

## © Cosa

## SOSA Ingredients is one of the world's leading manufacturers and distributors of premium-quality ingredients for pastry-making and gastronomy.

Founded in Catalonia in 1967, Sosa Ingredients offers a wide range of products designed to meet the needs and fulfill the dreams of chefs in more than 80 countries worldwide. This catalog includes freeze-dried fruits, fruit pastes, nuts, texturizing agents, colorants, flavours and technical sugars.
Sosa Ingredients' creations are still produced near Barcelona or in La Granadella (also in Catalonia) where, for example, the nuts are processed from the harvest right through to packing. At Sosa, we have set ourselves the goal of dedicating our technological expertise to innovation and constant improvement so that we can make gastronomy increasingly ethical and make the jobs of the best chefs in the world easier.

Our products are developed according to the four basic principles of modern cuisine: more texture and more flavour, but less fat and less sugar.

With Sosa Ingredients, you can make all your sweet and savory dreams come true.

## Contents

SPECIAL-ORIGIN SUGARS \& SALTS
Special-origin sugar ..... 8
Flavoured sugars ..... 10
Special-origin salts ..... 10
BISCUIT ..... 2
ce cream cones ..... 12
Flour mixes \& yeas ..... 13
Decorative cookies ..... 13
NUTS ..... 3
Nuts ..... 16
Flours ..... 23
Caramelized ..... 24
Cantonese-style ..... 26
Crunchy nut pieces ..... 28
Nut pastes ..... 29
Seed pastes ..... 31
Pralinés. ..... 32
Coffee ..... 33
Pralicroc. ..... 34
Marzipan ..... 34
VANILLA \& SPICES ..... 4
Vanilla ..... 38
Spices ..... 40
CONFITS ..... 5
Concentrated jams ..... 42
Gelée. ..... 43
Copeaux. ..... 43
Fruit \& Sauce Cold Confit ..... 44
Fruit Confit. ..... 46
Chestnut ..... 48
Confit ..... 48
Crystallized flowers ..... 49
CONCENTRATED PASTES ..... 6
Natural concentrated pastes ..... 52
Concentrated pastes ..... 54
DRIED \& SOFT DRIED ..... 7
Soft dried (soft fruit) ..... 58
Medium dried (semi-soft fruit) ..... 59
Dried. ..... 59
FREEZE-DRIED \& CRISPIES ..... 8
Freeze-dried ..... 62
Crispies ..... 67
Wet proof Crispies .....  70
Peta crispy .....  71
TASTE COLOUR ..... 9
Taste Colour ..... 74
FLAVOURINGS ..... 10
Water-soluble natural flavourings ..... 90
Water-soluble flavourings ..... 94
Fat-soluble natural flavourings ..... 96
COLOURING ..... 11
Food Colour ..... 98
Natural Colour ..... 102
Synthetic Colou ..... 110
Metallic food colorants ..... 15
DEEP FRIED TEXTURES ..... 12
Tempuras ..... 118
Alr bag ..... 119
Fry glue ..... 120
Panko: bread for frying ..... 121
TECHNICAL SUGARS ..... 13
Technical sugars and sweeteners ..... 124
Liquid and paste technical sugars ..... 126
Polyols ..... 128
Bulking agents. ..... 129
TEXTURES ..... 14
Texturizing Agents by Classification ..... 134
Emulsifiers and aerators ..... 135
Raising agents and effervescent agents ..... 140
Whipping proteins. ..... 141
Thickeners ..... 143
Gelling agents ..... 149
Plant-based gelling agents ..... 149
Gelling agents - Spherification ..... 162
Animal-origin gelatins. ..... 166
Stabilizers for ice cream and sorbets ..... 168
Stabilizers for mousse ..... 173
Preservatives ..... 173
Bulking agents. ..... 174
Acidulants, antioxidants and acidity regulators ..... 175
Enzymes. ..... 177
Products for rehydration ..... 177
Technical fats ..... 178
Non-food and other products ..... 178
Drying agents ..... 178
Free Mold ..... 179
Bases and reactive salts ..... 180
CULINARY JOURNEY ..... 15
Culinary Journey ..... 182


## Natural Range

Sosa Ingredients is at the cutting-edge of the culinary world not only in terms of its products and techniques but also, most importantly, in terms of its values. As a result, we firmly believe that our actions today will shape the future.

In all our work, we strive to create a more ethical, natural gastronomic world. For our Natural Range, we carefully select products with 100\% natural ingredients free from artificial flavours, colorings, synthetic preservatives, GMOs and palm oil.


## Certifications and classifications

## 100\% Natural Ingredients

These are products containing ingredients found in nature. These ingredients can come from plants, animals, minerals and even microbial sources.

## Vegetarian

These products do not contain any ingredients of animal origin (meat, fish, seafood and so on) or processed foods that have been treated with animal products (such as bones). They do or may contain by-products derived from animals (such as egg products, dairy products, honeys, gelatins and products with pigments derived from insects).

## Halal

These products are certified as Halal. These are foods that comply with the requirements of Islamic law, have not come into contact with banned products and respect guidelines for animal-origin ingredients.

## Kosher

These products certified as Kosher. Kosher foods are suitable for consumption by Jewish people according to Jewish dietary laws and precepts.

Kosher Dairy
These are Kosher dairy certified products. They are dairy foods suitable for consumption by Jewish people according to Jewish dietary precepts, which require foods to have been processed in certain ways and prohibit the mixing of dairy and meat. All Kosher dairy products are derived from animals considered Kosher by Jewish law.


## Special-origin sugars



Sparks of
natural brown sugar
origin Reunion island

- 1 kg 39125 (3u

20 kg 37818
(4) 8


Maple liquid syrup origin Quebec
$1,3 \mathrm{~kg} 39285$ (3) 1 $15 u$
(4) $V$


Coco sugar
origin Philippines
$600 \mathrm{~g} 37902 \leftrightarrows 6 u$
(4) 9


Palm sugar
origin Camboya
700 g 39124 6u
Q

## MUSCOVADO SUGAR



Muscovado Dark sugar

- 750 g 37890

6u
(4) 10 kg 36848
© K

## Honey



## Cotton Candy



White cotton candy
100 g 37856 6u
(8) $V$


## Sugar <br> Pearls



Pearl sugar No. 10
grain
$\begin{array}{ll}140 \mathrm{~g} & 39503 \\ 3,5 \mathrm{~kg} & 37113\end{array}{ }_{4} \mathrm{4}$
-

## Flavoured Sugars



## Special-origin salts



| Black salt |
| :--- |
| 1 kg 37811 6u |

(4) 0


Viking smoked salt

- 1 kg 36843 6u
(4)



## Ice cream cones

MACHINE

## STRIPED

CONE 45
$45 \times 190 \mathrm{~mm}$
(531u 36226
50
$50 \times 200 \mathrm{~mm}$
(7) 252 u 36320

55
$55 \times 210 \mathrm{~mm}$
(4) 210 u 36321

60
$60 \times 250 \mathrm{~mm}$
(5) $162 u 36322$ (3) 9


SCANDINAVIAN

Danish cone
$45 \times 170 \mathrm{~mm}$
(9) 216 u 36239

Norwegian cone
$50 \times 130 \mathrm{~mm}$
(5) 375 u 36225

Swedish cone

## $60 \times 150 \mathrm{~mm}$

(4) 260 u 36241

Finnish cone
$95 \times 160 \mathrm{~mm}$
(9) 120 u 36240
(4) 9

## EXTRUDED

Sweet cone BD-46
$46 \times 160 \mathrm{~mm}$
300 u
(1)


## Flour mixes



Waffle mix in powder
$3,5 \mathrm{~kg} 374742 u$
©
RECIPE

## PREPARATION:

Mix 500 g of Waffle Mix with 375 g of water or milk, stir well. Add 150 g of melted butter and emulsify. Finally add 75 g of pearl sugar n . 4 to the dough. Pour a portion of the dough into the waffle iron and cook at $250^{\circ} \mathrm{C}$ for 1 to 3 minutes.

## Yeast



Yeast powder
(3) 250 g


Sweet crêpes flour

| 3 kg | 37350 | $2 u$ |
| :--- | :--- | :--- |
| 12 kg | 37349 |  |

(3)

RECIPE

## PREPARATION:

1000 g flour of crêpes / 1,5 liter of water or milk.

# Decorative cookies 



Chocolate cookies
biscuit pieces




The Sosa Ingredients range of nuts has been designed to be as comprehensive as possible. From raw nuts to pastes and our new caramelized Cantonese-style nuts, the assortment offers plenty of options to add a crunchy touch to your creations. We carefully select our raw nuts so you are guaranteed top quality products with an intense flavour.

## Natural

## Marcona almonds

These almonds have a characteristic large, round shape. They are a sweeter, less bitter variety. They are the most highly recommended and in-demand variety in the confectionery and nougat industries.


## BLANCHED



Blanched Marcona almond 16/18

25 kg 36921
(4) 9


Blanched Marcona almond halves

25 kg 36923
(4) 8


Blanched Marcona almond 23/25
$1 \mathrm{~kg} \mathrm{36919} \$ 14 \mathrm{u}$
10 kg 36926
25 kg 36928
(4)
K

BLANCHED AND ROASTED


Blanched toasted
Marcona almonds 23/25

## Natural Largueta almonds

These almonds are characterized by their elongated shape and their flavour. The ease with which their skin can be removed makes them the most recommended variety for roasting and making caramelized nuts.


Natural Largueta almond 27/30


Natural Largueta almond 20/22
25 kg 36828
(6) 9

25 kg 36910

## Valencia almonds

A mixture of different almond varieties.
A sweet flavour, widely used to make marzipan.

s/14
18/20
36/38


12/14 23/25
34/36

b/14
selected
selected

## BLANCHED



Blanched Valencia almond 18/20

10 kg 36906
25 kg 36902


Toasted peeled Valencia almond 18/20

10 kg 36903
(3) 9

## Processed Valencia almonds



Raw almond sticks
1 kg 36978 13u
10 kg 36977
(a) §

Raw almond dices
$1 \mathrm{~kg} \mathrm{36956}{ }^{16 u}$
10 kg 36949
(t)

## ROASTED



Toasted almond slices
$\# 10 \mathrm{~kg} 37394$
(6) 9


Raw almond thick slices


Toasted almond sticks

* 10 kg 36979
©


Toasted almond dices
(1) $1 \mathrm{~kg} 36957 \geqslant 16 u$
(6)

## Negreta hazelnuts

This is one of the varieties with the greatest organoleptic qualities. It is often used in the chocolate industry because it lends itself well to grinding.


Toasted Negrita hazelnut s/12
(1) $1 \mathrm{~kg} 36939 \geqslant 13 \mathrm{u}$
(1) 10 kg 36938
(4)


Natural Negrita hazelnut
with peel s/12
\# 10 kg 36943
(4) 9

## Valencia hazelnuts



Crushed toasted hazeInuts
1 kg 36959 13u
10 kg 36960
(4)

## Walnuts



Raw California walnut halves
$>1 \mathrm{~kg} 36971 \geqslant 8 \mathrm{~B}$
(4)


Raw California walnut quarters
$>1 \mathrm{~kg} 36972 \geqslant 10 \mathrm{u}$
(4)


Pecan nuts


Raw pecan nut
$>1 \mathrm{~kg} 36975 \leqslant 10 \mathrm{u}$
(4) 9

## Macadamia nuts



Raw Macadamia nut
(1) $1 \mathrm{~kg} 36974 \geqslant 16 \mathrm{u}$
(4)


## Pistachio



Raw Iranian pistachio


Pistachio dices
) $1 \mathrm{~kg} 36962 \lessgtr 16 \mathrm{u}$
(*) 9

## Peanuts



Toasted peanut dices
$1 \mathrm{~kg} 36950 \geqslant 16 \mathrm{u}$
(\%) 9


Raw Spanish pistachio
(4) 9

## Pine nuts


Raw Spanish pine nut
1 $1 \mathrm{~kg} \quad 36985$
(9) 16 l

Chinese pine nut
(1 kg $36983 \geqslant 16 u$
$10 \mathrm{~kg} \mathrm{36984*}$
(4)

## Seeds



Sunflower seeds
(1) $1 \mathrm{~kg} 36987 \approx 16 \mathrm{u}$
(4) 8


Pumpkin seeds
(1) $1 \mathrm{~kg} 36986 \geqslant 16 \mathrm{u}$
(2) $\sqrt{2}$

Mixes


Black sesame
(1) $1 \mathrm{~kg} 36995 \circledast 16 u$
(4) 9


Salad mix
(1) $1 \mathrm{~kg} 36947 \geqslant 16 \mathrm{u}$
(4) 9

## Flours


Raw almond flour
1 kg 37345
10 kg 37346
(s)
(K)


Toasted almond flour
1 1kg 37340 12u

## (4)



Raw almond refined flour
$1 \mathrm{~kg} \quad 37337 \approx 14 \mathrm{u}$
10 kg 37338
(d)

Chestnut dried flour
$\square 800 \mathrm{~g} 38724 \geqslant 14 u$
(4) 9


TPT almond Macaron * $10 \mathrm{~kg} \mathrm{37765}^{*}$
(4)


