%



500 g *38850* 







**Application:** 

**Properties:** Acts very effectively as an emulsifier in both hot and cold mixtures.

Helps prevent water loss during freezing and thawing.

**Observations:** 

Readily soluble/dispersible in hot and cold water and fats across a wide pH range.

Fiber content: 68.2%. Of which: Insoluble: 34.9%-Soluble: 33.3%.

An emulsifier that replaces egg yolk in mayonnaises, creams, and sauces in general, both sweet and savory.

Very good emulsifying properties in mixtures such as sponge cakes and ice

creams.



#### **Psyllium**

Fiber from the husk of the psyllium ovata plant Fiber content: 87.8%



800 g

38987





**Properties:** It is very able to absorb liquids (1:40), creating a viscous

and elastic gel. It can replace gluten in recipes such as bread and cake mixes. It also has good binding and thickening capabilities. Highly stable when subjected to changes

Soluble/dispersible in hot or cold liquid across a wide pH range when agitated vigorously. Include at the same time as solids (flours and starches) in breads and doughs.

Fiber content: 87.8%. Of which: Insoluble: 29.2%-Soluble: 58.5%

**Observations:** Application:

Ideal for preparing gluten-free or keto (low carbohydrate) breads, providing elasticity, airiness and texture. When combined in doughs with baker's yeast, it creates a network that traps the gases produced during fermentation, improving breads' texture and shape. Can be used as a binder to substitute egg in plant-based preparations.

Withstands cooking and freezing.



### **Bulking fibers**



#### **Inulin Hot**

Chicory root fiber Soluble fiber content: 96.7%

500 g 39460

**Properties:** 

Good texturizing qualities, giving liquids a more viscous feel. When used in its maximum quantity, it can create creamy liquids with a texture suitable for cutting. It is flavourless and colorless. It has an anti-crystallization power (AFP) of 5% and a sweetening power (SP) of 0% in relation to sucrose (standard sugar).

Dose:

5 to 20%

Dose:

Dose: 5 - 20%

5 to 20%

As a result, it withstands freezing without losing any texture.

It is heat-reversible; when heated above 35-40% it begins to lose its texture, like fats in

Soluble/dispersible in liquids when agitated vigorously. It is advisable to heat the

mixture to 120-160°F (50-70°C) to ensure it dissolves completely. Once this has been

done, cool the mixture to 40°F (5°C) for at least 2 hours so that it hydrates. **Application:** Ideal as a way of reducing or substituting fats in creams, crémeux, mousses and ice creams.



#### **Inulin Cold**

Chicory root fiber Soluble fiber content: 90%

39461





37373



15 ka







**Properties:** 

Moderate texturizing capacity, giving liquids a somewhat viscous feel. It dissolves effectively when cold, so it can be used as a replacement for part of the sugar in recipes without any heating required. It has a sweetening power (SP) of 10% and an anti-crystallization power (AFP) of 6% in relation to sucrose (standard sugar). Soluble/dispersible in hot or cold liquids when gently agitated. It is advisable to cool

the mixture to 40°F (5°C) for at least 2 hours so it hydrates fully.

**Application:** Ideal for reducing sugars in meringues, mousses, creams, ice creams and sweet

preparations in general. It also provides a viscous feel, reducing the amount of fats

in recipes and improving their nutritional value.



#### Oligofruct

Chicory root fiber Soluble fiber content: 80.5%



38863





#### **Properties:**

This is a highly soluble fiber. It has a sweetening power (SP) of 50% and an anti-crystallization power (AFP) of 45% in relation to sucrose (standard sugar). It dissolves well when cold, so it can replace part or all of the sugar in preparations

without needing heating.

Soluble/dispersible in hot or cold liquids when gently agitated.

Application: An ideal way of replacing sugars in meringues, mousses, creams, ice creams, baked doughs such as sponge cakes and sweet preparations in general. Improves recipes'





# Solutions offered by fibres

PASTRY/BAKERY								
PROBLEM	RECOMMENDED PRODUCT	SOLUTION	MERINGUES	MOUSSES	CAKE MIXES AND PASTRIES	GLAZES	CREAMS AND CRÉMEUX	ICE CREAMS AND SORBETS
I want to reduce my products' fat content.	HOT INULIN	Replace part or all of the fat with Hot Inulin.		<b>V</b>			<b>V</b>	<b>V</b>
I want to reduce my products' sugar content.	OLIGOFRUCT or INULIN COLD	Replace part (Inulin Cold) or all (Oligofuct) of the sugar.	<b>~</b>	<b>V</b>	<b>V</b>	<b>V</b>	<b>V</b>	<b>V</b>
I want to improve products' texture when defrosted or solve problems with syneresis (water separation).	FLAXFIBER	Add Flaxfiber (or use Xanthan if Flaxfiber is already used in the recipe).		<b>V</b>			<b>V</b>	<b>V</b>
I want to im- prove emulsi- ons or replace an emulsifier.	NATUR EMUL and FLAXFIBER	Replace egg yolks another emulsifier.		<b>V</b>			V	<b>V</b>
I want a substi- tute for gluten.	PSYLLIUM and FLAXFIBER	Replace wheat flour with Psyllium in combination with gluten-free starches and Flaxfiber.			<b>V</b>			

SAVOURY					
PROBLEM	RECOMMENDED PRODUCT	SOLUTION	SAUCES, SOUPS AND STEWS	CREAMS AND CRÉMEUX	TERRINES, STUFFINGS AND VEGETABLE SUBSTI- TUTES FOR MEAT OR FISH
I want to thicken hot and cold preparations.	FLAXFIBER	Flaxfiber performs the same thickening role as starch or Xanthan.	<b>V</b>		
I want to add more texture and bite.	PSYLLIUM	By adding Psyllium, we give products more bite without using gluten.			<b>~</b>
I want a binder to replace egg.	PSYLLIUM and FLAXFIBER	By adding Psyllium or Flaxifiber, we get the same binding effect as egg.			<b>Y</b>
l want an emulsifie to replace egg.	NATUREMUL and FLAXFIBER	By adding Naturemul or Flaxfiber, we can replace egg's emulsifying properties in sauces and mayon- naise.	<b>Y</b>	~	<b>V</b>
I want a replacement for fat that doesn't lose any of the smooth mouthfeel.	HOT INULIN	By adding Hot Inulin, we can give any preparation a velvety feel while reducing or completely replacing its fat content.		<b>~</b>	<b>Y</b>



# 14

Tosa

**Textures** 

Strictly speaking, adopted by the ga

Texturizing agents modify textures without adding any flavour or color, but retaining the characteristics of ingredients as much as possible.



The word "texturizing" is a gastronomic neologism that describes an ancient gastronomic phenomenon, namely changing the textures or consistencies of foods to create a particular way of eating them.

Strictly speaking, this neologism refers to new ingredients and applications adopted by the gastronomy and confectionery trades in recent years.

It is fair to say that, throughout the long history of cooking, the textures of primary ingredients have been continually developed, with examples including bread, puff pastry, pasta, sauces, creams, mousse, and so on. All culinary creations offer distinctive textures that also have an impact on flavour.

Texturizing ingredients are not actually all that new – some, in fact, are very old – but they have traditionally been little used in gastronomy.

Thanks to technological advances and an effort to "translate" them into gastronomic language, these ingredients have been slowly making their way into the industry because of the solutions they offer.

Avant-garde cuisine has accelerated this process thanks to its creative drive and the desire to discover new techniques and textures. Despite this, however, we must not lose sight of an essential fact:

Ingredients themselves, whether new or old, can be used in any type of cooking and pastry-making.

They fulfill different technical roles, including gelling, aerating, thickening, emulsifying and stabilizing, while also creating endless ways of eating food.

All these new texturizing agents share the following basic criteria, which is why they have been adopted by modern gastronomy:

- Flavour **neutrality**: to enhance and preserve flavours as much as possible
- Texture performance: to achieve maximum performance using minimal quantities

Mixtures of texturizing agents have also been developed whose interactions have helped to:

- Make texturizing agents easier to use
- Improve their functionality
- Apply them in specific ways

66

#### **SOSA TIPS**

#### Did vou know...?

Some ingredients – carrageenans, for example – have been used as gelling agents since time immemorial in Atlantic regions such as Ireland, while agar-agar has been used as a gelling agent in Japan since the 17th century.



**EMULSIFIERS** 

Gum arabic

Carob gum Tara gum

Guar gum Kudzu

Psyllium Glutinous rice starch

Tragacanth gum

Konjac gum

### Texturizing Agents by Classification

& AERATURS135	
Natur Emul Wax Concept Glicemul Emulsifying paste Glycerine Sucro Emul Milk protein concentrate Soy Lecithin Liquid lecithin Proespuma Cold Proespuma Hot Bubble	
LEAVENING & EFFERVESCENT AGENTS	
WHIPPING PROTEINS141 Albuwhip Potatowhip Sojawhip Prosoufflé	
THICKENERS	

GELLING AGENTS149	PRESERVATIVES173
Plant-based gelling agents	Potassium sorbate granules
Vegetable gelling agent Vegan Mousse Gelatine Freeze veggie gel Elastic Agar Agar	BULKING AGENTS
Agal Agal Kappa Pro-pannacotta (lota) Gellan gum Metilgel Gelbinder	ACIDULANTS, ANTIOXIDANTS & ACIDITY REGULATORS
Pectins	Cream of tartar
Jaune pectin Rapid Set pectin Medium Rapid Set pectin Nappage X58 pectin	ENZYMES
Fruit NH Pectin Acid free pectin Low Sugar pectin 325 NH 95 pectin	<b>PRODUCTS FOR REHYDRATION 177</b> Tapioca
Spherifiers Alginat	TECHNICAL FATS
Gluconolactat Clorur pH Kit EVOO caviar spheres	FLOUR MIXES
Liquid gelatins Apple gelatin Cold neutral gelatin	NON-FOOD & OTHER PRODUCTS179 Drying agents
Animal-origin gelatins	Free mold
Silver 180 gelatin sheets Gold 230 gelatin sheets Hot gelatine powder Recf. relating	BASES & REACTIVE SALTS181 Living Salt by Ángel León



Beef gelatin Instangel

Instangel Fast

STABILIZERS ..

Ice Creams & Sorbets

Procrema 100 cold

Prosorbet 100 cold For mousses Promousse



### **Emulsifiers & Aerators**

An emulsion is a fusion of fatty and aqueous molecules of varying stability.

It involves dispersing a "phase", broken down into small drops, in another, non-miscible "phase" to create a homogeneous mixture.

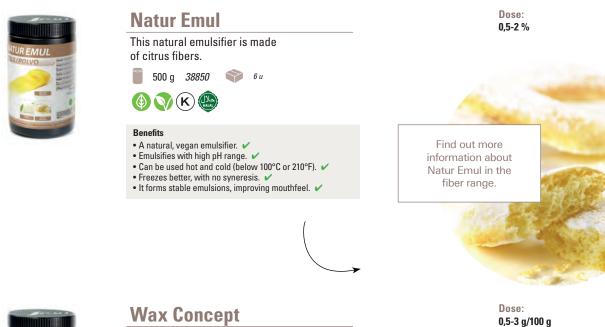
An emulsion is unstable by nature, and over time the two phases separate. This is what happens, for example, when a stirred mixture of oil and water is left to stand.

To prevent this separation from occurring, we need to add an emulsifier whose molecules are part-soluble in water and part-soluble in oil, so it works at the boundary between the two phases to keep them bonded for longer.

The emulsion technique is very important in gastronomy. It is used in everything from sauces to mousses, creams, ice creams, sponge cakes and ganaches.

There is now a very wide range of "new" emulsifiers which, thanks to their increased efficiency and neutrality, allow us to achieve one of modern cuisine's obsessions: purity of flavour.

They also open up the possibility of new applications, such as foams and texturizing fats.





Properties: Emulsifier, fat texturizer and coating agent.
Use: Dissolve in fat at 150°F (65°C).
Observations: Cream-colored drops.

Natural beeswax

### **Emulsifiers & Aerators**



**Glicemul** 

Emulsifier derived from fats

400

00 g *39497* 

6 u

**⟨ K K** 

Properties: Emulsifier, fat texturizer and coating agent.

Use: It dissolves hot (140°F or 60°C and above) and takes effect cold.

Application: It should always be applied to a fat-based medium. Fat-soluble.

Observations: Heat-reversible. Presentation as flakes.

Elaborations: Texturized oils / Nut butters.



#### **Emulsifying paste**

A mixture of Glicemul and Sucro Emul in an aqueous base

1 kg *38601* 





Properties: Highly stable emulsions.

Use: Use cold, add directly to preparations.

Application: Any type of liquid preparation containing fat.

Observations: Ivory-white color, slightly sweet flavour and neutral aroma.