Raw Marcona almond flour

* 10 kg 37336 (4) $v$


Pistachio flour
(3) $1 \mathrm{~kg} \mathrm{36823} 14 u$


Raw Marcona almond extra fine flour <1
$1 \mathrm{~kg} 37333 \quad 14 \mathrm{u}$
10 kg 37332
(4)

## Caramelized nuts



Caramelized
hazelnuts
600 g $38483 \leqslant{ }^{\text {6u }}$


Caramelized
pecan nuts
600 g 38861 © ${ }^{\text {6u }}$
(4)


Caramelized peanuts $600 \mathrm{~g} 38515 \geqslant 6 u$ v


Caramelized diced almonds
$600 \mathrm{~g} 39481 \geqslant 6 u$

Caramelized
walnut halves
$\$ 1 \mathrm{~kg} \quad 39393$
(3)
Caramelized
walnut halves
$\$ 1 \mathrm{~kg} \quad 39393$
(3)
Caramelized
walnut halves
$\$ 1 \mathrm{~kg} \quad 39393$
(3)
Caramelized
walnut halves
$\$ 1 \mathrm{~kg} \quad 39393$
(3)


Caramelized
Macadamia nuts
$600 \mathrm{~g} 38859 \circledast 6 u$
$\theta$


Caramelized
almond sticks
$600 \mathrm{~g} 38871 \geqslant 6 \mathrm{~F}$
Caramelized
Marcona almonds
$\theta$


$600 \mathrm{~g} 38468 \geqslant 6 u \quad 14 / 16$


## Caramelized nuts



| Caramelized diced |
| :--- |
| hazelnuts |
| $600 \mathrm{~g} \quad 38705 \quad 6 u$ |
| (3) |



Caramelized diced walnuts
$600 \mathrm{~g} 39483 \Downarrow 6 \mathrm{u}$ $\theta$

## Whole caramelized seeds



Caramelized sunflower seeds
$600 \mathrm{~g} 38950 \geqslant 6 u$
$\theta$


Caramelized
Black sesame



Caramelized pumpkin seeds $600 \mathrm{~g} 38949 \circledast 6 u$ $\theta$

## Cantonese-style nuts

## WET PROOF

This Asian caramelization technique for nuts creates an intense, less sweet flavour, is more resistant to moisture and yields a more esthetically appealing result than standard caramelization techniques allow thanks to the glossy, even coating.
Production process: The nuts are steeped in syrup for 24 hours and then fried in vegetable oil. This immediately removes excess sugar, resulting in glossy, moisture-resistant nuts.

## Did you know?

At Sosa Ingredients we are serious about protecting the environment and reducing our impact on the planet, which is why we have stopped using palm oil in our Cantonese-style nuts.


Cantonese almond
$\because 600 \mathrm{~g} 37904 \approx 6 u$

* 10 kg 39272
(4) O


Cantonese italian hazelnut


Cantonese
diced hazeInut
$600 \mathrm{~g} 38021 \$ 64$
(4) 8


Cantonese peanut
$600 \mathrm{~g} 39478 \lessgtr 6 u$ (4) $\sqrt{2}$


Cantonese almond sticks
$600 \mathrm{~g} 38870 \geqslant 6 u$
(6)
Cantonese pecan nut
$500 \mathrm{~g} 37928 \$ 6 u$

* 10 kg 36871
(6) (1)


Cantonese Macadamia nut


* $10 \mathrm{~kg} \mathrm{37492*}$
(3) $\sqrt{2}$


Cantonese
diced almond
$600 \mathrm{~g} 39484 \geqslant 6 u$
(6)



Cantonese diced peanut $600 \mathrm{~g} 39486 \circledast 6 u$ (4) 9

## Cantonese-style whole seeds

## WET PROOF



Cantonese sunflower seeds
$600 \mathrm{~g} 39480 \circledast 6 u$
(4) V


Cantonese pumpkin seeds
(3)
(5) g $38219 ~$

Cantonese sesame
$600 \mathrm{~g} \mathrm{37863}{ }^{\text {cu }}$
(4)



Cantonese black sesame
$600 \mathrm{~g} 39021 \gtrless 6 u$
(4) O


Cantonese cacao nibs
$\quad 500 \mathrm{~g} \quad 39265$ 6u (4)

## Crunchy nut pieces



Toasted diced peanut crocanti
$1 \mathrm{~kg} 36954 \geqslant 16 u$ (4)


Diced almond crocanti


Diced hazelnut crocanti
$1 \mathrm{~kg} 36953 \geqslant 16 u$ (4) 9


Toasted
diced soy crocanti
(1) $1 \mathrm{~kg} 36955 \geqslant 16 u$
(4) 9


## Nut pastes


Raw almond pure paste

| 1 kg | 37521 |
| :--- | :--- |$\quad 6 u$

(4) 8


Bitter almond pure paste
$1 \mathrm{~kg} 37514 \approx 6 u$
(8) 9


Toasted hazelnut pure paste

|  | $1 \mathrm{~kg} \quad 36854$ | ${ }^{2 u}$ |
| :--- | :--- | :--- |
|  | 5 kg | 36862 |
| (a) | $2 u$ |  |
| (K) |  |  |



Toasted unpeeled almond pure paste



Hazelnut granulated pure paste

$$
\begin{aligned}
& 5 \mathrm{~kg} \\
& \text { (3) } \\
& \text { Q }
\end{aligned}
$$



Macadamia nut pure paste

|  | 1 kg | 37524 | $6 u$ |
| :--- | :--- | :--- | :--- |
|  | 5 kg | 37545 | $2 u$ |
| (3) | V |  |  |

## Nut pastes



Caramelized pecan nut pure paste

$$
\begin{aligned}
& 1,2 \mathrm{~kg} \quad 37547 \geqslant 6 u \\
& \text { (4) } \sqrt{6}
\end{aligned}
$$



Imported toasted pine nut pure paste
1 kg 37549 \&u
(9)


Spanish pine nut pure paste
$\because 1 \mathrm{~kg} 37527 \$ 6 u$
(4) 3


Pasta de cacahuete

|  | 1 kg | 37541 |
| :--- | :--- | :--- |${ }_{6 u}$



Pistachio pure paste



Walnut paste


## Seed pastes



Raw unpeeled sesame pure paste
$\because 1 \mathrm{~kg} 37544 \approx 6$ u
(4) 9


Pumpkin seeds
pure paste
$1 \mathrm{~kg} 37551 \$ 6 u$
(4) 1


Pumpkin seeds pure paste $1 \mathrm{~kg} 37543 \circledast 6 u$ (4) 9


Black sesame
pure paste
$1 \mathrm{~kg} 37550 \geqslant 6 u$
(4) O

## Pralinés

## 50\% NON-CARAMELIZED SUGAR


Hazelnut - almond
praliné $50 \%$
1,2 kg $37610 ~ \${ }^{6 u}$
(4)

(a) (1) (6)


Macadamia nut praliné 50\%
$1,2 \mathrm{~kg} 37617 \geqslant 6 u$
(4) 9


Pistachio praliné 50\%
$1,2 \mathrm{~kg} 37621 \geqslant 6 u$
$\theta$


Italian hazelnut praliné 50\%
$1,2 \mathrm{~kg} \mathrm{37609} \overbrace{6 u}$
(3) K


Peanut praliné 50\%

| 1,2 kg | 37612 | \$6u |
| :---: | :---: | :---: |
| 6 kg | 37611 | \$2u |
| V |  |  |



Toasted almond praliné 50\%



Raw almond praliné 50\% $1,2 \mathrm{~kg} 37615 \leqslant 6 u$
(a) $\mathbb{K}$ ©

## Pralinés

À L'ANCIENNE



Caramelized hazelnut praliné à l'ancienne
$1,2 \mathrm{~kg} 37605 \approx 6 u$
$6 \mathrm{~kg} 37606 \quad{ }^{2 u}$
(4)
(K)

## Coffee



Pure natural
Arabica coffee paste
$1,2 \mathrm{~kg} 37540$ 6u
$6 \mathrm{~kg} \quad 37144$
(4)
Dose: $20 \mathrm{~g} / \mathrm{kg}$

## Pralicroc



Pistachio Pralicroc
$1,25 \mathrm{~kg} 36845 \geqslant 6 u$
(4)

## Marzipan


a


Marzipan almond 58
$>1,75 \mathrm{~kg} 36889 \geqslant 4 u$
$\theta$


# SOSA INGREDIENTS' VISION FOR NUTS <br> ALMOND <br> IN ALLITS FORMS 



CARAMELIZED
CANTONESE NUTS
Caramelized nuts offer an intense flavour with a subtler hint of sweetness. The caramelization technique used also means the products stand up better to humidity.

RAW NUTS
These top quality nuts guarantee you an intense flavour!


# SOSA INGREDIENTS' VISION FOR NUTS 

PISTACHIO<br>IN ALL ITS FORMS



RAW NUTS


Add an intense pistachio flavour. Ideal for macarons, genoese cakes, mousses, fillings, creams and decorative toppings.

## FLAVOUR

Perfect for adding a pistachio flavour to a wide range of recipes using only a small quantity. Our flavourings work as well in your cocktails as they do in your sorbets, creams and fillings, heightening the essence of every last one of them.


PISTACHIO
CARAMELIZED CANTONESE NUTS Caramelized the traditional way using sugar and honey, these nuts have a powerful toasted flavour as well as a very pleasant undertone of sweetness.


Praliné paste with all the intense flavour of the Pistachio.

## NUTS FLOUR

We carefully select our raw nuts so that we can offer you top quality products that come with an intense flavour guaranteed. This pistachio flour is Ideal for macarons.


# Vanilla Bourbon Madagascar 

PLANIFOLIA



Black Madagascar
Bourbon vanilla
gourmet type
pod

$250 \mathrm{~g} \quad 39071$
(4) 8


Bourbon Madagascar vanilla
gourmet type
pod


E 250 g 39070
(\%) 8

## Vanilla Tahitensis



Tahitensis Tahiti Vanilla gourmet type
pod
. 250 g 39074

(a)

## Vanilla



| Vanillin |
| :--- |
| crystallized |
| 500 g $39067 \quad$ \&u |
| (4) |


Vanilla seeds
seed
$700 \mathrm{~g} 39072 \geqslant{ }^{6 u}$
(d)

## Spices



Sichuan pepper

$$
\begin{aligned}
& 100 \mathrm{~g} 38937 \geqslant 6 u \\
& \text { (4) }
\end{aligned}
$$



Madagascar vanilla natural extract
gourmet type
extract + seeds
natural aroma
$1,4 \mathrm{~kg} \quad 37235$
(a)

Dose: $20-40 \mathrm{~g} / \mathrm{kg}$


## 5

## Confits



To preserve the intense natural flavour of the fruit, we use a low-pressure cold preservation technique (at $45^{\circ} \mathrm{C}$ or $115^{\circ} \mathrm{F}$ ) when making our confits. This technological process allows us to guarantee top-quality products with the right amount of sugar, and maintain the organoleptic qualities of the fruit to enhance its flavour.

## Concentrated Jams

These jams, made using the Cold Confit technique - concentrating the maximum amount of fruit at low temperature and low pressure, with minimal added sugar - preserve the flavour of the fruit to the greatest possible degree.