Elaborations: Emulsified vinaigrettes / Egg-free fruit or vegetable mayonnaises.

A thickener can be added for consistency (e.g. xanthan, guar gum).



#### **Glycerine**

Vegetable glycerol

1.3 kg 37302



**(K)** 

21

2 u

 SOLIDS
 AFP
 SP

 20%
 342%
 75%

Dose: 2-3 g/kg emulsifier

> Dose: 5-10 g/kg

Dose:

Dose:

8 g/kg

30-60 g/kg

anti-freezing agent

Properties: Emulsifier and anti-freezing agent.
Use: Mix into your choice of preparation.

Application: Ice creams, ganaches, any preparation containing water and fat.



#### **Sucro Emul**

Dose:

5 g/kg maximum

Derived from the esterification of sucrose and fatty acids



500 g *39034* 





Properties: Emulsifier and aerator.

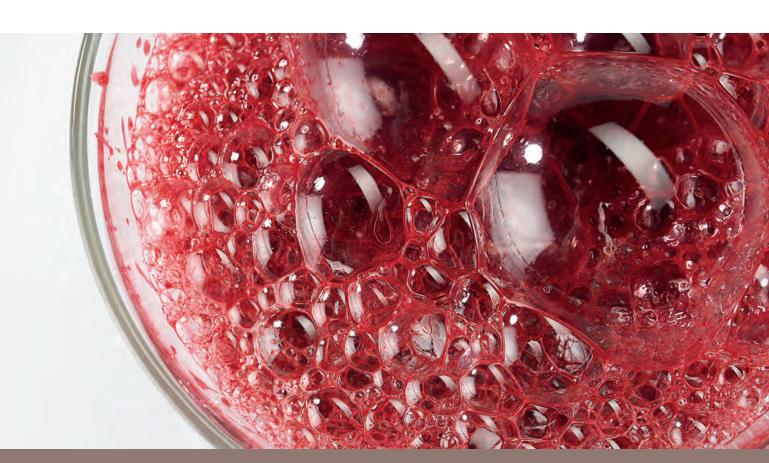
Use: Dissolve in the aqueous part of a preparation, then add it to the rest.

Application: Any liquid with a water component.

Observations: Can be used to make hot and alcohol-based foams.

**Elaborations:** Increase the volume of bread and sponge mixes, stabilize dairy-based mixes/

ice creams/pastry creams/foams.



### **Emulsifiers & Aerators**



#### Milk protein concentrate

Dose: 5-20 g/L

powder









Properties: Emulsifiers.

Works very well added to the aqueous part of ganaches and applied using

a blender.

Application: In ganaches using cream, milk or white chocolates, 0.5% is sufficient. In ganaches

where the liquid part is water or alcohol and the chocolate used is dark, ideally use

up to 2% to obtain sufficient protein.

Observations: Do not boil or heat to high temperatures to avoid denaturation.

**Elaborations:** Ganaches. Also mousses, crémeux, etc. Where cream or dairy products are

replaced with water to make an initial emulsion.



#### Soy lecithin

Dose: 5-8 g/L

Soy lecithin powder

















Emulsifier and aerator. Can also add flavour.

Use: Mix cold and churn to introduce air.

Application: Any type of liquid.

Observations: Can be difficult to use with alcohols and certain infusions.

**Elaborations:** Foams / Ice creams.



#### **Liquid lecithin**

Dose: 5-8 g/L

Liquid lecithin













Fat emulsifier and aerating agent. Properties:

> Add hot or cold, directly to preparations, and incorporate vigorously. Use:

**Application:** Any type of fat and/or liquids.

**Observations:** Amber-colored liquid, difficult to dissolve in high-strength alcohols.

**Elaborations:** Water-fat emulsion / Oil- and liquid-based foams / Emulsifier for chocolates and

confectionery.



#### **Proespuma Cold**

Emulsifier and stabilizer for cold foams

700 g *38976* 



WKD

Properties: Whipping, foaming and emulsifying effect.

Dissolve cold, stirring vigorously. Use: Application: Any liquid or semi-liquid preparation.

Elaborations: Cold foams with a siphon.



#### **Proespuma Hot**

Emulsifier and stabilizer for hot foams









Properties: Whipping, foaming and emulsifying effect.

Use: Dissolve hot, stirring vigorously. Application: Any liquid or semi-liquid preparation.

Observations: Heat to a minimum of 120°F (50°C) and a maximum of 160°F (70°C).

**Elaborations:** Hot foams with a siphon.



#### **Bubble**

Powdered preparation based on egg white and xanthan gum



500 g *38513* 







Base for making edible bubbles.

Mix 23g of preparation with 1L of liquid and vacuum pack to remove air bubbles.

Use the Foam Kit Pro to form the bubbles and let them stabilize for a few minutes

before collecting them using a skimmer.

Application: Add an attractive finish to dishes and desserts, for a subtle, elegant flavour.

**Observations** Sosa flavourings can be added.

Elaborations: Honey bubbles, beet bubbles, cocoa bubbles, etc.











### Leavening & effervescent agents



#### **Baking powder Std**

Blend of raising agents and corn starch

1 kg *37117* 



Increases dough volume during baking. Improves fluffiness. Mix with the flour before mixing with the remaining ingredients.

Application: Any type of pastry dough; it is also often applied to Spanish omelets to improve

Observations: White powder.

**Elaborations:** Cake, cookies, cakes, Spanish omelets.



#### Fizz Powder

Mixture of tartaric acid, sugar and bicarbonate

700 q 38622





Powder with effervescent effect.

Can be used in powder form or dissolved in liquid.

Application: Can also be applied to chocolate or candies or mixed with other products such as

fruits or sorbets.

**Observations:** Has a flavour with a slightly citric hint, which allows it to be combined with all

kinds of flavours and ingredients.



#### Yeast powder

250 g

36835







Dose:

on use

Dose:

2-12 g/kg depending

### Whipping proteins

Proteins are made up of long chains of amino acids. Depending on the conditions of their medium (temperature, acidity, agitation, etc.), they take on different forms and also generate reactions such as browning at high temperatures (known as the Maillard reaction).

Their dynamic nature enables us to create different textures when making preparations with them.

We offer a variety of protein powders of different origins which fulfill various technical purposes such as whipping, emulsifying, coagulating or aerating.

We also produce protein-based blends adapted to specific applications.



#### **Albuwhip**

Powdered egg albumin

Dose: 8-10 %

Dose:

1-4% as an emulsifier

and aerating agent. Up to 8% as a coagulant.



500 g 38461



15 kg







Properties:

Moisturizing, emulsifying and coagulating effect. Substitute for fresh or pasteurized egg white.

Application: Observations:

Mix cold into a fat-free liquid base and disperse by stirring vigorously. Any type of liquid.

High air retention capabilities (up to 60%) - Coagulates from 135°F (57°C). 25% more

whipping capacity and 5 times more stable than fresh egg white.

**Elaborations:** 

Meringues, sponge cakes, whipped cake mixes, macarons, marshmallows, mousse,

soufflés, foams, etc.



#### **Potatowhip**

Potatowhip is a deodorized powdered potato protein



400 a

38967



10 kg

39304\*









Properties: Foaming and whipping effect. Emulsifying and coagulating capabilities.

Can be used for hot and cold applications.

**Observations:** Substitute for the whipping capabilities of egg white or albumin.

Suitable for vegans and vegetarians.

**Elaborations:** Meringues, sponge cakes, whipped cake mixes, macarons,

marshmallows, mousses, soufflés, foams, etc.



### Whipping proteins



#### Sojawhip

Dose: 1-5%

Hydrolyzed soy vegetable protein, maltodextrin and xanthan gum











Properties: Foaming and whipping effect.

Application:

It can be used for hot or cold applications. Any aqueous liquid regardless of pH.

Observations:

Substitute for the whipping capabilities of egg white or albumin.

Suitable for vegans and vegetarians.

**Elaborations:** 

Meringues, sponge cakes, whipped cake mixes, macarons, marshmallows, mousses, foams, etc.



#### Prosoufflé

Dose: 100 g/kg

Powdered preparation based on egg white and xanthan gum













Properties: Base for stable soufflés.

Mix cold, blend and whip.

Application: Any type of fat-free, enzyme-free liquid. Observations: 25 times more stable than egg white.

Elaborations: Stable soufflés.



	ALBUWHIP	SOJAWHIP	POTATOWHIP
Quantity	8-10%	1-5%	1-4%
Mousse		•	•
Meringue		•	•
Marshmallow	•	•	•
Coagulated mix		•	•
Foam		•	
Macaron		•	
Biscuit	•	•	•
Soufflé		•	

### **Thickeners**

Thickening has always been required in cooking, across all cultures, with different ingredients and techniques used in each geographical area.

Thickening ingredients and methods have evolved with cooking and pastry-making, improving the techniques we use to make cereal flours and extract starches, roots and so on.

At Sosa, we have a wide range of thickeners for every need, which increase the stability of preparations and produce different textures without altering flavour, color or aroma.



#### **Flaxfiber**

Fiber from brown and golden flax seeds, from which the mucilage is extracted.



600 g 42151

6 u



Dose:

Between 0.5 to 4%.





#### **Pure Xanthan gum**

Carbohydrate (bacterial fermentation of corn starch)



500 g *38696* 









**Properties:** Thickener, emulsifier and stabilizer. Use: Dissolve hot or cold. Mix with a blender.

Any type of liquid with a water content higher than 80%. Application: Observations: Resistant to heat and freezing. Heat-reversible.

Elaborations: Sauces / Uncooked coulis / Vinaigrettes / Syrups / Soups.

Dose: 2-5 g/kg



#### **Clear Xanthan gum**



500 g *38694* 





Shares all the characteristics of xanthan gum but with maximum transparency.

Dose: 3 g/kg

### **Thickeners**



#### Gelespessa

Dose: 6-15 g/kg

A mixture of xanthan gum and maltodextrin (bacterial fermentation of corn starch)

500 g

37874









**Properties:** Thickener, emulsifier and stabilizer.

Use: Dissolve hot or cold. Mix with a blender. **Application:** Any type of liquid with a water content higher than 80%.

Observations: Resistant to heat and freezing. Heat-reversible and easy to dissolve. **Elaborations:** Sauces / Uncooked coulis / Vinaigrettes / Preparations requiring

suspended ingredients / Thickened soups.



#### **CMC**

Dose:

0,5-1,5 g/kg

Carboxymethyl cellulose











**Properties:** Thickening agent, anti-caking agent, hardener.

Add to product while cold and incorporate vigorously.

**Application:** Any liquid, sugar paste, marzipan.

Observations: White powder. Always mix with the solids in a recipe to avoid lumps when in contact

with liquids. If making icing from sugar paste, knead well, leave in an airtight

container and leave to rest for 24 hours.

**Elaborations:** Hardener for fondant, frosting and marzipan for easier modeling and drying /

Improves the elasticity of bread doughs / Creates a food glue when mixed with liquid, suitable for cake decorations, or as a protective agent to cover fruits / Stabilizer for

ready-to-bake products.



#### **Ultratex 3**

Dose: 2-80 g/L

Modified tapioca starch

400 g 39062





Properties: Hot and cold thickener.

Use: As a texturizing agent and cold thickener. Application: Add to the liquid and stir in vigorously.

Observations: The mix can also be dried to make thin crispy sheets. **Elaborations:** All kinds of sauces, purées, toppings and pastries.





### **Gelcrem Hot**

Dose: 20-50 g/L

High-pressure treated refined corn starch

38673

37297





37296





**Properties:** A freezable hot thickener.

Use: Mix cold and cook until it comes to a boil. Application: Any type of liquid or semi-liquid preparation.

Observations: Resistant to high temperatures and stable during baking. Withstands freezing. Elaborations: Cooked creams such as pastry creams / hot creams / bechamel sauce.



### **Gelcrem Cold**

Dose: 40-80 g/L

Modified potato starch



500 g *38674* 





15 kg 37298







Properties: Thickener that provides a creamy texture (like pastry cream) when cold.

Use: Mix vigorously, hot or cold.

Application: Corn starch substitute. Applicable with all types of liquids. Observations: Viscosity remains stable during baking. Stable in acidic mixtures.

Optimal applications: Uncooked pastry creams and similar / cold creams.

Other elaborations: Thickened soups.



### **Universal Gelcrem**

Dose: 30-40 g/kg





350 g *38675* 





Properties: Hot and cold thickener that provides a creamy texture.

Use: Mix vigorously, hot or cold.

Application: Very easy - add directly to preparations.

Observations: Resistant to baking, in creams and jams (3-4%).

# **Thickeners**



#### **Gum Arabic**

Dose:

A polysaccharide obtained from the acacia tree

500 g 38686 📦 6 u





Properties: Thickener, emulsifier and stabilizer.