Lemon marmalade
1,5 kg $37457 \leqslant 4 u$


Raspberry jam


Passion fruit jam
$1,5 \mathrm{~kg} 37460 \geqslant 4 \mathrm{u}$
(4)
preservatives free
$108 \%$ fruit


Bitter orange marmalade
1,5 kg $37441 \leqslant 4 u$
0
presenvaives free
73\% fruta $39 \%$ sugar


Wild fruits jam
$1,5 \mathrm{~kg} 37446 \leqslant 4 u$
(1) 0
preservatives free $71 \%$ fruit $28 \%$ sugar


Fig jam

$133 \%$ fruit $\quad 16 \%$ sugar


## Gelée



## Copeaux 50 ©8



Orange copeaux
Cold Confit
$1,25 \mathrm{~kg} 37786 \leqslant 4 u$
(4)
preservatives free
$86 \%$ fruit $20 \%$ sugar


Lemon copeaux
Cold Confit
— $1,25 \mathrm{~kg} 37785 \leftrightarrow 4 u$
0
presenvatives free
$85 \%$ fruit $23 \%$ sugar

## Fruit \& Sauce cold confit



Mandarin peel
5x5 mm
$1,5 \mathrm{~kg} 37243$ \& 4


## $55 \%$ fruit pieces



Lemon peel cubes $5 \times 5 \mathrm{~mm}$



Pear cubes
$1 \times 1 \mathrm{~cm}$
$1,5 \mathrm{~kg} 36847 \geqslant 4 u$
(4) 8

74\% fruit pieces


Yuzu peel $7 \times 7$ mm $1,5 \mathrm{~kg} \quad 37281$ \& 4
(4) 9

## $55 \%$ fruit pieces



Peach pieces
$1 \times 1$ cm

$60 \%$ fruit pieces


## Apple cubes

$1 \times 1 \mathrm{~cm}$
$1,5 \mathrm{~kg} \quad 37244 \geqslant 4 u$
( $\%$
$60 \%$ fruit pieces


Tatin apple cubes $1 \times 1 \mathrm{~cm}$ $1,3 \mathrm{~kg} 37724$ 4u (8) 9 87\% fruit pieces


Amarena cherry
$1.5 \times 1.5 \mathrm{~cm}$
$1,5 \mathrm{~kg} 37239 \geqslant 4 \mathrm{u}$
(4) 3

55\% fruit pieces


Whole blueberry
5x5 mm
$1,5 \mathrm{~kg} 37238 \geqslant 4 u$
(8) 9

55\% fruit pieces


Whole strawberry
$1.5 \times 1.5 \mathrm{~cm}$
$1,5 \mathrm{~kg} 37240 \geqslant 4 u$
(8) 9
$60 \%$ fruit pieces


Raspberry $1.5 \times 1.5 \mathrm{~cm}$
$1,5 \mathrm{~kg} 37237 \$ 4 u$
(8) 9

66\% fruit pieces


Whole wild berries
$5 \times 5 \mathrm{~mm}$
$1,5 \mathrm{~kg} 37241 \geqslant 4 u$
(4)

50\% fruit pieces

## Fruit confit $70^{\circ}$ BR

## SWEET ORANGE



Orange strips
Cold Confit
$33,5 \mathrm { kg } 3 7 4 8 7 \approx 2 u \longdiv { 8 0 \times 6 \mathrm { mm } }$
(4) $\sqrt{2}$

## preservatives free



Orange cubes $8 \times 8 \mathrm{~mm}$
Cold Confit
$3,5 \mathrm{~kg} 37482 \leqslant 2 u$
-
preservatives free


| Orange peel paste |
| :--- |
| Cold Confit |
| $3,5 \mathrm{~kg} \quad 39763 \quad \$ 2 u$ |

0
preservatives free


Orange slices
Cold Confit
$33,5 \mathrm{~kg} 37486 \leqslant 2 u$
(0)
preservatives free

## YUZU



Yuzu peel paste
Cold Confit
$1,5 \mathrm{~kg} 37801 \leqslant 44$
(4) 8


| Whole yuzu |
| :--- |
| Cold Confit |
|  |
| $1,6 \mathrm{~kg} 36824 \quad{ }^{4 u}$ |
| (d) | preservatives free

## Fruit confit $70^{\circ}$ BR



## CHESTNUT



Rotame di marroni
Cold Confit
Marron Antic Confit
antic confit
$1,7 \mathrm{~kg} 37437 \leqslant 4 u$
(4) 8

## Fruit in Liquor <br> 

Cherries in kirsch
$15^{\circ}$
$2 \mathrm{~L} 37844 \geqslant 8 \mathrm{Bu}$
(8)

## Confit

## GINGER



Candied
ginger stripes



Dried
ginger slices
$2 \mathrm{~kg} 37382 \$ 4 u$
(4) 9
preservatives free


Candied ginger pieces 2-5 mm
$1,4 \mathrm{~kg} 37387 \leqslant 4 u$
(0)

[^0]
## Crystallized Flowers


Whole violet crystal
$\because 400 \mathrm{~g} 39083 \leqslant 6 u$
(4) $\sqrt{ }$


Rose petal crystal
$300 \mathrm{~g} \quad 38933 \quad 6 \mathrm{u}$
$1,5 \mathrm{~kg} \quad 37576 \quad 2 u$
(4)
(3)





# SOSA INGREDIENTS' VISION FOR FRUIT 

RASPBERRY<br>IN ALLITS FORMS




We have carefully designed our premium concentrated pastes to help you make your best creations. The result is an easy-to-use product that provides flavour and color even when used in small quantities. Perfect for ice creams, creams, mousses, glazes and desserts.

## Natural <br> Concentrated Pastes

ORANGE

(6) 8

Dose $50 \mathrm{~g} / \mathrm{kg}$
natural flavour preservatives free

LIME


LEMON

(2) 0

Dose: $50 \mathrm{~g} / \mathrm{kg}$
natural flavour
preservatives free

YUZU


Dose: $50 \mathrm{~g} / \mathrm{kg}$
natural flavour preservatives free

MANDARIN

(1)

Dose $50 \mathrm{~g} / \mathrm{kg}$
natural flavour preservatives free

PASSION FRUIT

$1,5 \mathrm{~kg} 39383 \leqslant 4 u$
(6) 1

Dose: $50 \mathrm{~g} / \mathrm{kg}$
natural flavour preservatives free

MANGO

(4) V

Dose: $50 \mathrm{~g} / \mathrm{kg}$ natural flavour preservatives free
"DULCE DE LECHE"


Dose: $200-300 \mathrm{~g} / \mathrm{kg}$

WILD BERRIES


Dose: $50 \mathrm{~g} / \mathrm{kg}$
natural flavour preservatives free


GREEN MINT


Dose: $30-50 \mathrm{~g} / \mathrm{kg}$
natural flavour preservatives free


STRAWBERRY


Dose: $50 \mathrm{~g} / \mathrm{kg}$
natural flavour preservatives free

LIQUORICE


Dose: $30-50 \mathrm{~g} / \mathrm{kg}$
preservatives free

## Did you know...?

Sosa Ingredients is particularly attentive to the quality of its ingredients and consumers' health, so it has made natural ingredients one of its main areas of focus. With this in mind, we have developed a range of concentrated pastes using 100\% natural ingredients to limit waste and, most importantly, eliminate preservatives from some of our products.

## Concentrated pastes



Dose: $50-80 \mathrm{~g} / \mathrm{kg}$
natural flavour

PASSION FRUIT


Dose: $50 \mathrm{~g} / \mathrm{kg}$




Dose: $50 \mathrm{~g} / \mathrm{kg}$ natural colouring


Dose: $50 \mathrm{~g} / \mathrm{kg}$


Dose: $50 \mathrm{~g} / \mathrm{kg}$


WILD BERRIES



Dose: $30-50 \mathrm{~g} / \mathrm{kg}$

## Pastas concentradas



CARAMEL


8

Dose: $30-50 \mathrm{~g} / \mathrm{kg}$

Dose: $20-25 \mathrm{~g} / \mathrm{kg}$ natural colouring

"DULCE DE LECHE"

©
Dose: $100 \mathrm{~g} / \mathrm{kg}$


Dose: $80 \mathrm{~g} / \mathrm{kg}$
"DULCE DE LECHE REPOSTERO"


Dose: $q / s$
natural flavour


## Dried\& Soft dried



## Soft dried

```
7 -20\% HUMIDITY
```


(4) 8


Dried white raisin
$2,5 \mathrm{~kg} 37770 \quad 2 u$
(3) O


Dried fig
$2,5 \mathrm{~kg} 37358 \quad 2 u$
(4)
(K)


Dried sultanina grape
$2,5 \mathrm{~kg} 37771 \quad 2 u$
(4) $\mathbf{V}$ K


Dried strawberries
$2,5 \mathrm{~kg} \quad 37276$
(1) $2 u$
(4) 3

## Medium dried

## 1,5-7\% HUMIDITY



Dried Cranberry
$500 \mathrm{~g} 39350 \circledast 6 \mathrm{u}$
(4) O


Dried sultans raisins
$750 \mathrm{~g} 39354 \circledast 6 u$
(7) 10 kg 39352
(4) K

## Dried



Dried sliced coconut
$200 \mathrm{~g} 38551 \geqslant 6 u$ (a)


Grated coconut
$400 \mathrm{~g} \quad 38552 \geqslant 6 \mathrm{u}$
(a) 0



Freeze-drying transforms fruit by sublimating its water content, turning it from a solid to gas without any liquid phase in between. This allows the fruit to retain all its excellent properties. Warming is carefully controlled during the freeze-drying process to preserve the flavours, nutrients and colors of the fruit, opening up endless possibilities for use.

## Freeze-dried

FRUIT


| Orange slices |
| :--- |
| $60 \mathrm{~g} \mathrm{39476} \mathrm{\quad{ }}_{6 u}$ |
| (3) K |



Pineapple triangles
$45 \mathrm{~g} 38127 \geqslant 6 u$
(4) (1)

Lemon slices
$60 \mathrm{~g} 38763 \approx{ }^{6 u}$
(2) K



Apple slices




| Whole blackcurrant |
| :--- |
| $50 \mathrm{~g} \quad 39469 \approx 6 u$ | (4) K



Strawberry slices 5-7 mm
$250 \mathrm{~g} 39468 \leqslant 2 u$
(3) $\mathbb{O}$




| Diced strawberry |  |
| :--- | :---: |
| $60 \mathrm{~g} 38015 \quad{ }^{6 u}$ |  |
| $300 \mathrm{~g} 38012 \quad 2 \mathrm{u}$ |  |
| (9) |  |



| Whole raspberry |
| :--- |
| $75 \mathrm{~g} 38640 \quad{ }_{6 u}$ |
| $375 \mathrm{~g} 38637 \quad{ }_{2 u}$ |

(2) 18

Whole strawberry
60 g 38014
(4)

$\frac{\text { Wild strawberry }}{660 \mathrm{~g} \quad 38016 \quad{ }_{6 u}}$ (4) 9


Whole amarena
$80 \mathrm{~g} 37952 \geqslant 6 u$
(4) O

## Freeze-dried

## OLIVES



## VEGETABLES


Pearl onion
freeze-dried
$=60 \mathrm{~g} \quad 37991 \lessgtr 6 u$
(4) O


Corn
freeze-dried
$120 \mathrm{~g} \quad 39488 \quad{ }^{6 u}$
(3)



Red beet slices
freeze-dried

$$
30 \mathrm{~g} \quad 38140 \$ 6 u
$$

$$
\text { (4) } \mathbb{O}
$$



Marigold petals freeze-dried
7 g 38521 \& $6 u$ (4) V K


Cornuta violet
freeze-dried
F g $39084 \geqslant 6 u$
(3) O


Pink rose petals
freeze-dried
$5 \mathrm{~g} 39491 \circledast 6 u$
(4) O


## Dried Flowers



$\frac{\text { Rose buds }}{6150 \mathrm{~g} 39005 \geqslant{ }^{6 u}}$
(4) K


Blueberry petal

|  | $40 \mathrm{~g} \quad 38923$ | $6 u$ |
| :--- | :--- | :--- |
| 180 g 38926 | $2 u$ |  |
| (3) | K |  |



Dried lavender
$100 \mathrm{~g} 38751 \geqslant$
(4) $\mathrm{O}(\mathrm{K}$


## Crispies

## FRUIT

We make crispy granulated versions of our freeze-dried fruit to give dry preparations a crunchy texture. So we can meet all your needs, we have also developed a range of "wetproof" crispies for moist preparations. They are coated with cocoa butter to preserve all their excellent properties while lending your products texture and originality.


Lime crispy 2-10 mm
$200 \mathrm{~g} 39472 \quad 6 \mathrm{u}$
(3) K


Mango crispy 2-10 mm
250 g 37880 6u
(4) O K


Mango-passion fruit crispy 2-10 mm
$250 \mathrm{~g} 38782 \leqslant 6 u$
(3) O


Fig crispy $2-5 \mathrm{~mm}$
$300 \mathrm{~g} \quad 38725$
(4) 1


Apricot crispy 1-4 mm
$250 \mathrm{~g} 40770 \lessgtr 6 \mathrm{u}$
$\theta$


Banana crispy 0-10 mm

| 250 g | 38957 |
| :--- | :--- |${ }^{2 u}$

(4) K

## Crispies

## FRUIT




Blackcurrant crispy 2-10 mm
F $200 \mathrm{~g} 38531 \geqslant 6 u$
(4) O K


Raspberry crispy 2-10 mm
$300 \mathrm{~g} 38631 \geqslant 6 u$
$1,5 \mathrm{~kg} 37264 \quad 2 u$
(4) V K


Raspberry crispy 5-8 mm
$250 \mathrm{~g} 37879 \$ 6 u$
$1,2 \mathrm{~kg} 48012 \geqslant 2 u$ (4) V K


Pineapple crispy 2-10 mm $200 \mathrm{~g} 38943 \$ 6 \mathrm{bu}$ (a) (1) (2)


Passion fruit 2-10 mm


DAIRY PRODUCTS

$\frac{\text { Yocrispy }}{\text { crispy }}$
crispy

(4) V KD

## COFFEE



Freeze-dried espresso coffee crispy
$\because 250 \mathrm{~g} 38516 \leqslant 6 u$
(2) $\sqrt{2}$


Cappuccino
crispy


## Crispies






## Wet Proof Crispies



Wet proof crispy
Passion Fruit
$400 \mathrm{~g} 38878 \leqslant 6 u$
(2) ©


Wet proof Yocrispy
$400 \mathrm{~g} 37926 \$ 6 u$


Wet proof crispy Strawberry
$400 \mathrm{~g} 37921 \geqslant 6 u$
VKM


Wet proof crispy
Raspberry
$400 \mathrm{~g} 38632 \geqslant 6 u$
$2,3 \mathrm{~kg} 37266 \geqslant 2 \mathrm{u}$
(4) (K)

## 56

## SOSA TIPS

These intensely flavoured, crunchy fruit bites add texture and a sparkling touch to your desserts and other chocolate creations. The fruit's coating protects it from moisture and lends texture and originality to decorations and desserts including meringues and mousses.

99


Wet proof crispy
Mango
$400 \mathrm{~g} 38778 \geqslant 6 u$
(4)


Wet proof crispy
Pomegranate
$400 \mathrm{~g} 38698 \geqslant 6 u$
(8) 0

## Peta crispy



Neutral
Peta Crispy

| 700 g | 39496 | $6 u$ |
| :--- | :--- | :--- |
| 15 kg | 37574 |  |
|  | K |  |



Chocolate Peta Crispy

- $900 \mathrm{~g} 38913 \geqslant 6 \mathrm{u}$
(1)



## Peta crispy



Milk chocolate peta crispy


| Yopop (yogurt white <br> chocolate peta crispy) |
| :--- |
| $900 \mathrm{~g} \quad 39093$ |



Strawberry white
chocolate peta crispy
$900 \mathrm{~g} 38915 \geqslant 6 \mathrm{~b}$
$\theta$


Sparkling sugar
Neutral peta crispy powder


Raspberry white | chocolate peta crispy |  |  |
| :--- | :--- | :--- |
|  | 900 g | 38914 |

OKD


Dark chocolate 51\%


Lime white chocolate


Peta crispy chocolate-copper $900 \mathrm{~g} 37924 \geqslant 6 u$ $\theta$


The Taste Colour concept was developed to flavour preparations to which it can be difficult to add liquids, such as creams, ganaches and meringues. Thanks to Taste Colour, you can prepare your creations without losing any flavour. Our goal is to help you perfect the color and flavour of your recipes.

## Powdered Extracts

FRUIT


Blackcurrant
freeze-dried in powder
$700 \mathrm{~g} 38720 \$ 6 \mathrm{u}$ (8) 9


Raspberry
freeze-dried in powder
$300 \mathrm{~g} 37855 \lessgtr 6 u$
10 kg 36826
(4) V K

macaron $20 \mathrm{~g} / \mathrm{kg}+6 \mathrm{~g} / \mathrm{kg}$
red beet food colour

biscuitsponge cake $100 \mathrm{~g} / \mathrm{kg}$

royal icing $150 \mathrm{~g} / \mathrm{kg}$

cocoa butter $100 \mathrm{~g} / \mathrm{kg}$


Cherry
freeze-dried in powder
$700 \mathrm{~g} 38536 \geqslant 6 u$
(4) 9


Wild fruits
freeze-dried in powder
$700 \mathrm{~g} 38665 \geqslant 6 u$
(4) O


Blackberry
in powder
$650 \mathrm{~g} 38827 \geqslant 64$
(4) 9


## Strawberry

freeze-dried in powder
$=250 \mathrm{~g} 38650 \leqslant 6 \mathrm{bu}$
\& $8 \mathrm{~kg} \mathrm{39373*}$
(4) V K

croissant $100 \mathrm{~g} / \mathrm{kg}$

jelly $70 \mathrm{~g} / \mathrm{kg}$

couverture $200 \mathrm{~g} / \mathrm{kg}$
$+100 \mathrm{~g} / \mathrm{kg}$ cocoa butter $($ conching:
3 h

macaron $20 \mathrm{~g} / \mathrm{kg}+10 \mathrm{~g} / \mathrm{kg}$ aron $20 \mathrm{~g} / \mathrm{kg}+10$
red food colour

cocoa butter $100 \mathrm{~g} / \mathrm{kg}$


Strawberry
scales-pipettes
$500 \mathrm{~g} 38648 \geqslant 6 u$
(4) 9


## Powdered Extracts

FRUIT


jelly $80 \mathrm{~g} / \mathrm{kg}$

custard $75 \mathrm{~g} / \mathrm{kg}$

meringue $200 \mathrm{~g} / \mathrm{kg}+4 \mathrm{~g} / \mathrm{kg}$ yellow food colour

couverture $300 \mathrm{~g} / \mathrm{kg}$
$+70 \mathrm{~g} / \mathrm{kg}$ cocoa butter O conching: $1,5 \mathrm{~h}$

jelly $70 \mathrm{~g} / \mathrm{kg}$

custard $150 \mathrm{~g} / \mathrm{kg}$
 $+70 \mathrm{~g} / \mathrm{kg}$ cocoa butter
(1) conching: 1 h

pasta $180 \mathrm{~g} / \mathrm{kg}$

## Powdered Extracts

FRUIT


## Powdered Extracts

FRUIT

sponge cake $200 \mathrm{~g} / \mathrm{kg}$

royal icing $270 \mathrm{~g} / \mathrm{kg}$

macaron $20 \mathrm{~g} / \mathrm{kg}+6 \mathrm{~g} / \mathrm{kg}$ yellow food colour

cocoa butter $100 \mathrm{~g} / \mathrm{kg}$


## Powdered Extracts



Spinach powder


White asparagus natural extract in powder $=400 \mathrm{~g} 38606 \geqslant 6 \mathrm{u}$ (3) O

Dose: 0,2-2\% in soups, sauces and elaborations



Corn
natural extract in powder - 700 g 38611

* $6 u$ (6) (1) (K)



$$
\text { (a) } V(K)
$$



Pumpkin
extract in powder
F $400 \mathrm{~g} 38610 \geqslant 6 \mathrm{u}$ (4) 8

## Powdered Extracts

## VEGETABLES



## Carrot

natural extract in powder $500 \mathrm{~g} 38618 \geqslant 6 \mathrm{u}$ (4) O K


Roasted peppers
natural extract in powder $\because 600 \mathrm{~g} 38617 \geqslant 6 \mathrm{u}$ (4) O

croissant $40 \mathrm{~g} / \mathrm{kg}$

royal icing $240 \mathrm{~g} / \mathrm{kg}$


croissant $30 \mathrm{~g} / \mathrm{kg}$

jelly $80 \mathrm{~g} / \mathrm{kg}$

custard $75 \mathrm{~g} / \mathrm{kg}$

meringue $120 \mathrm{~g} / \mathrm{kg}$

couverture $200 \mathrm{~g} / \mathrm{kg}$ $+100 \mathrm{~g} / \mathrm{kg}$ cocoa butter
0 conching: $1,5 \mathrm{~h}$

pasta $180 \mathrm{~g} / \mathrm{kg}$



## Tomato

freeze-dried in powder 600 g 37865 6u (4) ©

## Powdered Extracts

## VEGETABLES


croissant $30 \mathrm{~g} / \mathrm{kg}$

custard $150 \mathrm{~g} / \mathrm{kg}$


Black garlic
freeze-dried in powder
E 250 g 38456 6u
(8) 9
-

ROOTS


Black olive flour
freeze-dried in powder
— $150 \mathrm{~g} 38025 \$ 6 \mathrm{bu}$
(4) 9




Organic ginger powder

* 10 kg 37383
(6) 9


Liquorice natural extract in powder
$400 \mathrm{~g} 38615 \$ 6 \mathrm{u}$
(8) $V$


Porcini (boletus edulis)
freeze-dried powder
$\because 100 \mathrm{~g} 37992 \leftrightarrow 6 u$
(0)

## Powdered Extracts

## HERBS AND FLOWERS



Red fruits-hibiscus natural extract in powder $500 \mathrm{~g} 38612 \$ 6 \mathrm{u}$ (3) 9

SPICES


Cinnamon
powder
$400 \mathrm{~g} 38522 \geqslant 6 u$
(8) 8


Gingerbread mix powder (Pain d'épices) $400 \mathrm{~g} 38440 \geqslant 6 u$ (4) 8


| Green mint |
| :--- |
| natural extract in powder |
| $500 \mathrm{~g} \quad 38614 \quad{ }^{6 u}$ |
| (3) |



| Sumac |
| :--- |
| $250 \mathrm{~g} 39036 \approx 12 \mathrm{u}$ |

(4) 9



Basil
freeze-dried in powder
$60 \mathrm{~g} 38458 \geqslant 6 \mathrm{~b}$
(4) 9

Madras curry
$220 \mathrm{~g} 40924 \circledast 6 u$

Origin: Tamil Nadu


Dose: $5-10 \mathrm{~g} / \mathrm{kg}$

## Powdered Extracts

JAPAN


## Tea



origin: Japan

origin: Japan


## Powdered Extracts

## CHEESE AND DAIRY PRODUCTS



Milk 26 \% fat
natural powder
500 g 38211 6u

* 15 kg 36968
(8) 18

Dose: 15\% powder/85\% water


## Powdered Extracts

CHEESE AND DAIRY PRODUCTS


$$
\text { Dose: } 50 \mathrm{~g} / \mathrm{kg}
$$



Freeze-dried Mascarpone
natural powder
$=300 \mathrm{~g} 39465 \geqslant 6 \mathrm{u}$

* 10 kg 36887
(K) D


Italian cheese type
aroma powder
$500 \mathrm{~g} 38989 \geqslant 6 \mathrm{u}$


Dose: 2-20 g/kg


Yopols acid free natural powder
٪ $2,5 \mathrm{~kg} 37795 \geqslant 6 u$


Dose: $50 \mathrm{~g} / \mathrm{kg}$


Blue cheese type
aroma powder
$500 \mathrm{~g} 38990 \geqslant 6 \mathrm{u}$ $\theta$

Dose: $10-30 \mathrm{~g} / \mathrm{kg}$


Cheddar type cheese aroma powder
$500 \mathrm{~g} 38991 \geqslant 6 u$ $\theta$

Dose: $10-30 \mathrm{~g} / \mathrm{kg}$


Dose: $0,3-0,2 \mathrm{~g} / \mathrm{kg}$


Vegetables umami powder (4) $250 \mathrm{~g} 39066 \geqslant 6 u$


Poultry umami


Dose: 0,3-1 g/kg

Dose: $0,3-1 \mathrm{~g} / \mathrm{kg}$


## Powdered Extracts

## WINE AND VINEGAR



Cabernet type wine

> (6) $200 \mathrm{~g} 39081 \geqslant 6 u$
> (1)

SWEETS


Dulce de leche
powder


SMOKE


[^1]

Apple vinegar
(3) $200 \mathrm{~g} 39466 \leqslant{ }^{6 u}$
(4)

SMOKY NOTES


## Smoked sweet

red pepper

- $250 \mathrm{~g} 38935 \circledast 6 u$
(4) O


Beech smoke
aroma powder
$500 \mathrm{~g} 38478 \$ 6 \mathrm{u}$
(1) (K)


Balsamic vinegar


Smoked spicy
red pepper
E $250 \mathrm{~g} 38939 \leqslant 6 u$
(4) 9

Grilled
natural aroma powder (4) $400 \mathrm{~g} 38479 \leqslant 6 u$
(4)

## Flavouring



Our flavourings blend perfectly with every product, revealing its best flavour and releasing intense aromatic notes. They work well in everything from cocktails to sorbets, creams and fillings, enhancing the essence of each one.

## Water-soluble

natural flavourings
Natural flavourings in a glycerin base. Glycerin is an emulsifier that helps flavourings to work in both aqueous and fat-based mixtures of up to $95 \%$ oil. Ideal in ganaches, sauces, mousses, ice creams and more.

## FLOWERS


$\frac{\text { Lemon grass }}{\text { natural flavouring }}$
50 g 38368
()


Floral scent violet type natural flavouring - 50 g 38348


NUTS


Glacial mint natural flavouring

50 g 38369 $1 \mathrm{~kg} 37051^{*}$
$\theta$

$\frac{\text { Bitter almond }}{\text { natural flavouring }}$
50 g 38242
©

$\frac{\text { Roasted hazelnut }}{\text { natural flavouring }}$ natural flavourin

1 kg 37000

Natural flavouring dose:
$0,2 \mathrm{~g} / \mathrm{kg} .0,2 \mathrm{~g}=$ approx. 6 drops*

Number of drops, taking as a benchmark the average density of the whole product range. In general, natural flavourings have higher density.

## FLORAL WATERS



## SPICES



Cinnamon
natural flavouring
( 50 g 38322


Saffron
natural flavouring
50 g 38357
(1)


Tonka bean
natural flavouring
50 g 38358
1 kg 37047

V
According to EU recommendations do not exceed recommended dose $0.2 \mathrm{~g} / \mathrm{kg}$
Not for sale in the USA


## WATER-SOLUBLE NATURAL FLAVOURINGS



Lemon peel natural flavouring

50 g 38278
1 kg 37015


Bergamot natural flavouring

50 g 38289
1 kg 37020
© (K)



Golden apple natural flavouring 1 kg 37006 $\theta$


$\frac{\text { Yuzu }}{\text { natural flavouring }}$
(50 g 38294 1 kg 37797
$\theta$


Pear natural flavouring 50 g 38264



Sweet orange natural flavouring 50 g 38281 1 kg 37016 $\theta$


Cherry natural flavouring

50 g 38351
1 kg 37045


Natural flavouring dose:
$0,2 \mathrm{~g} / \mathrm{kg} .0,2 \mathrm{~g}=$ approx. 6 drops*

Number of drops, taking as a benchmark the average density of the whole product range. In general, natural flavourings have higher density.