Use cold or hot. Use: Application: Any liquid preparation. Observations: Insoluble in alcohols and fats.

Elaborations: Foam stabilization / Emulsions / Chewy candies / Filling agent.

> Dose: 0,2-1%



## Carob gum

Extracted from the seeds of the carob tree











#### Benefits

- Natural. 🗸
- Impressive thickening and stabilizing properties.
- Almproves gelling agents' elasticity.
- Helps frozen products to melt slower. 🗸
- Helps to thicken liquids with a high fat content. 🗸

Properties:

Thickener and stabilizer that can produce very viscous solutions in aqueous bases

without masking flavour.

Mix hot or cold in aqueous liquids, stirring vigorously.

Observations: It thickens and stabilizes liquids with a high percentage of fat. It is the most acid-resistant

substance of this type.

**Elaborations:** Stabilizer and thickener in soft drinks, soups, sauces, creams and ice creams.

It is also used as a stabilizer in baked goods, cookies, special breads, jams and vegetable

preserves, whipped cream or whipping cream.



### Tara gum

Dose: 1-8 g/kg

Polysaccharide obtained from the seeds of the tara spinosa tree (leguminous tree)



38692





**Properties:** Thickener, stabilizer, protective coating.

> Use: Mix with the rest of the solids and combine with the liquid. Heat up to 175 °F (80 °C).

**Application:** Any liquid.

**Observations:** Reduces problems with syneresis.

Elaborations: Sauces.



# **Guar gum**

Galactomannan extracted from the seed of the guar plant

750 q 38689







**Properties** 

It produces highly viscous and stable solutions when added to aqueous liquids or emulsions.

Use: Mix hot or cold in aqueous liquids, stirring vigorously.

Observations: Thickens and stabilizes liquids with a high percentage of fat. The texture is not affected by salts. It is able to hydrate in cold water, although higher temperatures aid hydration.

**Elaborations:** Stabilizer in sauces, creams, foams, mousses and ice creams, in products that must undergo

high temperature sterilization treatments and in other dairy products.



Dose: 0,2-1%

• Impressive thickening and stabilizing properties. 🗸

 $\bullet$  Helps to reduce syneresis in frozen products.  $\checkmark$ Helps to thicken liquids with a high fat content.

> 0,5-1% for thickening sauces and 2% for gelling

#### Benefits

Benefits

• Natural. 🗸

• Can be used hot or cold. 🗸

- Natural. 🗸
- A unique, highly glutinous texture. 🗸
- A glossy and transparent thickener. 🗸
- Capable of forming a heat-reversible gel. 🗸



## Kudzu

Root of a climbing plant, Pueraria lobata









**Properties:** Strong thickening power that gives a very translucent, glossy gel texture. In large quantities,

it is capable of forming heat-reversible gels with a very glutinous and elastic texture.

Dissolve in a cold liquid and boil for approx. 3 minutes. Acquires a denser texture as it cools.

**Observations:** Good substitute for cornstarch, can be used with all types of liquids. **Elaborations:** Sauces, purées, soups, flour and starch substitutes. Heat-reversible gels.



### **Psyllium**

Fiber from the husk of the psyllium ovata plant. Fiber content: 87.8%



800 g



Dose: 20-40 g/kg



# **Thickeners**



### **Glutinous rice starch**

Dose: q/s

Glutinous rice starch

500 g

38469

**Properties:** Hot thickener.

As a hot texturizing agent and thickener. Elastic textures. Application: Add to the liquid, stir in vigorously and bring to a boil.

Elaborations: Ideal for creams, purées and sauces.



# Tragacanth gum

Dose:

40 g/kg

Polysaccharide obtained from the stems of various Astragalus plant species









Properties: Resistant to acidic mixes.

Use: Mix the powder with still water until a thick dough is obtained. **Application:** 

To make sugar paste flowers, knead 10g of tragacanth gum with 250g

of fondant for easier modeling. Leave to stand overnight in an airtight container. The fondant hardens when dry.

Observations: The natural substitute for CMC.

**Elaborations:** Stabilizes sauces, soups, ice creams, dairy products and baked goods,

sugar flowers and cake decorations.



# Konjac gum

Dose: 0,5-5 g/kg

Extracted from the Asian plant Amorphophallus konjac



600 g 38691



**Properties:** 

Thickener, stabilizer, gelling agent. High water absorption capacity.

Dissolve cold. Or dissolve cold and heat to 175 °F (80 °C). In both cases, stir vigorously. If possible, mix with the solid ingredients to avoid lumps.

**Application:** 

**Observations:** 

White-beige powder. Can produce synergies with various additives. Synergizes with sucrose and sweet products. It improves when combined with lime.

**Elaborations:** Konjac + Kappa (heat-reversible elastic gel) / Konjac + xanthan (very elastic gel) / Konjac + starch (increased viscosity that stays intact when both cold and hot) / Heat-reversible gelatins with the ability to adhere to themselves /

Cold jams / Heat-reversible sauces and gels.

# Gelling agents

Gelling agents are a group of texturing agents used to produce jellies (or gels, in the strict sense of the word).

These are products that can absorb water thanks to their structure, generating a three-dimensional network that converts the liquid into a solid or semi-solid.

The key differences between gelling agents are as follows:

- Origin: animal or vegetable
- Texture: soft, hard, creamy, brittle, elastic, etc.
- Temperature: activation, gelling and melting point temperatures

There are also notable differences in their ability to withstand freezing, although this also depends on the soluble solids content of the formula.

Sosa's gelling agents range from pure gelling agents to gelling mixtures formulated for ease of incorporation or for specific uses.

# Plant-based gelling agents

Dose: 5 %

• Gelatin resistant to temperatures up to 175 °F (70 °C).

Allows liquids with high-alcohol levels to be jellified.

**Benefits** 

• Quick jellification. 🗸

Plant-based.

Very elastic and firm texture.



# Vegetable gelling agent

Mixture of plant-based gelling agent extracted from red algae and locust bean gum



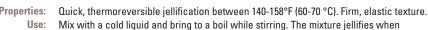












cooled to between 140-158 °F (60-70 °C).

Observations: The gelatin it forms is very elastic, firm and easy to handle. No adhesion to surfaces.

A gelling agent that improves its capacity with calcium-containing fluids.

Elaborations: Elastic jelly for sweet or savory applications, which can be shaped like candles or

"fake pasta" like tagliatelle, spaghetti, macaroni, etc. No flour needed.





**Benefits** 

• A vegan gelling agent. 🗸

• A low gelling temperature. 🗸



# Plant-based gelling agents



• Gels with a wide range of pH levels (3.5 to 7).

· Makes a robust gelatine that slices cleanly. A pleasant mouth-

• Freezes without any risk of syneresis. 🗸



# Vegan mousse gelatine

Agar agar and tapioca starch Plant-based

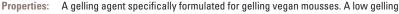


500 g *37857* 









temperature of 90-105°F (32-40°C). Withstands freezing.

Add the powder to the cream base of the cold mousse. Mix and heat to 195-210°F (90-100°C), stirring constantly. Allow to cool to 120-140°F (50-60°C) and fold into the aerating part of the recipe. Pour into molds or your chosen container and

cool. Can be frozen without producing syneresis.

Observations: Gels all types of mousse with a wide pH range. It is a hydrocolloid product so it

should always be applied to the aqueous part of the recipe.

It is advisable to use a meringue made with plant-based protein as the aerated part of the mousse, to allow you to work at high temperatures and have enough time to fully incorporate the aerated part and divide between your chosen contai-

ners before aelling occurs.

Jellifies vegan fruit, citrus, chocolate, nut and spiced mousses.



# Freeze veggie gel

A combined gelling agent, thickener and sweetener. Plant-based





500 g 38642 📦 6 u



A fast-gelling gelatin, slightly sweet, transparent; withstands freezing.

Add the powder to the cold liquid and stir vigorously. Heat the mixture to 210°F (100°C), stirring constantly. Gelling occurs when the temperature of the lliquid

drops to 105-120°F (40-50°C), depending on the composition of the liquid. **Observations:** A high calcium content increases the gelling agent's reactivity. Gels alcohols and acidic liquids. It is a hydrocolloid product and therefore does not react in fatty

**Elaborations:** Coating solids, liquids or creamy textures. Production of sweet or savory glazes and jellies. Jellied products for filling mousses, pastries or for cooking in general.

# Dose:

# 100 g/L

**Benefits** 

- Gels with a wide range of pH levels (3.5 to 7).
- Gelling with a wide range of soluble solid contents (10-70°Bx).
- · Instant gelling. High gelling temperature (105-120°F or 40-50°C). ✓
- Forms a resistant, elastic gel. A pleasant mouthfeel. 🗸
- Freezes without any risk of syneresis.



**Elastic** 

Dose:

25-50 g/kg

A mixture of locust bean gum and carrageenan



550 q *38599* 6 u







**Properties:** A highly elastic gelling agent.

Use: Combine the powder and the remaining solids with the liquid and heat the mixture.

Application: Any liquid preparation. Observations: Withstands freezing. Elaborations: Elastic gelatins.

Dose:

Benefits

• Slow jellification. 🗸

• High transparency. 🗸

• Plant-based. •

Allows acidic liquids to jellify.

0,5 - 1,5 %

• Gelatin resistant to temperatures up to 175°F (80°C). 🗸

# Agar-agar

Plant-based gelling agent extracted from red algae



500 g *37872* 













Properties: Slow gelling, heat-reversible at 160-175°F (70-80°C). Firm, brittle and transparent

texture.

Mix with a cold liquid and bring to a boil while stirring. The mixture jellifies when

cooled to less than 104°F (40°C).

Observations: Its differentiating characteristic is that it gels at approximately 105°F (40°C). Once

gelled, it resists temperatures of up to 160-175°F (70-80°C). As a result, you do not have to heat all the liquid for gelling, keeping the flavour fresh. This also allows other elements to be introduced into the formula before complete jellification.

Elaborations: Hot and cold gelatins. Solid caviar, aspics, gratable gelatins.

# Pure agar-agar

Carbohydrate. A type of seaweed



500 g *38447* 📦 би







Has all the same characteristics as agar-agar.



#### **SOSA TIPS**

#### Did you know...?

Collagen (or animal protein) extracted from fish or other sources such as pork or beef has traditionally been used in Western kitchens and pastry shops to gel ingredients. However, in Atlantic cultures, carrageenans extracted from seaweed have been used, while Japan, for instance, has used agar-agar as a gelling agent since the 17th century.

# Plant-based gelling agents



Dose: Kappa 1-10 g/kg

Carrageenan

600 g

**Properties:** Gelling agent.

38690

Combine the powder and the remaining solids with the liquid and heat the mixture.

**Application:** 

**Observations:** Multiple synergies are produced. Kappa+Konjac (elastic gel). Gels from 135°F (60°C).

**Elaborations:** Cold gelatins / Foams.

> Dose: 0,5-1,5 %

• Gelatin resistant to temperatures up to 175°F (70°C). ✓

• Allows liquids with high-alcohol levels to be jellified. 🗸

• Quick jellification. 🗸

• Smooth, creamy texture. •

# **Pro-pannacotta (lota)**

Plant-based gelling agent extracted from red algae















**Properties:** Rapid gelling, heat-reversible at 140-160°F (60-70°C). Soft, elastic texture. Use:

Mix with a cold liquid and bring to a boil while stirring. The mixture jellifies when

cooled to between 140-158°F (60-70°C).

**Observations:** The gelatin it forms becomes fluid when shaken and then resumes its original gelatin

form. A gelling agent that improves its capacity with calcium-containing fluids.

**Elaborations:** Flan-type desserts, panna cotta, egg-free puddings. Drinkable gelatins. Royales.

> Dose: 1-2 %

Gelatin resistant to high temperatures.

Allows acidic liquids to jellify.

**Benefits** 

• Quick jellification. 🗸

· High transparency.



Gelling agent obtained by fermentation of bacteria (Sphingonomas Elodea)



38697













Quick jellification, Withstands very high temperatures without melting. Firm, brittle

Use:

Mix with a cold liquid and bring to a boil while stirring. The mixture jellifies quickly

between 158º-176ºF (70-80ºC).

**Observations:** Forms gelatins that are resistant to high temperatures without melting, allowing

them to be used for fillings for baking or very hot jellies. **Elaborations:** Heat-resistant gelatins, fillings for biscuits and pastries.





# Metilgel

Methyl cellulose, derived from plant cellulose

300 a 38818



Dose (hot): 15g/kg foam effect

Dose (hot):

30 g/kg bound products

Dose (cold): 20 g/kg thickener

Dose (hot):

20 g/kg gelling agent



Properties: Hot gel.