Fig
natural flavouring
50 g 38296
1 kg 38295*
$\theta$

ROOTS

Ginger natural flavouring natural flavouring
50 g 38417
$1 \mathrm{~kg} 37072^{*}$
$\theta$


V


Mandarin natural flavouring

50 g 38282
$\theta$


Pineapple
natural flavouring
50 g 38947
$\theta$


## Water-soluble flavourings

Flavourings in a glycerin base. Glycerin is an emulsifier that helps flavourings to work in both aqueous and fat-based mixtures of up to $95 \%$ oil. Ideal in ganaches, sauces, mousse, ice creams and more.

NUTS


Chestnut flavouring

50 g 38291
$\theta$

FRUITS


Passion fruit
flavouring
50 g 38262
1 kg 37007


FLOWERS


Amarena
flavouring
50 g 38267
1 kg 37009


## MUSHROOMS AND YEAST



MEAT


Iberian ham
flavouring
1 kg 37042
Q


White truffle
flavouring
50 g 38410
1 kg 37068


FICTION


SMOKE


Cotton candy flavouring 50 g 38316 0

COFFEE


SWEETS


Caramel
flavouring
50 g 38245

Natural flavouring dose:
$2 \mathrm{~g} / \mathrm{kg} .2 \mathrm{~g}=$ aprox. 70 drops $^{*}$

* Number of drops, taking as a benchmark the average density of the whole product range. In general, natural flavourings have higher density.


## Fat-soluble natural flavourings

Oil-based natural flavourings or pure flavourings for use in oil-based preparations, couverture chocolates or pralines.

## FRUITS



Sweet orange
Fat-soluble natural flavouring
50 g 38843
©

MUSHROOMS


White truffle

## Fat-soluble natural flavouring

50 g 38378

Natural flavouring dose:
$0,2 \mathrm{~g} / \mathrm{kg} \cdot 0,2 \mathrm{~g}=$ approx. 6 drops*

* Number of drops, taking as a benchmark the average density of the whole product range. In general, natural flavourings have higher density.


## Colouring



LEGEND

# Natural colouring in powder 



SPONGE CAKE


Beetroot red
powder
$300 \mathrm{~g} \mathrm{3} 3630 \quad 3 \mathrm{~K} \quad 37262 \quad 3 \mathrm{~kg}$
(3) K


Natural colour extracted from fruit and vegetable juice, submitted to a concentration, evaporation and filtration process. They are considered ingredients; not additives and they do not have a dosage limit.



$16 \mathrm{~g} / \mathrm{kg}$

$40 \mathrm{~g} / \mathrm{kg}$

$60 \mathrm{~g} / \mathrm{kg}$

$5 \mathrm{~g} / \mathrm{kg}+5 \mathrm{~g} / \mathrm{kg}$ acid

$15 \mathrm{~g} / \mathrm{kg}+5 \mathrm{~g} / \mathrm{kg}$ acid

$30 \mathrm{~g} / \mathrm{kg}+5 \mathrm{~g} / \mathrm{kg}$ acid

$100 \mathrm{~g} / \mathrm{kg}$

$30 \mathrm{~g} / \mathrm{kg}$

$40 \mathrm{~g} / \mathrm{kg}$

$50 \mathrm{~g} / \mathrm{kg}$

$20 \mathrm{~g} / \mathrm{kg}$

$30 \mathrm{~g} / \mathrm{kg}$

$50 \mathrm{~g} / \mathrm{kg}$

$35 \mathrm{~g} / \mathrm{kg}$

$50 \mathrm{~g} / \mathrm{kg}$

$20 \mathrm{~g} / \mathrm{kg}$

$35 \mathrm{~g} / \mathrm{kg}$

$25 \mathrm{~g} / \mathrm{kg}$

$10 \mathrm{~g} / \mathrm{kg}$



# Natural colouring in powder 

SPONGE CAKE

$20 \mathrm{~g} / \mathrm{kg}$

$20 \mathrm{~g} / \mathrm{kg}$


ROYAL
ICING
COUVERTURE

$10 \mathrm{~g} / \mathrm{kg}$


# Natural water-soluble colouring in powder 



## Black

natural powder
= 20 g 37883

- 200 g 39266
(4)



## Violet <br> natural powder <br> 50 g 38563 <br> (4) $V$



Pale brown
natural powder
60 g 38561
600 g 38555
(d)


## Burgundy red

 natural powder - 50 g 37849 (4) 9

## Cherry red

natural powder

- 40 g 38578
(4) 9


Natural origin colourings produced from food by selective extraction, in some cases through organic solvents. They are considered additives and they are used in specific doses according to legislation.

ROYAL ICING
JELLY


# Natural water-soluble colouring in powder 



## Pink

natural powder
e 70 g 38580
(4) 9


Hibiscus red natural powder = 50 g 38560
(4) 9


## Beetroot

natural powder
= 60 g 38577
(4) 9

Lemon yellow
natural powder

- 60 g 38557
(8) 9




# Natural water-soluble colouring in powder 



## Skin orange

natural powder
= 70 g 38569
$\theta$


Mint green
natural powder
50 g 38582
500 g 38583
(1)

Olive green
natural powder
= 70 g 38584


## White

natural powder 30 g 38558 (2) $\mathbb{O}$



ROYAL ICING


ICE CREAM


## Water-soluble colouring



Caramelina
(3) $1,5 \mathrm{~kg} 37154$
Carameline is used as a colouring
and also gives a strong caramel
and al
taste.

## Natural liquid fat-soluble colouring



## Natural liquid fat-soluble colouring




Colourings produced with salts from mineral source or by chemical synthesis. It is needed a low concertation to provide the desired colour, they have a long-time stability and they are also stable in different environments. They are considered additives and they are used in specific doses according to legislation.

$$
\begin{array}{llll}
\text { ROYAL ICING } & \text { JELLY } & \text { ICE CREAM } & \text { CUSTARD }
\end{array}
$$



## SYNTHETIC WATER-SOLUBLE

Colouring
IN POWDER



# SYNTHETIC FAT-SOLUBLE 

 © TOB B B B BIN POWDER (LAC)

COUVERTURE
COCOA BUTTER


Orange
= 30 g 39450
= 200 g 39456
©


$\frac{\text { Burgundy }}{\text { powder }}$


METALLIC

## Colouring



Dose: $\leq 500 \mathrm{mg} / \mathrm{kg}$


Rojo
powder
= 30 g 39431
v
Dose: $\leq 500 \mathrm{mg} / \mathrm{kg}$



## Tempuras


Wheat tempura
$500 \mathrm{~g} \quad 39044 \geqslant 6 u$

Properties: Mix of flours and leavening agent.<br>Elaborations: The crispiest products.



Protempura


Properties: Wheat fiber and flour. Elaborations: Crunchier batters.


Orient tempura
$\square 500 \mathrm{~g} 38867 \circledast 6 u$
(4) $\sqrt{2}$

Properties: Wheat and corn flour
and yeast.


Frito andaluz
$500 \mathrm{~g} 38660 \geqslant 6 u$

## ©

Properties: Flour mixture. Chickpea flour base.<br>Elaborations: Andalusian-style batters, ideal for fish and squid.



Chickpea flour

$$
500 \mathrm{~g} \quad 38723 \text { 6u }
$$



Properties: Chickpea flour. Elaborations: -

Dose:
20-30 \% of the flour's weight (maximum 40\%


[^2]

## Air bag



Pork air bag

flour

| $600 \mathrm{~g} \quad 38451$ | $6 u$ |
| :--- | :--- |
| $3 \mathrm{~kg} \quad 37087$ |  |

(4)


Wheat air bag grainy
$750 \mathrm{~g} 38453 \geqslant 6 \mathrm{u}$ $\theta$


Potato air bag$650 \mathrm{~g} \quad 38450$ 1 $6 u$ $\theta$


Pork air bag

## grainy


Potato air bag
grainy
$\quad 750 \mathrm{~g} \quad 38449 \quad{ }_{6 u}$

Free air bag

Dose:

## powder

$200 \mathrm{~g} / \mathrm{L}$
(3)

Properties: A mixture of rice starch and kudzu. Becomes crispy when mixed with any liquid, dried and fried.
Use: Mix cold and bring to a boil, stirring vigorously. Roll out to 1-3mm or shape and leave to dry for 12 hours at $120^{\circ} \mathrm{F}\left(50^{\circ} \mathrm{C}\right)$. Deep fry at $430^{\circ} \mathrm{F}\left(220^{\circ} \mathrm{C}\right)$ for 5 seconds.
Observations: Avoid mixing with fatty liquids or liquids with high sugar percentages.

## Fry glue


Fry glue

| $500 \mathrm{~g} \quad 38667 \quad 6 u$ |
| :--- | :--- | :--- |
| c) |

Dose: $300 \mathrm{~g} / \mathrm{kg}$

Properties: Mixture of starch and texturing agents to replace egg in the batter. It has a sealing effect so, once fried, the filling does not leak out. Use: Mix cold, stirring vigorously.

Leave to stand for 5 minutes before use.
Application: Use to coat products before battering.
Observations: White powder.
Elaborations: Croquettes and other batters which might have a liquid filling.

## Rice air bag



Puffed Rice

|  | 200 g | 38481 |
| :--- | :--- | :--- |
| 800 g | 38482 | $6 u$ |
| $2 u$ |  |  |
| (4) |  |  |



## Panko•Bread for Frying

WHEAT PANKO

CORN PANKO


Panko flakes

| 200 g | 38875 |
| :--- | :--- |
| 1 kg | 39337 |
| 5 kg | 37506 |






## Technical Sugars



## LEGEND

# Technical sugars and sweeteners 



Icing sugar powder SP 96\%

```
750 g 38489 6u
25 kg 34354
```

(4) 10

Sucrose and cornstarch. For decorating pastries and desserts.


Anti-humidity
icing sugar

## powder



Sucrose, anti-caking agent and antioxidant. Resistant to changes in humidity. For decorating pastries and desserts.


Palatinose powder
Solids 95\% / AFP 100\% / SP 33\%

## $900 \mathrm{~g} 38869 \rightarrow 6 u$ <br> 

$100 \%$ isomaltulose, derived from sucrose. Substitute sweetener for sucrose. Generally used in energy drinks and as a bulking agent.


Lactose powder
Solids 100\% / AFP 100\% / SP 16\%
$750 \mathrm{~g} 38750 \circledast 6 \mathrm{u}$
(c) $\sqrt{N}$
$100 \%$ lactose. Used in ice cream as a substitute for sucrose to reduce sweetness without altering the anti-crystallizing power. For candies, caramelized preparations and toffee without the sweetness.


Fructose powder
Solids 100\% / AFP 190\% / SP 144\%

## 1 kg 37279 6u <br> (a) (징․

100\% fructose, derived from high fructose corn syrup.
A common sweetener for use in low-sugar confectionery and sports nutrition.


Maltodextrin
Solids 95\% / AFP 23\% / SP 15\%

|  | 500 g | 38771 |
| :--- | :--- | :--- |
| 10 kg | 39282 |  |
| 25 kg | 34352 |  |
| (4) | (K) |  |

[^3]| ANALYTICAL TABLE OF SUGARS |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: |
|  | Solids | AFP | SP | BRIX |
| SUGARS |  |  |  |  |
| Sugar (sucrose) | 100\% | 100\% | 100\% | x |
| Dextrose | 92\% | 172\% | 74\% | x |
| Glucose powder DE 33 | 94\% | 56\% | 24\% | x |
| Fructose | 100\% | 190\% | 144\% | x |
| Lactose | 100\% | 100\% | 16\% | x |
| Isomalt | 95\% | 99\% | 50\% | x |
| Trehalose | 95\% | 100\% | 45\% | x |
| Palatinose | 95\% | 100\% | $33 \%$ | x |
| Maltodextrin | 95\% | 23\% | 15\% | x |
| POLYOLS |  |  |  |  |
| Sorbitol | 100\% | 190\% | 60\% | x |
| Maltitol | 100\% | 99\% | 80\% | x |
| Mannitol | 100\% | 188\% | 60\% | x |
| Lactitol | 95\% | 99\% | 30\% | x |
| Erythritol (fresh) | 100\% | 280\% | 70\% | x |
| Xylitol | 98\% | 224\% | 100\% | x |
| LIOUID SUGARS |  |  |  |  |
| Liquid glucose DE 40 | 80\% | 76\% | 45\% | 77,4\% |
| Liquid glucose DE 60 | 82\% | 114\% | 67,5\% | 82\% |
| Invert sugar | 70\% | 190\% | 125\% | 72\% |
| Cremsucre | 72\% | 190\% | 110\% | 80\% |
| Honey | 80\% | 190\% | 130\% | 78\% |
| Liquid sorbitol | 70\% | 133\% | 42\% | 67\% |
| Sugar fruit | ND | ND | 125\% | 80\% |



Isomalt powder
Solids 95\% / AFP 99\% / SP 50\%

| 900 g | 39463 |
| :--- | :--- |
| $4,5 \mathrm{~kg}$ | 37377 |
| 20 kg | 37376 |

## (1)

$100 \%$ isomalt derived from sucrose. Can be used as a 1:1 substitute for standard sugar without any effect on the end product's physical properties. It adds half as much sweetness as sucrose. Stable at high temperatures without browning ( $300^{\circ} \mathrm{F}$ or $150^{\circ} \mathrm{C}$. Candies and pastries.