> Use: Hydrate cold, leave to stand until the mixture reaches 40°F (4°C) and apply heat.

Application: Any liquid or semi-liquid mixture.

Observations: Withstands freezing.

Elaborations: Foams / Mousses / Gnocchi / Spaghetti / Bound products.



# Gelbinder

A mixture of alginate, calcium and retardant salts



500 g 37873





36837 20 kg







Binding effect, heat-irreversible gelling effect. Properties:

For terrines or other bound products, sprinkle Gelbinder on the slightly moistened solids. The water-based liquid should be at least 10% the weight of the solids to properly hydrate the product and activate its gelling effects. Shape and leave to gel. For heat-reversible gelatins, incorporate the Gelbinder into the liquid and stir vigorously to trigger the gelling process. Pour into your chosen mold and allow to gel. Gelling usually occurs about 20 minutes after the Gelbinder is hydrated. Complete hydration

Application: Any food. **Observations:** Can offer faster, more solid gelling with high-calcium foods.

**Elaborations:** Hamburgers, terrines, carpaccios, heat-reversible jellies.



# **Benefits**

• A plant-based binding agent. 🗸

Heat-reversible gelling.

• Firm, elastic gelling. 🗸

• Flavourless. 🗸





# **INDISPENSABLES**

Go to Indispensables Sosa to find recipes, tips and inspiration for the indispensables products.

Find more than 100 recipes on

INDISPENSABLES-SOSA.COM







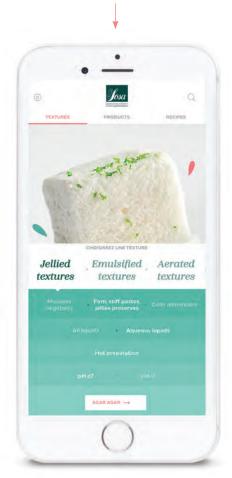
Help choosing the right product



Creative inspiration, with more than 100 recipes for pastry chefs and restaurateurs



All the practical and technical info you might need about our indispensables products







Push back the limits of creativity

# **Pectins**

Pectin is a soluble vegetable polysaccharide obtained from an aqueous extract of edible vegetable fiber (usually citrus or apples), which is then precipitated with alcohol and salts.

This carbohydrate is used as a gelling, thickening and stabilizing agent due to its hydrocolloid properties.

# **HM Pectins**

#### HIGH-METHOXYL (HM) PECTINS

In aqueous solutions, these pectins create highly viscous suspensions for strong and cohesive gels. This type of pectin is heat-resistant.

#### **GELLING CONDITIONS**

- They can form a gel only if the total soluble solids content (TSS) (Brix) is equal to or higher than 60%, with a maximum of 80%.
- The pH required for gelling is 2.0-3.5.



# Jaune pectin

High-methoxyl (HM) pectin with retardant salts



500 g *38894* 













This specific type of pectin has a low curdling temperature compared to standard pectin and therefore offers significant advantages for anyone handling or

producing confectionery. It is a gelling agent in acids with high sugar content:

TSS > 55%, pH = 3.1 - 3.8.

Use: Mix the pectin with the sugar. Stir vigorously into the pulp.

Bring to a boil and add the acid.

Application: Particularly suitable for making confectionery products with or without pulp,

using a quantity of 1-2%.

Observations: Gelling occurs when acid is added to a solution at the end of the cooking

process. Heat-reversible.

Elaborations: Gummies, fruit jellies and baked fillings.

Dose:









BAKERY FILLING 1-2%

RECIPE









# **Rapid set pectin**

A high-methoxyl (HM) pectin obtained from citrus rind

500 g 38899

**Properties:** This thickener and/or gelling agent (when combined with sugar and acid) is

particularly recommended for making jams, using a quantity of 0.3 to 0.5%

depending on the formulation and the required texture.

Mix the pectin with the sugar. Stir vigorously into the pulp. Bring to a boil

and add the acid.

**Application:** Suitable pH: 3.1-3.5.

Minimum 50% added sugar + acid.

**Observations:** Heat-reversible.

Jams with suspended ingredients, quick gels and bakeable fillings. **Elaborations:** 

#### Dose:





JAMS&PIECES 0,3-0,5%

PÂTE DE FRUIT 0,5-1%



0,5-1%





# **Medium rapid set pectin**

A high-methoxyl (HM) pectin obtained from citrus rind



500 g 38897





This thickener and/or gelling agent (when combined with sugar and acid) is

particularly recommended for making jams, using a quantity of 0.5 to 1.5%  $\,$ (with a minimum solid content of 64%) depending on the formulation and the

required texture.

Use: Mix the pectin with the sugar. Stir vigorously into the pulp. Bring to a boil

and add the acid.

**Application:** Suitable pH: 3.1-3.5.

Minimum 50% added sugar + acid.

Observations: Heat-reversible.

**Elaborations:** Traditional jams, molded jellies and bakeable fillings. Dose:





.IAMS

PÂTE DE FRUIT 1-1,5%

0.5-1%



BAKERY

0,5-1%







# **LM Pectins**

#### LOW-METHOXYL (LM) PECTINS

The LM pectin family is divided into LMC (conventional low-methoxyl) and LMA (amidated low-methoxyl) branches. LM pectins are thixotropic. After undergoing a cold mixing process, they are gelled again. Depending on the quantities and hydration temperature, they can act as thickeners.

#### **GELLING CONDITIONS**

- They form a gel only when calcium ions (Ca++) are present.
- They can gel with low soluble solids (Brix) contents and a very wide pH range.



# Nappage X58 pectin

Amidated low-methoxyl pectin (LMA) with retarding salts and calcium

500 g 38898 📦 6 u







Properties: This thickener and/or gelling agent (when combined with calcium) is

particularly recommended for making jellied glazes, using a quantity of 1 to 1.5% depending on the formulation and the required texture.

Mix with the sugar, bring to a boil.

**Application:** Dairy products or products rich in calcium. **Observations:** Heat-reversible at 105-140°F (40-60°C).

**Elaborations:** Calcium and/or low sugar glazes. Creams and crémeux.







NAPPAGE 1,3-1,5%

**CREAMY** 1-1,3%



CUSTARD 1-1,3%

RECIPE





# **Fruit NH pectin**

Amidated low methoxyl (LMA) pectin with salt and calcium

37850 500 g





36822





**Properties:** It is a thickener and/or gelling agent specially indicated for making glossy

gelling agents. With the fruit pulp at a dose of 0,5-2% depending on the

formulation and the texture required.

Use: Mix with the sugar, bring to the boil and add the acid.

**Application:** Suitable pH: 3,5-3,7.

Minimum 40% of added sugar + acid. **Observations:** Thermoreversible between 40 and 60 °C.

**Elaborations:** Neutral acidic or fruit-based iced glazing, thermoreversible jellies low

in sugar. Creams.

Dose:





0.5-1%

NAPPAGE 1.5-2%





JELLY FILLING 1,5-2%

CUSTARD 1.5-2%







# **Acid free pectin**

Amidated low-methoxyl pectin (LMA) with added calcium

500 g 38893

Use:

Properties:

Application:

Observations:

**Elaborations:** 



consistency using a quantity of 0.5-2%.

Mix with the sugar and stir vigorously. Bring to a boil.

Without syneresis. Heat-reversible at 105-140°F (40-60°C).

Dairy products or mixtures containing calcium.



Dose:



0,5-0,7%



1-1.2%



JELLY 1.5-2%

RECIPE





# Low sugar pectin

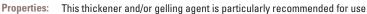
Amidated low-methoxyl pectin (LMA) with added calcium



500 g 38895







with fruit. Use a quantity of 0.5-1.5% depending on the formulation and texture

This thickener is particularly recommended for making dairy and fermented products. After storage, it produces set or stirred dairy products with improved

Low-fat dairy and fermented jellied products, stable creams, acid-free jellies.

required.

Use: Stir in vigorously. Bring to a boil. Add the acid.

**Application:** Fruits in general and products rich in calcium. It does not require a minimum

added sugar level.

**Observations:** Heat-reversible at 105-140°F (40-60°C).

 $Low-sugar\ or\ calcium\ fruit\ jams,\ low-sugar\ or\ calcium\ fruit\ jellies.$ **Elaborations:** 





JAMS GELLING 0,5-0,8%



CREAMY 1-1,3%

RECIPE





# **325 NH 95 pectin**

Amidated low-methoxyl pectin (LMA)



500 a 38892





**Properties:** Amidated LM pectin.

> Use: This thickener and/or gelling agent (when used with calcium) is particularly

recommended for making fruit preparations using a quantity of 0.5-1.50%

depending on the formulation and the required texture.

**Application:** Dairy products or fruits high in calcium. **Observations:** Heat-reversible at 105-140°F (40-60°C).

**Elaborations:** Low-sugar or calcium-rich fruit jams, low-sugar or high-calcium fruit jellies.

Low-sugar dairy or fruit products.

Dose:



0,5-1%



**GELLING** 1-1,5%



# Pectins applications







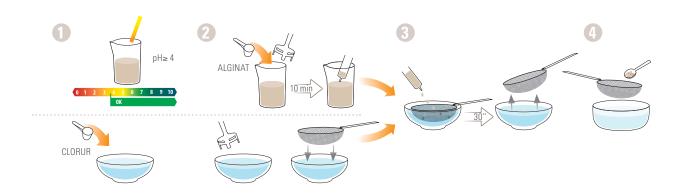
# Gelling agents for spherification

Spherification is a gelling technique that coats liquids within a thin gel to give the appearance of egg yolks, caviars and so on. Its spectacular look and the way it helps flavours burst on the palate have already turned this innovation into a modern pastry and cuisine classic.

#### **DIRECT SPHERIFICATION**

Three basic steps are used to create direct spherifications:

- In the first, we combine the product we want to spherify with the **Alginat**. We *blend* them together, then leave the mixture to stand until it has lost all its air bubbles. The product's acidity level must be taken into account. If it has a pH lower than 4 at this point, we add the correct amount of sodium citrate (**pH Kit**). Excessive use will create an unpleasant taste.
- The second step is an immersion in **Clorur**. Use 5-8g per liter, depending on the size of the sphere. The **Alginat** reacts when it comes into contact with the **Clorur**, causing it to form a layer that will gel inwardly. The more time it spends with the Clorur, the more jellied it will be, until it sets completely.
- In the third and final step, we use water to clean the spheres and get rid of the unpleasant taste produced by the calcium chloride.



#### **REVERSE SPHERIFICATION**

Liquids that naturally contain calcium, such as dairy products, should be spherified in reverse, i.e. by inverting the first two steps. The same applies to products to which **Gluconolactat** is added.

- Again, there are three steps:
- First we take our calcium- or **Gluconolactat**-based product. If the product does not have the right density, we add 6g of Gelespessa (2g xanthan gum) per kilo so that the sphere we form is heavy enough to be immersed during the second step.
- For the second step, we immerse the product in a liter of mineral water (without calcium) combined with 5g of Alginat.
- In the third and final step, we use water to clean the spheres.
- By reversing the order of the first two steps, the sphere always remains liquid on the inside, since the gel layer faces outwards.





# **Alginat**

Dose: 5 g/kg

Sodium alginate



38467





Product derived from different types of seaweed (Fucus, Laminaria, Macrocrystis, etc.). It has the special ability to form gels with calcium. As with any hydrocolloid, it needs water for hydration.

Properties: A gelling agent that interacts with calcium.

For direct spherification, mix with your chosen preparation.

For reverse spherification, mix in a water bath.

Application: Any liquid with a pH ≥ 4 and a water content greater than 80% (direct

spherification).

Observations: On its own it acts as a thickener. Always use mineral water for reverse

spherification. Can dissolve in fat. Can be incompatible with fat. Can be problematic

with alcohol, depending on the strength and absence of water.

Elaborations: Direct spherification / Reverse spherification.



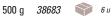
### **Gluconolactat**

Dose: 20 g/kg

Calcium gluconate and calcium lactate











A mixture of two salts that allow us to incorporate calcium into a medium without altering its flavour. It provides enough calcium to a liquid so that it can react with Alginat and spherify.

Properties: Calcium enrichment.

Use: Add to the mixture to be enriched.

Application: Low-calcium inverse spherification mixtures.

Observations: Totally flavourless. **Elaborations:** Reverse spherification.



# Gelling Agents for Spherification



Clorur

Calcium chloride

750 g *38548* 

6 u

**(K)** 

Provokes a reaction with Alginat during spherification.

Properties: Calcium salt.

Use: Mix the chloride with the mineral water. Application: Soaking during direct spherification.

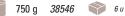
**Elaborations:** Direct spherification. Dose:

8-10 g/kg



pH Kit

Sodium citrate and test strips











Sodium citrate is derived from fruit and it is an essential component of most soft drinks, giving them an acidic touch and enhancing their flavour.

It is used as an antioxidant and, particularly during spherification, as a pH corrector, lowering acidity.

Increases pH (from acidic to base).

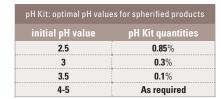
Use: Mix with the liquid whose pH you wish to increase.

Application: Mixtures for direct spherification.

Observations: Quick to incorporate. **Elaborations:** Direct spherification.

Dose:

to suit pH



<sup>\*</sup>For direct spherification



# **EVOO Caviar Spheres**



# **Extra Virgin Olive Oil Caviar Spheres**





# **Liquid Gelatins**



# **Apple Gelatin**

Apple juice, sugar, carrageenan and preservatives



3 kg





Properties: Traditional glossing agent.

> Use: Gently heat the gelatin until it melts. Apply to the product directly or with a brush.

Application: Croissant, cakes, fruit slices, mousse, etc.

**Observations:** Slight apple flavour 65°Bx. Heat-reversible. Prevents the fruit from oxidizing as it insulates it

Glossy finish for croissants and pastry and confectionery products in general.



# **Cold neutral gelatin**

Water, sugar, pectin, xanthan gum and preservative



34379





Properties: Gloss for pastry and baked goods.

Gently heat the gelatin until it melts. Apply to the product directly or with a brush.

Application: Cakes, fruit slices, mousses, etc.

Observations: Neutral flavour. 65°Bx. Heat-reversible. Prevents the fruit from oxidizing as it insulates

it from the air.

Elaborations: Glossy finish for pastry and confectionery products in general. Dose:



# **Animal-Origin Gelatins**

### TRADITIONAL HOT INSTANT GELLING

Heat-reversible at 95-105°F (35-40°C). Freezable gelling temperature <15. Soluble at 115°F (45°C). Soft, flexible gel.





180 BLOOM	
Dose:	Ge
5-10 u/kg	

10-20 g/kg

Hydrate in cold water for a few minutes. Drain well and heat with liquid until completely dissolved. Acts in approx. 20 minutes.

Slow





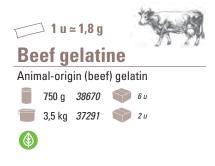
230 BLOOM			
Dose:	Gelling speed:		
5-10 u/kg	Fast		
10-20 g/kg			
Drain well and heat	er for a few minutes. with liquid until comple- in approx. 20 minutes.		





220 BLOOM			
Dose:	Gelling speed:		
8-16 g/kg	Medium		
Dissolves when hot a	and stirred vigorously.		





220 BLOOM			
Dose:	Gelling speed:		
10-20g/L	Medium		
	atin with 5 parts cold water e for 30 minutes. Use		



# INSTANT, COLD

Heat-reversible at 95-105°F (35-40°C). Freezable. Gelling temperature <15. Soluble when stirred vigorously (cold) or mixed hot. Soft, flexible gel.









<b>180 BLOOM</b>	/1
Dose:	G
30-60 g/kg	

Use cold. Acts in approx. 20 minutes.

230 BLOOM		
Dose:	Gelling speed:	
30-50 g/kg	Very fast	
Use cold. Acts in ap	prox. 10 minutes.	

66

#### **BEHIND THE SCENES WITH SOSA**

Fast

Did you know...?

**Bloom grades** measure the force required to depress a 12.7-mm diameter cylinder on the surface of a gelatin gel prepared by cooling a 6.67% solution at 50°F (10°C) for 17 hours.

99

Silver 180 Gelatin Sheets Gold 230 gelatin sheets		Hot gelatin powder (g)*	Beef gelatin (g) *	Fish gelatin (g) *	Instangel (g)	Instangel Fast (g)	Instangel Beef (g)		
(sheet)*		(sheet)*							
1	2	1.15	2.3	1.8	1.8	1.2	6	5	4.5
2	4	2.3	4.6	3.6	3.6	2.4	12	12	9
3	6	3.45	6.9	5.4	5.4	3.6	18	18	12.5
4	8	4.6	9.2	7.2	7.2	4.8	24	24	18
5	10	5.75	11.5	9	9	6	30	30	22.5
6	12	6.9	13.8	10.8	10.8	7.2	36	36	27
7	14	8.05	16.1	12.6	12.6	8.4	42	42	31.5
8	16	9.2	18.4	14.4	14.4	9.6	48	48	36
9	18	10.35	20.7	16.2	16.2	10.8	54	54	40.5
10	20	11.5	23	18	18	12	60	60	45

Gelatin hydrated in water. Mix the powdered gelatin with cold water using a ratio of 1 part gelatin to 5 parts water. Hydrate for a minimum of 20 mins to create a gelatin mass. Keeps for 3 days at 40°F (5°C).

### CREAM-BASED ICE CREAM

Stabilizers for ice cream or sorbets are complex mixtures of thickeners, emulsifiers, gelling agents and aerators that provide a very easy way to make perfect ice cream or sorbet textures. They always preserve the flavour to which texture is being added.

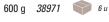
# PURE NEUTRALS FOR ICE CREAM, LOW QUANTITY

0%

Dose: 5 g/kg 0%

## Procrema 5 neutral hot

Mixture of stabilizers and emulsifiers



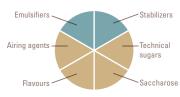
Stabilizer for ice cream. **Properties:** Use:

Mix with base.

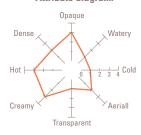
**Application:** Any liquid or semi-liquid

preparation, creamy base.

Elaborations: Ice cream. Components for ice cream:



#### Attribute diagram:





### Procrema 5 Bio hot

A mixture of stabilizers for organic products



700 q 39410 📦 6 u





**Properties:** Stabilizer for ice cream.

> Use: Mix with base.

Application: Any liquid or semi-liquid

preparation, creamy base.

**Observations:** Suitable for vegans. **Elaborations:** Ice cream.

0% 0% Dose: 5 g/kg

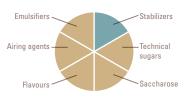
0%

Dose:

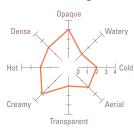
15 g/kg

4,6%

#### Components for ice cream:



#### Attribute diagram:



# **Procrema 15 cold/hot Natur**

A mixture of stabilizers, emulsifiers and aerating agents











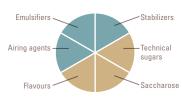
Stabilizer for ice cream. Use:

Mix with base.

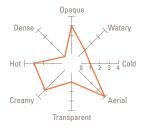
**Application:** Any liquid or semi-liquid preparation,

creamy base. **Elaborations:** Ice cream.

#### Components for ice cream:



#### Attribute diagram:



# NEUTRAL BASES FOR ICE CREAM, HIGH QUANTITY, EASY FORMULATION

98%

Dose:

82%

Dose:

100 g/kg

35%

100 g/kg

42%

### **Procrema 100 hot**

A mixture of stabilizers, emulsifiers, aerators and technical sugars for pasteurized ice cream

3 kg

37626



Properties: Stabilizers for ice cream.

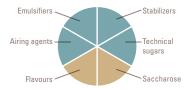
Use: Mix with base.

Application: Any liquid or semi-liquid

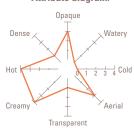
preparation, creamy base.

**Elaborations:** Ice cream.

# Components for ice cream:



#### Attribute diagram:



### Procrema 100 cold

A mixture of stabilizers, emulsifiers, aerators and technical sugars



**3** kg *37629* 





15 kg *37628* 







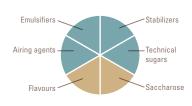
Properties: Stabilizers for ice cream. Use: Mix with base.

Application: Any liquid or semi-liquid pre-

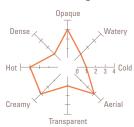
paration, creamy base.

**Elaborations:** Ice cream.

#### Components for ice cream:



#### Attribute diagram:





### CREAM-BASED ICE CREAM

# NEUTRAL BASES FOR ICE CREAM HIGH QUANTITY, EASY FORMULATION

# **Procrema 100 cold/hot Natur**

A mixture of stabilizers, thickeners, proteins, fibers and sugars to stabilize ice cream naturally while both hot and cold

3 kg



37627 2 u

82% Dose:

10% of the aqueous part of the ice cream recipe.

35%

Helps stabilize ice cream easily and immediately, adding 10%

solids to the recipe.

Use: Mix hot or cold (max. 175°F or 80°C) in any liquid, stirring

vigorously.

**Observations:** For a well-balanced ice cream, incorporate approximately 20%

more soluble solids such as sucrose.

**Elaborations:** Milk or water-based ice creams. Cold or pasteurized products.

#### **Emulsifiers** Stabilizers Technical sugars

Components for ice cream:





#### **Benefits**

- Natural. 🗸
- Easy formulation. 🗸
- Can be used hot or cold. 🗸
- Highly stable ice cream.
- . Improves the emulsion of the ice cream. 🗸

Saccharose

# **Neutral liquid ice cream mix**

Mixture of milk, cream, sugars and emulsifiers









**Properties:** Liquid product prepared as a base

for ice cream.

Use: Freeze in the freezer. Store at -1°F

Application: Mix with Sosa concentrated paste

for your choice of flavour.

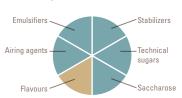
Observations: White liquid.

**Elaborations:** Creamy-base ice creams.

20% Dose:

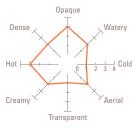
Use as is or mix with 50g of Sosa ice cream paste.

19%



Components for ice cream:

### Attribute diagram:





NOTE: white base for coloring and flavouring with our natural concentrated pastes (p. 48-49).



# PURE NEUTRALS FOR SORBETS, LOW QUANTITY

**SORBETS** 

### **Prosorbet 5 hot Natur lacto**

A mixture of stabilizers, emulsifiers and aerating agents

Properties:

Application:

500 g 38982 📦 6 u 41%

Dose: 5 g/kg

102% 44,4%

Dose:

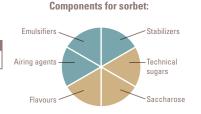
5 g/kg

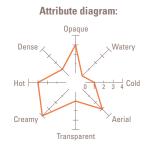
Stabilizers for sorbets. Mix with base.

Any liquid or semi-liquid preparation.

**Elaborations:** Sorbets.

Use:





### **Prosorbet 5 cold/hot Natur**

### A mixture of stabilizers

500 g *38980* 3 kg

37646

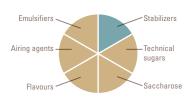
Stabilizers for sorbets Properties:

Mix with base. **Application:** Any liquid or semi-liquid preparation.

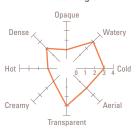
Suitable for vegans. **Observations:** 

**Elaborations:** Sorbets.

#### **Components for sorbet:**



#### Attribute diagram:



NEUTRAL BASES FOR SORBETS, HIGH QUANTITY, EASY FORMULATION

# **SORBETS**

### **Prosorbet 100 cold Natur**

A mixture of stabilizers, thickeners, fibers and sugars to naturally stabilize the sorbet when cold

3 kg

37643 2 u

Use:

**Properties:** 

Helps stabilize sorbet easily and immediately, adding 10% solids

to the recipe.

Mix cold in any liquid, stirring vigorously.

Observations: For a well-balanced sorbet, incorporate

approximately 20% more soluble solids

such as sucrose.

**Elaborations:** Cold-processed sorbets.



#### Dose:

120%

100 g/kg

Dose:

**10%** of the aqueous part of the sorbet recipe.

### **Components for sorbet:** Stabilizers Airing agent Technical sugars

Saccharose

#### Attribute diagram:



#### Benefits

- Natural
- Simple formulation. <
- Cold-processed to maintain the fresh taste of the fruit. 🗸
- Highly stable sorbets.
- High anti-crystallizing power.

# **Prosorbet 100 cold**

A mixture of stabilizers, emulsifiers, aerators and technical sugars

2 u



3 kg

37652





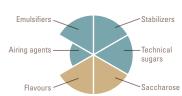
**Properties:** Stabilizers for sorbets.

Use: Mix with base. Application:

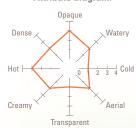
Any liquid or semi-liquid preparation.

**Elaborations:** Sorbets.

# **Components for sorbet:**



#### Attribute diagram:





# FOR MOUSSES



#### **Promousse**

Dose: 70-100 g/kg

Neutral base for making mousses

3 kg 37642 📦 2 u



**(K) D** 

Properties: Thickener and stabilizer.

Use: Mix with a blender until fully incorporated. Application: Any liquid, milk, cream, fruit purée, etc.

Observations: Does not require heat. Gives mixtures a creamy look and feel without using eggs.