Glucose powder 33 DE
Solids 94\% / AFP 56\% / SP 24\%

| 500 g | 39464 |
| :--- | :--- |
| 3 kg | 37311 | | $6 u$ |
| :--- |
| $2 u$ |

(3) K (Na)

Dehydrated glucose syrup. Prevents recrystallization of sugar in candies and gummies. Provides elasticity and maintains softness in sweet preparations such as pastries, ganaches and truffles.
ganaches and truffes.
75 g of glucose powder replaces 100 g of liquid glucose.


Dextrose powder
Solids 92\% / AFP 172\% / SP 74\%

| $650 \mathrm{~g} \quad 39462$ | $6 u$ |
| :--- | :--- | :--- |
| 3 kg | 37225 |
| 25 kg | 34361 |

$100 \%$ dextrose. For making candies and ice cream.


Fondant sugar powder
Solids 100\% / SP 90\%

## $500 \mathrm{~g} \quad 38486$ <br> (1) $6 u$

## $\theta$ (N)

Ready-to-use product for fine decorations and spreading over pastries. It contains only vegetable proteins, is bright white, very elastic and perfect for very refined decorations, thanks to its selected ingredients. Add 1 kg of fondant powder to 140 g of cold water and mix in a mixer at maximum speed for 2 minutes, then decorate using a pastry bag or a spatula.


Trehalose powder
Solids 95\% / AFP 100\% / SP 45\%

## $700 \mathrm{~g} 39054 \quad 6 u$ <br> 20 kg 37767 <br> (3) K (1)

$100 \%$ trehalose derived from tapioca starch. Bulking agent. Protects and prevents membrane and protein desiccation during freezing. Forms a protective barrier against moisture, for example in yogurts containing cookies.


Stevia powder

## SP 30000\%

$40 \mathrm{~g} \quad 39396$ $4 u$

Steviol glycosides, natural flavouring. Ca-lorie-free sweetener used as a substitute for sucrose.

## Liquid and paste technical sugars



Liquid glucose 60 DE
Solids 82\% / AFP 114\% / SP 67,5\% $82^{\circ}$ Brix

| $1,5 \mathrm{~kg}$ | 37309 |
| :--- | :--- |
| 7 kg | 39284 |

(3) O

Liquid glucose syrup. Suitable for pastry and ice cream preparations with high alcohol content. Improves the conservation of ganaches. Substitute part or all of the sugar or glucose in the recipe.


Cremsucre paste
Solids 72\% / AFP 190\% / SP 110\% $80^{\circ}$ Brix


Invert sugar with a creamy texture, made with a combination of fructose, dextrose and sucrose. A good moistening agent, keeps pastries, creams and ganaches soft. High anti-freezing power that increases AFP in ice cream and ice cream products.
Optimum sucrose substitution percentages for each application:
for each application:
Bread and pastry rolls $25-30 \%$ / Sponges Bread and pastry rolls 25-30\% / Sponges
and cake mixtures 15-20\% / Caramels and and cake mixtures 15-20\% / Caramels and
toffees $5-10 \%$ / Ice creams and sorbets toffees 5-10\% / Ice creams and sorbets
$30-50 \%$ / Turrons (as a total or partial substi-$30-50 \%$ / Turrons (as a total or partial substi-
tute for honey) / Marzipan 15-20\% / Truffles and creams 10-15\%


Liquid glucose 40 DE
Solids 80\% / AFP 76\% / SP 45\% 77, $4^{\circ}$ Brix

(1) (ㅈ)(․)

Glucose syrup derived from starch. Prevents recrystallization of sugar in candies and gummies. Provides elasticity and maintains softness in sweet preparations such as pastries, ganaches and truffles.


Fondant sugar paste
Solids 86\% / SP 90\% / $90^{\circ}$ Brix
(4) 1 kg 49241 9u

Solid white mixture with a paste texture. Mainly used to glaze pastry and bakery products (puff pastry, cookies, etc.). Can also be used as an ingredient when a non-granular used as an ingredient when a non-granular
compound is required. Can be used in your compound is required. Can be used in your
chosen quantities. The product can be heachosen quantities. The product can be hea-
ted to approx. $105^{\circ} \mathrm{F}\left(40^{\circ} \mathrm{C}\right)$ in a bain-marie or ted to approx. $105^{\circ} \mathrm{F}\left(40^{\circ} \mathrm{C}\right)$ in a bain-marie or in the microwave for greater fluidity. Recom
mended for creams to be used as fillings.

## Liquid and paste technical sugars



Liquid inverted sugar
Solids 70\% / AFP 190\% / SP 125\% $72^{\circ}$ Brix


Fructose and glucose. Moistening agent, keeps pastries softer by replacing 10-15\% of the sucrose with invert sugar. Retains moisture in ganaches and truffles. Anti-freezing agent for ice cream.


Liquid sorbitol
Solids 70\% / AFP 133\% / SP 42\% $67^{\circ}$ Brix

| $1,3 \mathrm{~kg}$ | 37714 |
| :--- | :--- |
| 6 kg | 39283 |

$\sqrt{\mathrm{K}}$
Minimum 50\% sorbitol. Produced from glucose. Dietary food sweetener. Anti-crystaIlizing. Moistening agent. Makes emulsions more durable and increases the longevity of fats in ganaches, truffles or giandujas.


Liquid sugar fruit
Solids 80\% / AFP 190\% / SP 95\% $80^{\circ}$ Brix
$7 \mathrm{~kg} \quad 39279$


Fruit sugars. 100\% Sweetener. Maximum flavour retention.


## Polyols



Maltitol powder
Solids 100\% / AFP 99\% / SP 80\%

- 750 g 38770 (3) | $6 u$ |
| :--- |
| 15 kg |
| 37417 |


## (1) 스랑

100\% maltitol, derived from maltose from starch. Substitute for sucrose in a $1: 1$ ratio and shares the same technical properties except for browning temperature (much higher in the case of maltitol).


Xylitol
Solids 98\% / AFP 224\% / SP 100\%

## 750 g 39088 6u

## (4) $V$

Sweetener extracted mainly from the sap of the birch tree that provides a fresh sensation on contact with taste buds. Widely used in beverages, chewing gum and sugar-free candies for its refreshing and antibacterial properties.
Enhances the flavour of preparations containing fruit.
Advantages: fresh taste, same sweetness as sugar, high anti-crystalizing power (AFP), low in carbohydrates, antibacterial. Applications: gummies, chewing gum and candies, soft drinks, confectionery products in general, chocolates, ice creams and sorbets, jams and fruit sauces.


Granulated sorbitol
Solids 100\% / AFP 190\% / SP 60\%

| 750 g | 39029 |
| :--- | :--- |
| $3,5 \mathrm{~kg} \quad 37713$ |  | | $6 u$ |
| :--- |
| $2 u$ |

## (3) K N

$100 \%$ sorbitol, derived from glucose. Dietary food sweetener. Anti-crystallizing. Moiste ning agent. Makes emulsions more durable and increases the longevity of fats in ganac hes, truffles or giandujas. Does not brown when heated.
calorie sweetener. Liquefies at $355^{\circ} \mathrm{F}\left(180^{\circ} \mathrm{C}\right)$


Mannitol powder
Solids 100\% / AFP 188\% / SP 60\%
500 g 38783 (3u
3 kg
37429
$2 u$

## (A)사랑

100\% mannitol, derived from glucose. Low and caramelizes very quickly forming opaque, very tough caramel with little tendency to retain moisture retarm moisture.


Fresh powder
Solids 100\% / AFP 280\% / SP 70\%

## 750 g 38655 <br> $6 u$

## (3) 미(․)

100\% Erythritol, derived from cellulose and other vegetable products. Sweetener with a refreshing effect, widely used in the chewing gum industry for its capacity to increase salivation and diminish bacterial growth.


Lactitol powder
Solids 95\% / AFP 99\% / SP 30\%

$$
1 \mathrm{~kg} 37391 \circledast 6 u
$$

## , ®D (:)

Confectionery. Bulking agent. Sweetener in low calorie products. Chocolates. Texture preservative. Anti-freezing food agent.

## Bulking fibers



Properties: $\quad$ Solids $95 \%$ / AFP 5\% / SP 0\%. The inulin with the best texturizing properties. Very high purity developed to improve the texture of various foods by providing a creamy mouthfeel. Neutral flavour.
Use: Agitate vigorously in a liquid, heat to $120-160^{\circ} \mathrm{F}\left(50-70^{\circ} \mathrm{C}\right)$ for better dispersion. Once incorporated into the liquid, mature the mixture at $40^{\circ} \mathrm{F}\left(5^{\circ} \mathrm{C}\right)$ for 2 hours so it is completely hydrated. It can then be frozen without losing its properties. Good texturizing properties, giving a creamy feel to liquids. Can be used in high quantities in crémeux designed for cutting. Good solubility at $140^{\circ} \mathrm{F}\left(60^{\circ} \mathrm{C}\right)$. At $160^{\circ} \mathrm{F}\left(70^{\circ} \mathrm{C}\right)$ and above, it starts to decompose and loses its texturizing properties. Use between 120 and $160^{\circ} \mathrm{F}$ ( 35 and $40^{\circ} \mathrm{C}$ ). Prevents syneresis during defrosting.
Elaborations: Fat-free creams and crémeux. Reduction or substitution of fat in mousses, baked doughs, ice creams, creams and other general recipes.


## Fibres




Properties: Solids 95\% / AFP 6\% / SP 10\%. A native inulin useable in a wide range of food products as a partial substitute for fats and sugars and to provide fiber. Slightly sweet flavour.
Use: Add to a hot or cold liquid. Once incorporated into the liquid, mature the mixture at $40^{\circ} \mathrm{F}\left(5^{\circ} \mathrm{C}\right)$ for 2 hours so it is completely hydrated. It can then be frozen without losing its properties.
Observations: Medium texturizing capacity, giving liquids and other preparations a creamy mouthfeel. Good cold solubility, so it can be added to preparations such as meringues or whipped doughs without prior hydration.
Elaborations: Fat-free creams and crémeux. Reduction or substitution of fat in mousses, baked doughs, ice creams, creams and other general recipes.


## Polydextrose

100\% polydextrose, extracted from glucose
using sorbitol and acid

$3,5 \mathrm{~kg} 37595$ $2 u$

$\begin{aligned} \text { Properties: } & \begin{array}{l}\text { Solids } 95 \% / \text { AFP } 100 \% \text { / SP } 10 \% \text {. Non-viscous soluble fiber. An additive with } \\ \text { thickening, stabilizing, moistening and bulking properties. Water-soluble, neutral } \\ \text { in taste and stable at extreme temperatures and pH. }\end{array} \\ \text { Use: } & \text { Add to a cold or hot preparation, no previous hydration required. } \\ \text { Observations: } & \begin{array}{l}\text { Very good cold solubility. Moderate texturizing properties. }\end{array} \\ \text { Elaborations: } & \begin{array}{l}\text { Widely used in beverages and low-calorie foods. It adds body, volume and } \\ \text { palatability to foods and beverages, reducing the sugar and fat content and } \\ \text { the caloric content without affecting the organoleptic quality. }\end{array}\end{aligned}$

## Fibres



[^4]| FIBERS FOR USE AS <br> FAT AND SUGAR SUBSTITUTES |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: |
|  | Solids | AFP | SP | Fat substitute | Sugar substitute |
| Inulin Hot | 95\% | 5\% | 0\% | O | - |
| Inulin Cold | 95\% | 6\% | 10\% | O | - |
| Polydextrose | 95\% | 100\% | 10\% | - | O |
| Oligofruct | 97\% | 45\% | 50\% | - | - |

$$
\frac{1}{4}
$$

## Textures

## Texturizing agents modify textures without adding any <br> flavour or color, but retaining the characteristics of ingredients as much as possible.



SOSA TIPS

## Did you know...?

Some ingredients - carrageenans, for example - have been used as gelling agents since time immemorial in Atlantic regions such as Ireland, while agar-agar has been used as a gelling agent in Japan since the 17 th century.


The word "texturizing" is a gastronomic neologism that describes an ancient gastronomic phenomenon, namely changing the textures or consistencies of foods to create a particular way of eating them.

Strictly speaking, this neologism refers to new ingredients and applications adopted by the gastronomy and confectionery trades in recent years.

It is fair to say that, throughout the long history of cooking, the textures of primary ingredients have been continually developed, with examples including bread, puff pastry, pasta, sauces, creams, mousse, and so on. All culinary creations offer distinctive textures that also have an impact on flavour.

Texturizing ingredients are not actually all that new - some, in fact, are very old - but they have traditionally been little used in gastronomy.

Thanks to technological advances and an effort to "translate" them into gastronomic language, these ingredients have been slowly making their way into the industry because of the solutions they offer.

Avant-garde cuisine has accelerated this process thanks to its creative drive and the desire to discover new techniques and textures. Despite this, however, we must not lose sight of an essential fact:
ingredients themselves, whether new or old, can be used in any type of cooking and pastry-making.