For a mousse for slicing, add gelatin (see p. 149, 166, 167).

Elaborations: Mousses / Semifreddos.

# **Preservatives**

Preservatives prolong the shelf life of food by protecting it from spoilage caused by microorganisms or the growth of pathogenic microorganisms. They are applied to food to ensure their stability during their shelf life.



# **Potassium sorbate** granules



37711 📦 2 u

**(K)** 

Properties: A preservative that acts against fungi and yeasts. Dissolve in cold or hot liquid.

Observations: Works best in products with a pH below 6.5.







Dose:

Dose:

qs

# **Bulking Agents**

Bulking agents increase the volume of a food product without contributing significantly to its energy value.

They are used for various purposes such as adding solids to modify the structure of a mixture or reduce or replace sugars and/or fats.

Different bulking agents have different purposes and characteristics. Some offer a feel much like fat, some are sweeter than others, and some help to absorb fats to create dry or crunchy textures.



## **Maltosec**

Maltosec is made of maltodextrin extracted from tapioca.











**Elaborations:** 

**Properties:** Maltosec is made of maltodextrin extracted from tapioca.

> For use as a caking agent, dissolve with a small portion of cold or hot aqueous liquid and mix with the solids, then dry or bake. To dry fats, use a whisk or spatula

to combine the Maltosec with the fat.

**Observations:** High fat absorption capacity, converts it into fine powder for handling.

> It dissolves totally transparently in water, producing a caking or adhering effect. Polvoron cookies / Crispy buns / Powder / Crumbles / Crunchy nuts, agglomera-

ted non-soluble solids.



#### Maltodextrin

Corn maltodextrin















**Properties:** 

Solids 95% / AFP 23% / SP 15%. A bulking agent to increase or replace the solids in a preparation without substantially changing its organoleptic characteristics.

Add to a cold or hot preparation, no hydration necessary. Observations: Low texturizing capacities, very good cold solubility. **Elaborations:** Partial or total substitution of sucrose when this is called for.

# Acidulants, Antioxidants & Acidity Regulators

This range of products makes food acidic by lowering its pH. A food's pH measures its acidity or alkalinity.

They can also serve purposes such as preventing oxidation and increasing shelf life. They also help to improve the flavour of food.

Regulating acidity also improves the characteristics of certain products such as gelling agents, enhancing or reducing their gelling capacity.

They are used particularly often in confectionery, soft drinks, juices and other beverages, dairy products, canned products and bakery products.



### Citric acid

Citric acid of natural origin

37085







Observations:

Properties: Acidity regulator. Can replace lemon juice in preparations.

Apply directly to products. Soluble in liquid.

Application: Used as an acidifier or food flavouring agent. Increases the gelling

capacity of pectins. Adds a citric flavour.

**Elaborations:** All types of preparations where acid is needed: jams, fruit jellies,

fruit preparations, fruit dips, etc.

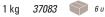


#### **Ascorbic acid**

Ascorbic acid of natural origin







**(K)** 

Properties: Acidulant, antioxidant and bread improver. Apply directly to products. Soluble in liquid.

Application: Used as an acidifier or antioxidant in foods, especially fruits and vegetables.

Observations:

**Elaborations:** All types of preparations where an antioxidant is needed: fruit dips,

preserved fruit, fruit salads, juices, etc.

#### Dose:

Recommended depending on application



**Recommended quantity:** 

0.05-0.1%.

In antioxidant dips, the quantity can be increased to 3-5%.

# Acidulants, Antioxidants & Acidity Regulators



### **Tartaric acid**

Dose:

Organic acid

900 g 38446 📦 6 u

Recommended 1 g/kg



Properties: Acidity regulator, antioxidant and natural preservative. Tartaric acid is known as

one of the main acids we can perceive on the palate, along with citric acid and

Use: Apply straight to the product when cold and incorporate vigorously.

Application: Any type of liquid.

Observations: Fine white crystalline powder.

**Elaborations:** Acidity corrector for wines and fizzy beverages. It also acts as a color stabilizer for

fruits and fruit-based products (jams, soft drinks, wine, etc.).



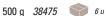
# Antioxidant powder

Dose:

30-50 q/L

Maltodextrin, xanthan gum, ascorbic acid









Properties: Antioxidant agent.

Dissolve in cold or hot liquid. Application: Handling oxidizable foods. Observations: White powder, insoluble in fats.

**Elaborations:** Can be added to easily oxidizable fruit juices such as apple or grape / Prevents food

oxidation during handling when used as a dip / Prevents the oxidation of finished

products when brushed on.



#### **Cream of tartar**

Dose:

1 g/kg

Potassium bitartrate



37221





**Properties:** 

Stabilizer and emulsifier; prevents sugar crystallization.

Use: Apply straight to the product when cold and incorporate vigorously.

**Application:** Any type of liquid.

**Observations:** Fine white crystalline powder.

**Elaborations:** In combination with bicarbonate, it increases the volume of doughs for baked goods /

Helps to stabilize beaten egg whites and cream / Prevents sugar crystallization when

# **Enzymes**

Enzymes are active proteins which are naturally present in animals and plants.

They have the ability to build or break molecular structures depending on their type and the ingredient with which they come into contact. They can do things that would be difficult to achieve using physical methods, for example breaking down pectin to soften plant parts such as skins or stems that are normally discarded.



# **Enzymatic fruit peeler**



#### To peel citrus fruit:

Prick the skin of the citrus fruit to allow the solution to penetrate. Dissolve 1 part enzyme in 10 parts water, put the citrus fruit in a bag and fill it with the solution, then vacuum-pack the bag. Wait approx. 20 minutes and peel. Rinse the fruit with cold water to remove residual enzymes.

For peeled citrus fruits (to remove the white fibrous pith):

Dissolve 1 part enzyme in 10 parts water, put the citrus fruit in a bag and fill it with the solution, then vacuum-pack the bag.

Place the bag in a water bath at 105°F (40°C).

Wait approx. 20 minutes, then check that the white fibrous pith is easily to remove. Rinse the fruit with cold water to remove residual enzymes.

# **Products for Rehydration**

These are dry products that can be hydrated hot or cold with any type of sweet or savory liquid. For example, with infusions, culinary bases, purées, juices and so on, they take on the flavour of the added liquid and create different textures.



# Tapioca pearls 2 mm

900 g *38905* 





Cook in the liquid for 17'.

Dose:

1 part enzyme x 10 parts water

# **Technical Fats**

These fats have had their flavour neutralized while maintaining their structure, functionality, melting point and so on. As a result, they can be used to provide fat in numerous applications, without influencing flavour.



# **Deodorized coconut fat**

Refined deodorized coconut oil



1 kg



37327 📦 6 u



Properties: Solid at room temperature. Melting point: 68-90°F (20-32°C).

Smoking point: 450°F (232°C).

Use: Melt slightly to incorporate into recipes or heat at high temperatures for cooking.

Application: Any sweet or savory preparation.

**Elaborations:** Pastry-making: dry doughs, cake mixes, sponge cakes, mousse, ice creams and creams. Cooking: frying, sautéing, stews, roasts. Also in sauces and creams.



Dose:

qs

# Flour mixes



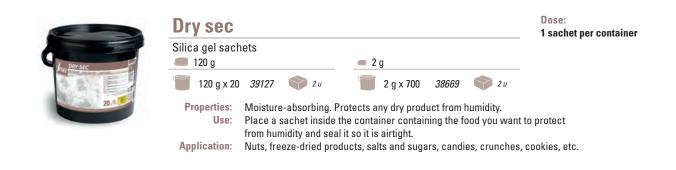




# Non-Food & Other Products

Non-food products are not intended to be consumed as an ingredient. These are products that help us cook, create customized molds and keep products dry for a longer period of time.

### **DRYING AGENTS**



### FREE MOLD



#### Dose:

100 g/kg of catalyst per quantity of silicone



# Free mold hard

Production of hard silicone molds, suitable for food use, freezing and baking

1 kg *37268* 

Dose:

100 g/kg of catalyst per quantity of silicone

Dual-component material consisting of:

Component "A": Silicone suitable for food contact

Component "B": Curing agent, catalyst

Fluid paste that hardens in contact with a catalyst. The result is a flexible, soft, non-stick material Properties:

that withstands a wide range of temperatures.

The surface of the original mold must be clean and free of any residue. Pour 100g of component

"A" and 10g of component "B" into a clean container and mix well until component "B" is completely dispersed. Do not mix for a prolonged period of time or expose the mixture to temperatures above 95°F (35°C). It is always preferable to mix small quantities, so component

"A" and component "B" combine well.

The catalyst will cure within 18-24 hours at an ambient temperature of 71-75°F (22-24°C), forming

a flexible rubber mold that can be easily separated from the original.

Production of silicone molds, suitable for food use, freezing and baking. Application:

Observations: It is advisable to remove any trapped air by placing the mixture in a vacuum chamber, allowing

it to expand completely and then collapse. Keep the mixture in the vacuum chamber for 1-2 minutes, then check it; if no air bubbles are visible, you can use it. Removing air from the mixture in the vacuum will increase its volume 3-5 times over, so it is advisable to use

a sufficiently large container.

If you do not have vacuum equipment, you can minimize air bubbles by mixing a small amount of component "A" and component "B" and then using a brush to apply a 1 or 2mm layer to the original. Store at room temperature until the surface is free of bubbles and the coating has begun to cure. Mix another portion of component "A" and component "B" and pour the mixture over

the original as soon as possible, taking care to avoid any air bubbles.

**Elaborations:** Exact reproductions of any type of shape to be filled with mousse, chocolates, candies, jellies,

ice cream, etc.

## Bases and reactive salts



### Living salt by Angel León

Sodium acetate. A salt derived from the acetic acid precipitation of vinegar.



3 kg







Salt that causes an exothermic reaction through recrystallization after being dissolved in an aqueous liquid. It allows you to cook food slowly or instantly.



## **Living salt Hot** (a system for long cooking and large items)

During the preparation phase, protect your hands and face with approved protective wear. Heat up the water or flavoured liquid until boiling, add the salt to the water and mix until it is dissolved. Boil until it reaches the temperature of 123 °C.

Pour the hot mixture straight onto the item to be cooked. This technique helps us do long cooking at a high temperature. It will take around 20 minutes to start to recrystallize. It generally stays at the initial temperature for 20 minutes depending on the recipient, volume used, ambient temperature for 20 minutes depending on the recipient, volume used, ambient temperature for 20 minutes depending on the recipient, volume used, ambient temperature for 20 minutes depending on the recipient, volume used, ambient temperature for 20 minutes depending on the recipient, volume used, ambient temperature for 20 minutes depending on the recipient, volume used, ambient temperature for 20 minutes depending on the recipient for 20 minutes depending on 20 minutes depend rature and food to be cooked.

The temperature will then gradually reduce, meaning you can draw out the cooking time for as long as required to cook the item. When it comes to removing the salt, handle it with utensils in order to avoid skin contact. Risk of burns.







1 kg of Living salt /

1 kg aqueous liquid





#### **Living salt Cold** (a system for short cooking and small items)

During the preparation phase, protect your hands and face with approved protective wear.

Heat up the water or flavoured liquid until boiling, add the salt to the water and mix until the salt is dissolved. Boil until it reaches the temperature of 117 °C. Pour the mixture slowly into a glazed or stainless steel recipient.

- It is preferable to use a small container , from 250 to 500 ml, to cool it down faster.

  Protect the container with foil or , ideally, with a cork to avoid that drops from condensation activate spontaneous re-crystallization.
- Foreign matter or the ridges of the recipient may activate the recrystallization process spontaneously. Refrigerate the mixture at a temperature lower than 20 °C (ideal temperature: 5 °C).
- During cooling, it is important to avoid moving or stirring the mixture. You should not put anything into it, otherwise you will activate the recrystallization process.

Pour the cold mixture onto the product to be cooked. Thereupon, instant recrystallization is activated and produces an exothermic reaction that increases the temperature of the mixture to 60 °C. There may be a slight variation in temperature depending on the saturation, recipient, surface and item to be cooked. The temperature will then gradually reduce, meaning you can draw out the cooking time for as long as required to cook the item.









#### **Living salt Fractal** (a system for obtaining salt crystals that can be used as a complement to dishes)

During the preparation phase, protect your hands and face with approved protective wear.

Heat up the water or flavoured liquid until boiling, add the salt to the water and mix until the salt is dissolved. Boil until it reaches the temperature of 105 °C. Pour the mixture slowly into a glazed or stainless steel recipient.

- It is preferable to use a small container, from 250 to 500 ml, to cool it down faster.

- It is preferable to use a small container, from 20 to 500 mit, to 600 it down laster.

  Protect the container with foil or , ideally, with a cork to avoid that drops from condensation activate spontaneous re-crystallization.

  Foreign matter or the ridges of the recipient may activate the recrystallization process spontaneously.

  Refrigerate the mixture at a temperature lower than 20 °C (ideal temperature: 5 °C).

  During cooling, it is important to avoid moving or stirring the mixture. You should not put anything into it, otherwise you will activate the recrystallization process.

Activate crystallization in the same recipient by touching the mixture using a solid item like a spoon. Thereupon, recrystallization will occur in a fractal way, genera-

ting an exothermic reaction that increases the temperature of the mixture to 60°C. Wait for full crystallization. Extract the salt crystals using utensils to avoid skin contact. Risk of burns

Once the salt crystals are cold, they can be consumed as if they were salt.



The salt can be activated with water, flavoured or scented water with a range of Sosa water soluble aromas.

It works in a high pH range.

Liquids that contain suspended solids and/or fats hinder the reaction, making it more delicate

Do not ingest the product in powder form. There is a risk of burns. Avoid contact with the skin, muscosa and eyes.

Due to the exothermic reaction occurring upon hydration of the product, it is recommended that you do not touch the salt until 30 minutes after hydration nor during the reaction of the cold mixture (Living salt Cold or Fractal)

During the preparation phase, protect your hands and face with approved protective wear.

#### **Elaborations**

Long or short cooking of fish, seafood, meat and vegetables. Salt crystal formation.



Chefs' essential needs

SOSA INGREDIENTS'
PRODUCTS ARE SPECIFICALLY
DESIGNED TO MEET CHEFS'
NEEDS. WE HAVE CATEGORIZED THESE NEEDS IN THE
FOLLOWING WAY.

#### CREATING DIFFERENT TEXTURES

Textures are important because they help to give the customer a rounded experience.

ACHIEVING INTENSE FLAVOURS sometimes it's tricky to create intense flavours because cooking or the preparation process can diminish them.

#### IMPROVING FREEZING AND PRESERVATIONIt's very

common to freeze products in pastry-making, but it does entail the risk that they lose their water content when they are defrosted (through syneresis).

## STANDING OUT FROM THE COMPETITION AND MEETING NEW EXPECTATIONS

Pastry-making is changing and customers have new expectations. For instance, they might want less sweet, lighter products with more texture and fresher flavours. Pastry chefs also need to adapt to diets and food trends, such as veganism or glutenand allergen-free products.

#### CREATING DIFFERENT TEXTURES



#### **JELLY TEXTURES**

#### PLANT-BASED **GELLING AGENTS**



37872 AGAR-AGAR

A plant-based gelling agent extracted from red algae





37857 VEGAN MOUSSE GELATINE

Mixture of agar-agar and tapioca starch

#### ANIMAL-ORIGIN GELLING AGENTS



38734 INSTANGEL

A pork-origin instant powdered gelatin



#### 38678 VEGETABLE GELLING AGENT

Our vegetable gelling agent is a carrageenan mixed with carob gum to improve its elasticity



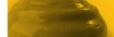
38697 GELLAN GUM

Plant-based gelling agent



MOUSSES

Mousses, jellies and jellied foams



#### **CREAMY TEXTURES**

#### **FIBERS**



39461 INULIN COLD

A fiber extracted from roots and tubers



42151 FLAXFIBER

Fiber from brown and golden flax seeds



39460 INULIN HOT

A fiber extracted from roots

and tubers

#### **THICKENERS**



38674 GELCREM COLD

A thickener made from potato starch



#### **AIRY TEXTURES**

#### WHIPPING PROTEINS



38461 ALBUWHIP

Powdered egg albumin ulsion Aeration



38967 POTATOWHIP

Flavourless powdered potato protein

Aeration Coagulation



#### **CRISPY TEXTURES**

#### CRISPY AND CRISPY WET PROOF | PETA CRISPY | WHOLE FREEZE-DRIED | CARAMELIZED NUTS AND SEEDS









#### ACHIEVING INTENSE FLAVOURS

#### TEXTURING AGENTS



38461 ALBUWHIP Powdered egg albumin

Emulsion Aeration



38967 POTATOWHIP

Deodorized potato protein powder



Emulsion Aeration Coagulation



38850 NATUR EMUL Emulsifier in powder made from citrus fibers



39460 INULIN HOT

A fiber extracted from roots and tubers



#### HOW TO USE AN ALTERNATIVE EMULSIFIER TO EGG YOLK FOR A PURER FLAVOUR

Egg yolk is often used as an emulsifier in pastry-making, yet To create a purer flavour, we can use Natur Emul to emulsify mixtures without adding egg yolk.

#### **OUR TOP INGREDIENTS** TO CREATE INTENSE FLAVOURS



39382 STRAWBERRY NATURAL CONCENTRATED PASTE Flavour



39381 YUZU NATURAL CONCENTRATED PASTE Flavour



38256 37003 NATURAL RASPBERRY FLAVOUR Flavour



38276 37014 NATURAL PISTACHIO FLAVOUR Flavour





37855 FREEZE-DRIED RASPBERRY POWDER Flavour

#### IMPROVING FREEZING AND PRESERVATION

#### INGREDIENTS FOR AVOIDING SYNERESIS



39460 INULIN HOT

A fiber extracted from roots and tubers

#### MAIN FREEZABLE TEXTURING AGENTS



38674 GELCREM COLD

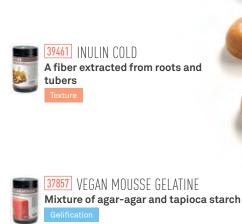
Made from potato starch

Stabilisation Texture



37627 PROCREMA 100 COLD HOT NATUR

Mixture of stabilizers, thickeners, proteins, fibers and sugars





37643 PROSORBET 100 COLD NATUR

Mixture of stabilizers, thickeners, fibers and sugars

#### STANDING OUT FROM THE COMPETITION AND MEETING NEW EXPECTATIONS

#### VEGANISM

There is increasing demand for pastries that don't use any animal products. Not using animal products is a technical challenge, because we have to find a replacement for pastry's basic ingredients such as animal gelatin, eggs and cream.

#### SUBSTITUTES FOR EGG



38850 NATUR EMUL

Emulsifier in powder made from citrus fibers

Emulsion Aeration



38967 POTATOWHIP

Deodorized potato protein powder

Emulsion Aeration Coagulation

#### SUBSTITUTES FOR ANIMAL GELATIN



37857 VEGAN MOUSSE GELATINE

Mixture of agar-agar and tapioca starch



37872 AGAR-AGAR

A plant-based gelling agent extracted from red algae

Gelification

#### LIGHTER, HEALTHIER PASTRY-MAKING FIBERS



39460 INULIN HOT

A fiber extracted from roots and

tubers

Fibers such as inulin will be central to pastry-making's future. Fibers help us to:

- Add solids to reduce sugar
- Create creaminess without adding fats



# Sosa products FOR PLANT-BASED PASTRY-MAKING

# MOOS

#### VEGAN MOUSSE GELATINE

A 100% plant-based gelling agent, perfect for gelling mousses

Gelification



#### AGAR-AGAR

A plant-based gelling agent that forms a strong gelatine that can be reheated

Gelification



#### FRUIT NH PECTIN

A pectin made from apple and citrus fruit, perfect for thickening and gelling fruit-based products

Gelification



#### PECTINA NAPPAGE X58

A pectin made from apples and citrus fruits, perfect for thickening and jellifying products with milk, nuts or chocolate

Gelification



#### VEGETABLE GELLING AGENT

A gelling agent with a solid, elastic texture that is suitable for heating

Gelification



#### GELLAN GUM

A plant-based gelling agent that makes a strong gelatine that can be heated to high temperatures

Gelification



#### PRO-PANNACOTTA

A plant-based gelling agent extracted from red algae which forms a soft, creamy gelatine

Galification



#### INULIN HOT

A fat substitute

Creamy mouthfeel addition



#### INULIN COLD

A fat and sugar substitute

Creamy mouthfeel addition



#### NATUR EMUL

A substitute emulsifier for egg yolk



#### SOY LECITHIN

For aerating fats and making stable emulsions



#### POTATOWHIP

A plant-based substitute for egg white for whipping and coagulating products

Emulsion

Aeration

Coagulation



#### SOJAWHIP

A plant-based substitute for egg whites, used for whipping up products

Aeration



#### CAROB GUM

A natural stabiliser for hot products



#### GUAR GUM

A natural emulsifier for cold preparations



#### XANTHAN GUM

A thickener made by fermenting corn, soluble in hot and cold preparations



#### **GELCREM COLD**

A freezable cold thickener



#### **GELCREM HOT**

A freezable hot thickener

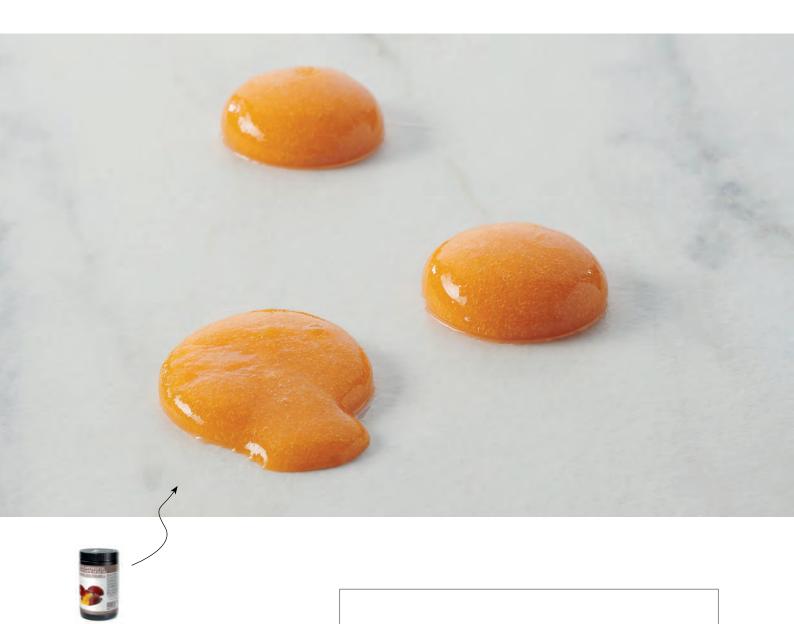


#### DEODORIZED COCONUT FAT

Refined deodorized coconut fat

Fat addition

## **Apricot sphere**



Vegetable gelling agent

500 g 38678

#### **INGREDIENT**

<b>»</b>	TPT syrup	.500 a
	Vegetable gelling agent   38678	-
>>	Anricot pulp	250 a

#### **ELABORATION**

Pour the puree into sphere molds and freeze. Separately, mix the syrup with the gelatin cold and bring to a boil. Dip the frozen spheres punctured in a needle to get a gel coat. Let the spheres thaw before serving.

# Blackcurrant meringue

#### **INGREDIENT**

<b>&gt;&gt;</b>	Blackcurrant purée	120 a
	Water	
	Albuwhip   38461	
	Sugar	
	Trehalosa   39054	
	Citric acid   37085	

#### **ELABORATION**

Mix the Albuwhip with the citric acid and the blackcurrant purée. Whip. Add the sugar and trehalose in three parts as a French meringue. Pour on a Silpat in the desired shape and dehydrate at  $50\,^\circ\text{C}$  for 6 hours.





Albuwhip



500 g 38461

# Fruits and orange blossom aspic





#### **INGREDIENT**

<b>&gt;&gt;</b>	Water	200 g
<b>»</b>	Liquid gulcose   37305	40 g
	Orange blossom water   37945	
	Agar-Agar   37872	
	Mango	
	Kiwi	
<b>»</b>	Pomegranate	8g
	Freezedry rose petals   39492	

#### **ELABORATION**

Mix the water with glucose and agar agar and bring up to a boil. Cool down to  $60~^{\circ}\text{C}$  and add the orange blossom water. Stir well and fill the molds. Insert the rose petals and fruits building the aspic.

## **Lemon curd**

#### **INGREDIENT**

<b>&gt;&gt;</b>	Lemon juice	150 g
<b>&gt;&gt;</b>	Water	180 g
<b>&gt;&gt;</b>	Sugar	90 ç
	Gelcrem Hot   38673	
	Lemon zest	,
	Dendarized Coconut oil   37327	

#### **ELABORATION**

Combine the lemon juice, water, Gelcrem, sugar and lemon zest. Bring the mix to boil. Remove from the heat and cool at  $45\,^\circ\text{C}$ . Add the coconut oil and mix using a stick blender. Cool down down to  $4\,^\circ\text{C}$  and keep in the fridge for 12 hours before using.