They fulfill different technical roles, including gelling, aerating, thickening, emulsifying and stabilizing, while also creating endless ways of eating food.

All these new texturizing agents share the following basic criteria, which is why they have been adopted by modern gastronomy:

- Flavour neutrality: to enhance and preserve flavours as much as possible
- Texture performance: to achieve maximum performance using minimal quantities
Mixtures of texturizing agents have also been developed whose interactions have helped to:
- Make texturizing agents easier to use
- Improve their functionality
- Apply them in specific ways



## Texturizing Agents by Classification

## EMULSIFIERS <br> \& AERATORS

Natur Emul
Wax Concept
Glicemul
Emulsifying paste
Glycerin
Sucro Emul
Milk protein concentrate
Soy Lecithin
Liquid lecithin
Proespuma Cold
Proespuma Hot
Bubble

## RAISING

\& EFFERVESCENT AGENTS
Baking Powder Std
Fizz Powder
WHIPPING PROTEINS141

## Albuwhip

Potatowhip
Sojawhip
Prosoufflé
THICKENERS
Pure xanthan gum
Clear xanthan gum
Gelespessa
CMC
Ultratex 3
Glutinous rice starch
Gelcrem Hot
Gelcrem Cold
Universal Gelcrem
Gum arabic
Carob gum
Tara gum
Guar gum
Kudzu
Psyllium
Tragacanth gum
Konjac gum
GELLING AGENTS
Plant-based gelling agents
Vegetable gelling agent
Vegan Mousse Gelatine
Freeze veggie gel
Elastic
Agar Agar
Pure agar-agar
Kappa
Pro-pannacotta (Iota)
Gellan gum
Metilgel
Gelbinder
Pectins
Jaune pectin
Rapid Set pectin
Medium Rapid Set pectin
Nappage X58 pectin
Fruit NH Pectin
Acid-free pectin
Low Sugar pectin 325 NH 95 pectin
Spherifiers
Alginat
Gluconolactat
Clorur
pH Kit
EVOO caviar spheres
Liquid gelatins
Apple gelatin
Cold neutral gelatin
Animal-origin gelatins
Silver 180 gelatin sheets
Gold 230 gelatin sheets
Hot gelatine powder
Beef gelatin
Instangel
Instangel Fast

## STABILIZERS <br> 168

Ice Creams \& Sorbets
Procrema 5 Neutral Hot
Procrema 5 Bio Hot
Procrema 15 Cold/Hot Natur
Procrema 100 Hot
Procrema 100 cold
Prosorbet 100 Cold / Hot Natur
Neutral liquid ice cream mix
Prosorbet 5 Neutral Hot
Prosorbet 5 Cold/Hot Natur (French)
Prosorbet 5 Cold / Hot Natur
Prosorbet 100 Cold Natur
Prosorbet 100 Cold
For mousses
Promousse
PRESERVATIVES ..... 173
Potassium sorbate granules
BULKING AGENTS ..... 174
MaltosecMaltodextrin
ACIDULANTS, ANTIOXIDANTS \& ACIDITY REGULATORS ..... 175
Citric acid
Ascorbic acid
Tartaric acid
Antioxidant powder
Cream of tartar
ENZYMES ..... 177
Enzymatic Fruit Peeler
PRODUCTS FOR REHYDRATION ..... 177
Tapioca
TECHNICAL FATS ..... 178
Deodorized coconut fat
NON-FOOD \& OTHER PRODUCTS .. 178Drying agentsFree mold180
Living Salt by Ángel León

## Emulsifiers \& Aerators

An emulsion is a fusion of fatty and aqueous molecules of varying stability.
It involves dispersing a "phase", broken down into small drops, in another, non-miscible "phase" to create a homogeneous mixture.
An emulsion is unstable by nature, and over time the two phases separate. This is what happens, for example, when a stirred mixture of oil and water is left to stand.
To prevent this separation from occurring, we need to add an emulsifier whose molecules are part-soluble in water and part-soluble in oil, so it works at the boundary between the two phases to keep them bonded for longer.
The emulsion technique is very important in gastronomy. It is used in everything from sauces to mousses, creams, ice creams, sponge cakes and ganaches.
There is now a very wide range of "new" emulsifiers which, thanks to their increased efficiency and neutrality, allow us to achieve one of modern cuisine's obsessions: purity of flavour.
They also open up the possibility of new applications, such as foams and texturizing fats.


Properties: Emulsifiers.
Use: Mix into one of the two phases (water or fat), then combine with the other phase, mixing continuously until the emulsion is correct.
Application: Emulsions in general, hot and cold. Works with a high pH range.
Observations: Dispersible in fats or aqueous liquids. Helps to reduce fat content such as egg yolk in different sweet or savory preparations. Prevents syneresis during freezing.
Elaborations: Egg-free mayonnaises, creams, ganaches, cake mixes (sponge cakes in general), fermented doughs (bread and derivatives), ice creams and beverages.


Dose:
$0,5-3 \mathrm{~g} / 100 \mathrm{~g}$

Properties: Emulsifier, fat texturizer and coating agent.
Use: Dissolve in fat at $150^{\circ} \mathrm{F}\left(65^{\circ} \mathrm{C}\right)$.
Observations: Cream-colored drops.


SOSA TIPS
Did you know...?
Egg yolk (actually egg lecithin) has traditionally been used as an emulsifier in Western countries. In Asian cultures, it is also common to use soy. However, many foods also have this property, such as fermented preparations or mustard.

## Emulsifiers \& Aerators



## Glicemul

Dose:
Emulsifier derived from fats
$\because 400 \mathrm{~g} 39497 \geqslant 6 u$
© K
Properties: Emulsifier, fat texturizer and coating agent.
Use: It dissolves hot $\left(140^{\circ} \mathrm{F}\right.$ or $60^{\circ} \mathrm{C}$ and above) and takes effect cold.
Application: It should always be applied to a fat-based medium. Fat-soluble.
Observations: Heat-reversible. Presentation as flakes.
Elaborations: Texturized oils / Nut butters.


Emulsifying paste
Dose:
A mixture of Glicemul and Sucro Emul in an aqueous base
$1 \mathrm{~kg} 38601 \lessgtr 6 u$

Properties: Highly stable emulsions.
Use: Use cold, add directly to preparations.
Application: Any type of liquid preparation containing fat.
Observations: Ivory-white color, slightly sweet flavour and neutral aroma.
Elaborations: Emulsified vinaigrettes / Egg-free fruit or vegetable mayonnaises.
A thickener can be added for consistency (e.g. xanthan, guar gum).


| GlycerinVegetable glycerol |  |  |  |  | Dose: <br> 2-3 g/kg emulsifier |
| :---: | :---: | :---: | :---: | :---: | :---: |
|  |  |  |  |  |  |
| 13 kg 37302 |  | SÓLIDOS | AFP | POD | Dose: |
| 37302 |  | 20\% | 342\% | 75\% | $5-10 \mathrm{~g} / \mathrm{kg}$ |
| 6 kg 39421 | $2 u$ |  |  |  | anti-freezing agent |

## (K)

Properties: Emulsifier and anti-freezing agent.
Use: Mix into your choice of preparation.
Application: Ice creams, ganaches, any preparation containing water and fat.


## Sucro Emul

Dose:
$5 \mathrm{~g} / \mathrm{kg}$ maximum
Derived from the esterification of sucrose and fatty acids

| 4 |
| :---: |
| (1) (2) |


(K) (2.0

Properties: Emulsifier and aerator.
Use: Dissolve in the aqueous part of a preparation, then add it to the rest.
Application: Any liquid with a water component.
Observations: Can be used to make hot and alcohol-based foams.
Elaborations: Increase the volume of bread and sponge mixes, stabilize dairy-based mixes/ ice creams/pastry creams/foams.


## Emulsifiers \& Aerators


Milk protein concentrate
powder

Properties: \begin{tabular}{l}
Emulsifiers. <br>
Use:

 

Works very well added to the aqueous part of ganaches and applied using <br>
a blender.
\end{tabular}

Application: | In ganaches using cream, milk or white chocolates, $0.5 \%$ is sufficient. In ganaches |
| :--- |
| where the liquid part is water or alcohol and the chocolate used is dark, ideally use |
| up to 2\% to obtain sufficient protein. |

Observations: \begin{tabular}{l}
Do not boil or heat to high temperatures to avoid denaturation. <br>
Elaborations:

$\quad$

Ganaches. Also mousses, crémeux, etc. Where cream or dairy products are <br>
replaced with water to make an initial emulsion.
\end{tabular}



Soy lecithin
Soy lecithin powder


5-8 g/L

Properties: Emulsifier and aerator. Can also add flavor.
Use: Mix cold and churn to introduce air.
Application: Any type of liquid.
Observations: Can be difficult to use with alcohols and certain infusions.
Elaborations: Foams / Ice creams.


| Liquid lecithin | Dose: |
| :--- | :--- |

Liquid lecithin

| 1 kg | 39422 |
| :--- | :--- | :--- |
| 5 kg | 39420 | | $6 u$ |
| :--- |
| $2 u$ |

## V K

[^5]

| Proespuma Cold | Dose: <br> $50-100 \mathrm{~g} / \mathrm{kg}$ |
| :--- | :--- | :--- |
| Emulsifier and stabilizer for cold foams  <br> $700 \mathrm{~g} ~$ 38976 |  |
| Use: |  |
| Properties: Whipping, foaming and emulsifying effect. |  |
| Application: Any liquid or semi-liquid preparation. |  |
| Elaborations: Cold foams with a siphon. |  |



Proespuma Hot
Dose:
Emulsifier and stabilizer for hot foams
$500 \mathrm{~g} 38973 \approx 6 u$
(K)

Properties: Whipping, foaming and emulsifying effect.
Use: Dissolve hot, stirring vigorously.
Application: Any liquid or semi-liquid preparation.
Observations: Heat to a minimum of $120^{\circ} \mathrm{F}\left(50^{\circ} \mathrm{C}\right)$ and a maximum of $160^{\circ} \mathrm{F}\left(70^{\circ} \mathrm{C}\right)$.
Elaborations: Hot foams with a siphon.

## Emulsifiers \& Aerators



Bubble
Dose:
Powdered preparation based on egg white and xanthan gum
$500 \mathrm{~g} 38513 \geqslant 6 u$
(4) K

Properties: Base for making edible bubbles.
Use: Mix 23 g of preparation with 1 L of liquid and vacuum pack to remove air bubbles. Use the Foam Kit Pro to form the bubbles and let them stabilize for a few minutes before collecting them using a skimmer.
Application: Add an attractive finish to dishes and desserts, for a subtle, elegant flavour. Observations Sosa flavourings can be added.
Elaborations: Honey bubbles, beet bubbles, cocoa bubbles, etc.

## Raising Agents \& Effervescent Agents


Baking powder Std

| Blend of raising agents |
| :--- |
| and corn starch |$\quad$| Dose: |
| :--- |
| $2-12 \mathrm{~g} / \mathrm{kg}$ depending |
| on use |

Properties: $\quad$| Increases dough volume during baking. Improves fluffiness. |
| :--- |
| Use: |

Mix with the flour before mixing with the remaining ingredients.
Application:


## Fizz Powder

Dose:
qS
Mixture of tartaric acid, sugar and bicarbonate

```
700g 38622 6u
```

(1) (K)

Properties: Powder with effervescent effect.
Use: Can be used in powder form or dissolved in liquid.
Application: Can also be applied to chocolate or candies or mixed with other products such as fruits or sorbets.
Observations: Has a flavour with a slightly citric hint, which allows it to be combined with all kinds of flavours and ingredients.

Whipping proteins
Proteins are made up of long chains of amino acids. Depending on the conditions of their medium (temperature, acidity, agitation, etc.), they take on different forms and also generate reactions such as browning at high temperatures (known as the Maillard reaction).
Their dynamic nature enables us to create different textures when making preparations with them.
We offer a variety of protein powders of different origins which fulfill various technical purposes such as whipping, emulsifying, coagulating or aerating.
We also produce protein-based blends adapted to specific applications.


Properties: Moisturizing, emulsifying and coagulating effect. Substitute for fresh or pasteurized egg white.
Use: Mix cold into a fat-free liquid base and disperse by stirring vigorously.
Application: Any type of liquid.
Observations: High air retention capabilities (up to $60 \%$ ) - Coagulates from $135^{\circ} \mathrm{F}\left(57^{\circ} \mathrm{C}\right) .25 \%$ more whipping capacity and 5 times more stable than fresh egg white.
Elaborations: Meringues, sponge cakes, whipped cake mixes, macarons, marshmallows, mousse, soufflés, foams, etc.


## Potatowhip

Potatowhip is a deodorized powdered potato protein


Dose:
1-4\% as an emulsifier and aerating agent. Up to $8 \%$ as a coagulant.

Properties: Foaming and whipping effect. Emulsifying and coagulating capabilities.
Use: Can be used for hot and cold applications.
Observations: Substitute for the whipping capabilities of egg white or albumin. Suitable for vegans and vegetarians.
Elaborations: Meringues, sponge cakes, whipped cake mixes, macarons, marshmallows, mousses, soufflés, foams, etc.