## **Chocolate and water creamy**





Inulin Hot

500 g 39460

#### **INGREDIENT**

<b>»</b>	Water	350 g
	Inulin Hot   39460	
>>	Sugar	60 g
>>	64% Dark chocolate couverture	200 g
>>	Natur Emul   38850	5 g

#### **ELABORATION**

Mix the inulin with the sugar and naturemul and pour in the form of rain over the water, mixing. Heat to  $65\,^{\circ}$ Cto ensure that the inulin dissolves properly and pour over the chocolate. Blend with an electric mixer for one minute. Distribute in the desired container or mold with contact film. Refrigerate for 2 hours until inulin absorbs moisture and freeze if required.



CULINARY° JOURNEY

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## Iberian cuisine

Iberian cuisine has a great culinary heritage and follows seasons and geography. We found all kinds of cuisines: country cooking, mountain cuisine and an important seafood cuisine too. Some areas have strong culinary differences, with history and personality of their own, like Portuguese, Galician and Basque, but still there is a common denominator in the way of doing and cooking throughout the peninsula. Sauces are used either for seasoning or for cooking and frying, the use of lard is remarkable and garlic often accompanies meals. Peppers are the quintessential spice, followed by saffron. Cumin and cinnamon are mainly used for desserts and, as aromatic herbs, we may highlight bay leaf, rosemary and thyme. Fried onions and tomatoes, often accompanied by peppers, are present in most stews, with



**SOFRITO** 









Iberian cuisine uses fried onions as a base for cooking meat, poultry and fish dishes. Also it is used for dishes made with ratatouille as chilindrón and it is the first step for rice plates. It is ideal too for pasta sauces, meats and seafood and it is added to soups and stews too to make them more palatable.

Ingredients: onion, virgin olive oil, sunflower oil and salt.



1,05 kg 6 u 37672



Madrid traditional recipe: cocido stew broth and paprika.

## **Canary islands**



#### MOJO PICÓN









The most famous sauce from the Canary Islands. It is eaten cold and accompanies the typical dish of this area, the 'Papas Arrugás' which are eaten by dipping them into red mojo.

Main ingredients: garlic, paprika,



#### **GREEN MOJO**









Cold sauce from the Canary Islands, with an ancient tradition, originated from the first inhabitants the Guanches. It accompanies fish dishes, being good both for cooking them in the sauce or to accompany them grilled or fried.

Main ingredients: garlic, coriander, cumin and parsley.

# Catalan and provençal cuisine



**NYORA** PULP







A nyora is a type of pepper that comes from the Americas, which is maroon, round and wrinkle shaped. It is used when dry and it is not hot. It will enrich soups, tomato sauces, sofritos and will improve the taste of any dish adding a spoon to them.

Ingredients: nyora pepper.







An emulsified sauce, slightly spicy and sour. It is used to flavour and dip mainly the traditional calcots (a kind of spring onions), but also for barbecued beans, snails, fish dishes, meats and other vegetables.

Main ingredients: aroasted almonds, tomato, roasted garlic, nyora pulp, vinegar, olive oil and spices





## French cuisine

backgrounds. The other has a medieval and aristocratic origin. It is the court of Versailles cuisine in the sixteenth century, which set the tone for other royal cuisines and had great influence on the Western culinary world: banquets, snacks or light meals and buffets, the space decorations, setting the table, the placing of the plates, music and other distractions, were as important as the dishes themselves. But inequalities between the people and the court triggered the French Revolution rants were born in Paris. This new-born haute cuisine classified culinary fonds and sauces: over 300 were stipulated and classified. Such is the influence of French cuisine in the world that many dishes have become part of European cookbooks, both in catering and at home.







Chicken broth, very rich and made specifically to use as a base for sauces, soups, rice dishes and paellas or to add to chicken dishes to make them more palatable.

Main ingredients: chicken.



Main ingredients: pork



**FOND** 







Beef meat and bone broth, very rich and made specifically to use as a base for sauces or soups and to add to beef dishes, such as stews, to make them more palatable.

Main ingredients: beef





**VEGETABLE FOND** 





Vegetables broth, very rich, made specially to use as a base for sauces, soups, rice dishes and paellas or to add to any plate to make it more palatable.

Main ingredients: celery, onion,



ONION









Yummy onion broth, made specifically to use as a base for sauces or onion au gratin soups, as well as to add to fish dishes, meats or vegetables to make them more palatable.

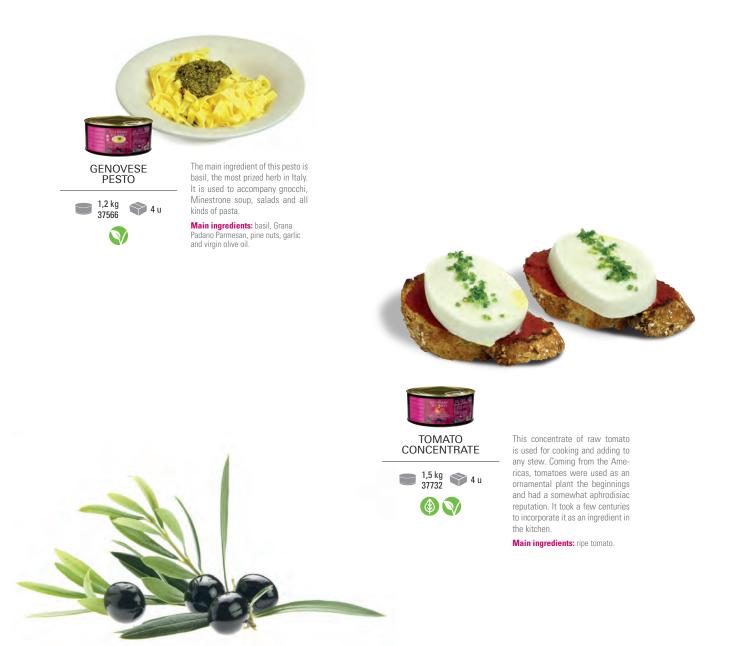
Main ingredients: onion.

Culinary fonds are a concentrate base for cooking other dishes, a must to improve and enrich other recipes as well as being part of the ultimate success.

## Italian cuisine

With an important historical legacy from Etruscan and Ancient Rome, Italian cuisine is Mediterranean. It has a large regional richness, heavily influenced by the products and the way to use them: from the butter cuisine of Piedmont to the Emilia Romagna's cold meat, through the hot and spicy found in Sicily. In Sardinia, land of the Sardinian people, the cuisine is more indigenous and peculiar, differing quite a bit from the rest of Italian cuisines.

Especially alluring for its tastes and aromas, Italian gastronomy has an extensive repertoire of vegetables, reflected in the variety of salads, always present in the table, which are part of the antipasti, appetizers with which they start their meals. Aromatic herbs are also used, often fresh. Likewise, pasta has a special place, as evidenced by the large number of sauces created to go with it, and divides Italy into two main areas, the North, where they use fresh pasta and butter, and the South, where they like dried pasta. Pizza, risotto and ice cream are also a symbol of Italian cuisine.





## Cuisine

## American | South American | Mexican

## American



## BBQ BARBACUE SAUCE







Devised by the first American settlers in the seventeenth century, in the United States it is a sauce inseparable from barbecued meats and ideal for marinating meats before

Main ingredients: tomato, vinegar, brown sugar, honey and spices.

## Argentinian





**CHIMICHURRI** 











This sauce is hot and spicy, inseparable from Argentinian grilled meats, to which transmits smoothness and combines nicely. Originally made with herbs, chillies and salt, all mixed with oil, vinegar was added when colonizers introduced the wine

Main ingredients: virgin olive oil, spices and black wine vinegar.

## Mexican



CHEEDAR **SAUCE** 









Sauce to warm up and to accompany meats, fish, vegetables or to dipear in cold with bread or crudités of vegetables.

Main ingredients: cheddar cheese.

# Japanese cuisine



## SOY SAUCE





This sauce, made in Japan with soy and wheat, has a Chinese origin. It is used to add to dishes or serve on the table in small bowls in order to wet ingredients as for example pieces of sushi.

Ingredients: water, soy, wheat, salt and alcohol









Used as vinaigrette, it is used for dressing either cool or warm vegetables salads. It is also used for pairing vegetables, fish dishes, seafood and shellfish.

Main ingredients: shiro miso, sugar, sake, mirin, rice vinegar and vuzu.



Two sauces used to marinate meats, chicken or fish. After grilled, they turn out really tasteful, satined and glossy.

Main ingredients: soy sauce, mirin, water and sake.





GARLIC





Is a garlic that has been subjected to an internal browning, its grains turn black as coal, have soft texture and a slightly tangy and sweet taste, it reminds of balsamic vinegar with hints of licorice. It is very easy to

Ingrediente: black garlic.



## Thai cuisine

Cuisines in this area have in common the rice culture: festivals and rituals are linked to this cereal. Usually, it is the main course, and comes accompanied by a salad, a soup and a cooked dish. They have a huge pantry with a large variety of foods from exuberant nature: herbs, edible plants, fruits... It is a cuisine with the taste of aromatic herbs, kaffir lime and curry leaf, coriander and basil, which are more fragrant than the Mediterranean ones, and acidified lemon grass. Land of spices, valuable and trade object since antiquity, nutmeg, mace and cloves come from the Maluku Islands; chillies, from America, are a must in their dishes; ginger and galangal root, coriander, garlic, shallots and spring onions are also important condiments.

As for sauces and pasta, they use a thicker and sweeter soy sauce, fish sauce is used as a flavour enhancer and also shrimp and tamarind pastes are very common. Coconut tree is fully profitable and they make a good use of it all. Coconuts and coconut milk are both truly important ingredients. The most common method of cooking is quick wok sauté, but they also have a technique of their own: cooking food on the grill wrapped in banana, pandanus, coconut or lettuce leaves. Satay or saté, are the area's brochette, marinated with spices and served with rice, popularized by Arab merchants many centuries ago when the monsoons brought them searching for spices. Stuffed rice rolls and crepes are also very characteristic, as well as curry dishes, very different from those in India.





### Indonesian



Peanut, coconut and chilli based, it has a very slightly spicy touch that will transport you to Southeast Asia. It is used to marinate meats that will be grilled or barbecued

Main ingredients: coconut cream, peanuts, soy sauce, lemon juice, chilli and garlic.



## INGREDIENTS:

- » Boneless skinless chicken thighs » Culinary Journey Satay Sauce
- » Salt and pepper
- » Roasted sesame

#### PREPARATION:

Cut the chicken thigh on regular pieces. Thread the pieces on a wooden skewer and season. Slightly fry the skewer in the pan with a little oil. Once cooked, add the Satay sauce to the pan. Soak the skewer well and sprinkle roasted sesame seeds on top.

SATAY CHICKEN

**BROCHETTE** 

## Indian cuisine

and alcohol are prohibited; including among others, Christianity, Jainism and Buddhism.

The territory is large and, as such, there are plenty of ingredients and ways of cooking. Speaking of sauces, it is in the south where they are most abundant, while in the north there is less habit of doing them. India is the aroma and taste of spices, first mixed and then cooked; each dish bursting with flavour, mixture, diversity and combinations; but we could not conceive an Indian meal without the basics: flat breads and rice, always present on the table.



**TANDOORI GARAM MASSALA** SAUCE







This popular sauce, with a blend of spices, is the essence of many Indian dishes made in the tandoor, a conical oven from northern India. Both the sauce and the cooking method give the foods a very distinctive

Main ingredients: coconut cream, garam masala paste and spices.



A mix of spices from South India, inspired by the Hindu kari. During the colonial period, the British tried it and liked the taste, which reproduced and packed back home.

Main ingredients: coconut cream and spices.

MADRAS CURRY SAUCE









MANGO CHUTNEY

1,5 kg 37177 4 u



Main ingredients: mango, white vinegar, onions and spices.







CARROT CHUTNEY

1,5 kg 37179



4 u

Main ingredients: carrots, white vinegar, onion, spices and mango.



## Arab world cuisine

### Lebanese



TAHINI (ROASTED SESAME)







This cream of sesame is the key to many dishes like hummus, Babaganush, mashed eggplant and grilled skewered meat marinades as well as an ingredient in many sauces.

Ingredients: sesame.

#### **HUMMUS**

#### INGREDIENTS:

» Cooked chickpeas	400 g
» Culinary Journey Tahiniy	3 c.s.
» Cloves of garlic	2
» Oil	
» Paprika	1 tsp
» Sprigs of parsley	3
» One lemon juiced	

» Salt » Fine tortillas

#### PREPARATION:

Wash and drain the chickpeas well.

Blend them with the Tahini, the garlic cloves, the lemon juice and a bit of salt. Keep blending until it becomes a creamy and consistent mash. In case the result were too thick you can rinse with a little water.

Refresh with olive oil, and sprinkle with the chopped parsley and the paprika. Serve with thin tortillas



#### **Sosa Ingredients**

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