## Whipping proteins



## Sojawhip

Dose:
Hydrolyzed soy vegetable protein, maltodextrin and xanthan gum
$300 \mathrm{~g} \quad 39028$

$6 u$

## (4) K K

Properties: Foaming and whipping effect.
Use: It can be used for hot or cold applications.
Application: Any aqueous liquid regardless of pH .
Observations: Substitute for the whipping capabilities of egg white or albumin.
Suitable for vegans and vegetarians.
Elaborations: Meringues, sponge cakes, whipped cake mixes, macarons, marshmallows, mousses, foams, etc.


## Prosoufflé

Dose:
$100 \mathrm{~g} / \mathrm{kg}$

Powdered preparation based on egg white and xanthan gum
$500 \mathrm{~g} 38984 \geqslant 6 u$
(4) K

Properties: Base for stable soufflés.
Use: Mix cold, blend and whip.
Application: Any type of fat-free, enzyme-free liquid.
Observations: 25 times more stable than egg white.
Elaborations: Stable soufflés.

## Thickeners

Thickening has always been required in cooking, across all cultures, with different ingredients and techniques used in each geographical area.
Thickening ingredients and methods have evolved with cooking and pastry-making, improving the techniques we use to make cereal flours and extract starches, roots and so on.
At Sosa, we have a wide range of thickeners for every need, which increase the stability of preparations and produce different textures without altering flavour, color or aroma.

Pure Xanthan gum
Carbohydrate (bacterial ferme
of corn starch)
$500 \mathrm{~g} 38696 \quad 6 u$
(d)

Dose:
2-5 g/kg
(4) V K

Properties: Thickener, emulsifier and stabilizer.
Use: Dissolve hot or cold. Mix with a blender.
Application: Any type of liquid with a water content higher than $80 \%$.
Observations: Resistant to heat and freezing. Heat-reversible.
Elaborations: Sauces / Uncooked coulis / Vinaigrettes / Syrups / Soups.

Clear Xanthan gum $\quad \substack{\text { Dose: } \\ 3 \mathrm{glkg}}$


Gelespessa

## Dose:

A mixture of xanthan gum and maltodextrin (bacterial fermentation of corn starch)


Properties: Thickener, emulsifier and stabilizer.
Use: Dissolve hot or cold. Mix with a blender.
Application: Any type of liquid with a water content higher than $80 \%$. Observations: Resistant to heat and freezing. Heat-reversible and easy to dissolve. Elaborations: Sauces / Uncooked coulis / Vinaigrettes / Preparations requiring suspended ingredients / Thickened soups.

## Thickeners



| CMC |  |
| :--- | :--- |
| Carboxymethyl cellulose |  |
| Properties: | Thickening agent, anti-caking agent, hardener. |
| Use: | Add to product while cold and incorporate vigorously. |
| Application: | Any liquid, sugar paste, marzipan. |
| Observations: | White powder. Always mix with the solids in a recipe to avoid lumps when in contact <br> with liquids. If making icing from sugar paste, knead welll, leave in an airtight <br> container and leave to rest for 24 hours. |
| Elaborations: | Hardener for fondant, frosting and marzipan for easier modeling and drying / <br> Improves the elasticity of bread doughs Creates a food glue when mixed with liquid, <br> suitable for cake decorations, or as a protective agent to cover fruits / Stabilizer for <br> ready-to-bake products. |


Ultratex 3
Modified tapioca starch
$400 \mathrm{~g} \quad 39062 \quad{ }^{6 u}$
K

Properties: Hot and cold thickener.
Use: As a texturizing agent and cold thickener.
Application: Add to the liquid and stir in vigorously.
Observations: The mix can also be dried to make thin crispy sheets.
Elaborations: All kinds of sauces, purées, toppings and pastries.


## Glutinous rice starch

Dose:
$q / s$

Glutinous rice starch
$500 \mathrm{~g} 38469 \geqslant 6 u$
(4) 9

Properties: Hot thickener.
Use: As a hot texturizing agent and thickener. Elastic textures.
Application: Add to the liquid, stir in vigorously and bring to a boil.
Elaborations: Ideal for creams, purées and sauces.


Gelcrem Hot
Dose:
High-pressure treated refined corn starch


Properties: A freezable hot thickener.
Use: Mix cold and cook until it comes to a boil.
Application: Any type of liquid or semi-liquid preparation.
Observations: Resistant to high temperatures and stable during baking. Withstands freezing.
Elaborations: Cooked creams such as pastry creams / hot creams / bechamel sauce.


Gelcrem Cold
Dose:

Modified potato starch


## (1) (1)

| Properties: | Thickener that provides a creamy texture (like pastry cream) when cold. |
| ---: | :--- |
| Use: | Mix vigorously, hot or cold. |
| Application: | Corn starch substitute. Applicable with all types of liquids. |
| Observations: | Viscosity remains stable during baking. Stable in acidic mixtures. |
| Optimal applications: | Uncooked pastry creams and similar / cold creams. |
| Other elaborations: | Thickened soups. | Other elaborations: Thickened soups.


Universal Gelcrem

| Modified corn starch |  | Dose: <br> $30-40 \mathrm{~g} / \mathrm{kg}$ |
| :--- | :--- | :--- |
| 350 g 38675 | $6 u$ |  |
| (4) © |  |  |

Properties: Hot and cold thickener that provides a creamy texture.
Use: Mix vigorously, hot or cold.
Application: Very easy - add directly to preparations.
Observations: Resistant to baking, in creams and jams (3-4\%).

## Thickeners



Properties: Thickener and stabilizer that can produce very viscous solutions in aqueous bases without masking flavour.
Use: Mix hot or cold in aqueous liquids, stirring vigorously.
Observations: It thickens and stabilizes liquids with a high percentage of fat. It is the most acid-resistant substance of this type.
Elaborations: Stabilizer and thickener in soft drinks, soups, sauces, creams and ice creams.
It is also used as a stabilizer in baked goods, cookies, special breads, jams and vegetable preserves, whipped cream or whipping cream.


[^6]
## Dose:

0,2-1\%


## Guar gum

Galactomannan extracted from the seed of the guar plant
$750 \mathrm{~g} \quad 38689$
 $6 u$

## Benefits

- Natural. $\checkmark$
- Impressive thickening and stabilizing properties. $\checkmark$
- Can be used hot or cold. $\checkmark$
- Helps to reduce syneresis in frozen products. $V$
- Helps to thicken liquids with a high fat content. $\downarrow$


## (3) (1)

Properties It produces highly viscous and stable solutions when added to aqueous liquids or emulsions.
Use: Mix hot or cold in aqueous liquids, stirring vigorously.
Observations: Thickens and stabilizes liquids with a high percentage of fat. The texture is not affected by salts. It is able to hydrate in cold water, although higher temperatures aid hydration.
Elaborations: Stabilizer in sauces, creams, foams, mousses and ice creams, in products that must undergo high temperature sterilization treatments and in other dairy products.


## Kudzu

Root of a climbing plant, Pueraria lobata
$400 \mathrm{~g} 38977 \geqslant 6 u$
Dose:
$0,5-1 \%$ for thickening sauces
and $2 \%$ for gelling

## Benefits

- Natural. $\checkmark$
- A unique, highly glutinous texture. $\checkmark$
- A glossy and transparent thickener. $\checkmark$
- Capable of forming a heat-reversible gel. $\checkmark$
(4) $\sqrt{ }$

Properties: Strong thickening power that gives a very translucent, glossy gel texture. In large quantities, it is capable of forming heat-reversible gels with a very glutinous and elastic texture.
Use: Dissolve in a cold liquid and boil for approx. 3 minutes. Acquires a denser texture as it cools.
Observations: Good substitute for cornstarch, can be used with all types of liquids.
Elaborations: Sauces, purées, soups, flour and starch substitutes. Heat-reversible gels.


## Espesantes


Tragacanth gum

| Polysaccharide obtained from the stems |
| :--- | :--- |
| of various Astragalus plant species |

Properties:
Use:

Dose:
$40 \mathrm{~g} / \mathrm{kg}$
Polysaccharide obtained from the stems of various Astragalus plant species
$700 \mathrm{~g} 38693 \leqslant 6 u$

## (*)

Properties: Resistant to acidic mixes.
Use: Mix the powder with still water until a thick dough is obtained.
Application: To make sugar paste flowers, knead 10 g of tragacanth gum with 250 g of fondant for easier modeling. Leave to stand overnight in an airtight container. The fondant hardens when dry.
Observations: The natural substitute for CMC.
Elaborations: Stabilizes sauces, soups, ice creams, dairy products and baked goods, sugar flowers and cake decorations.


## Konjac gum

Extracted from the Asian plant
Amorphophallus konjac
$600 \mathrm{~g} 38691 \circledast 6 u$
$\theta$

Properties: Thickener, stabilizer, gelling agent. High water absorption capacity.
Use: Dissolve cold. Or dissolve cold and heat to $175^{\circ} \mathrm{F}\left(80^{\circ} \mathrm{C}\right)$. In both cases, stir vigorously. If possible, mix with the solid ingredients to avoid lumps.
Application:
Any liquid.
Observations: White-beige powder. Can produce synergies with various additives. Synergizes with sucrose and sweet products. It improves when combined with lime.
Elaborations: Konjac + Kappa (heat-reversible elastic gel) / Konjac + xanthan (very elastic gel) / Konjac + starch (increased viscosity that stays intact when both cold and hot) / Heat-reversible gelatins with the ability to adhere to themselves / Cold jams / Heat-reversible sauces and gels.

## Gelling agents

Gelling agents are a group of texturing agents used to produce jellies (or gels, in the strict sense of the word).
These are products that can absorb water thanks to their structure, generating a three-dimensional network that converts the liquid into a solid or semi-solid.
The key differences between gelling agents are as follows:

- Origin: animal or vegetable
- Texture: soft, hard, creamy, brittle, elastic, etc.
- Temperature: activation, gelling and melting point temperatures

There are also notable differences in their ability to withstand freezing, although this also depends on the soluble solids content of the formula.
Sosa's gelling agents range from pure gelling agents to gelling mixtures formulated for ease of incorporation or for specific uses.

## Plant-based gelling agents

Dose:

$5 \%$


## Vegetable gelling agent

Mezcla de gelificante de origen vegetal extraído de algas rojas y goma garrofín

- 500 g 38678

10 kg 37300
(K)

Properties: Gelificación rápida, termo-reversible entre $60-70^{\circ} \mathrm{C}$. Textura firme y elástica.
Use: Mezclar con líquido en frío y calentar hasta ebullición sin dejar de remover. La gelificación se obtiene cuando la mezcla se enfría a entre $60-70^{\circ} \mathrm{C}$.
Observations: La gelatina que forma es muy elástica, firme y de fácil manipulación. No presenta adherencia en las superficies donde se extiende. Es un gelificante que mejora su capacidad con líquidos que contengan calcio.
Elaborations: Gelificados elásticos para aplicaciones dulces o saladas, que se les puede dar forma de velos o "falsa pasta" como tagliatelle, spaghetti, macarron, etc. Sin necesidad de usar harina.


# Plant-based gelling agents 



## Vegan mousse gelatine

Agar agar and tapioca starch Plant-based
$500 \mathrm{~g} 37857 \$ 6 u$
(K)


Dose:
1,5 a 2,5 \%

## Benefits

- A vegan gelling agent. $\checkmark$
- Gels with a wide range of pH levels ( 3.5 to 7 ). $\downarrow$
- A low gelling temperature. $\checkmark$
- Freezes without any risk of syneresis. $\checkmark$
- Makes a robust gelatine that slices cleanly. A pleasant mouthfeel. $\checkmark$

Properties: A gelling agent specifically formulated for gelling vegan mousses. A low gelling temperature of $90-105^{\circ} \mathrm{F}\left(32-40^{\circ} \mathrm{C}\right)$. Withstands freezing.
Use: Add the powder to the cream base of the cold mousse. Mix and heat to $195-210^{\circ} \mathrm{F}$ $\left(90-100^{\circ} \mathrm{C}\right)$, stirring constantly. Allow to cool to $120-140^{\circ} \mathrm{F}\left(50-60^{\circ} \mathrm{C}\right)$ and fold into the aerating part of the recipe. Pour into molds or your chosen container and cool. Can be frozen without producing syneresis.
Observations: Gels all types of mousse with a wide pH range. It is a hydrocolloid product so it should always be applied to the aqueous part of the recipe. It is advisable to use a meringue made with plant-based protein as the aerated part of the mousse, to allow you to work at high temperatures and have enough time to fully incorporate the aerated part and divide between your chosen containers before gelling occurs.
Elaborations: Jellifies vegan fruit, citrus, chocolate, nut and spiced mousses.


## Freeze veggie gel

A combined gelling agent, thickener and sweetener. Plant-based

| (100g 38842 |
| :---: |
|  |  |

Dose:
$100 \mathrm{~g} / \mathrm{L}$

## Benefits

- Gels with a wide range of pH levels ( 3.5 to 7 ). $\checkmark$
- Gelling with a wide range of soluble solid contents $\left(10-70^{\circ} \mathrm{Bx}\right)$. $\checkmark$
- Instant gelling. High gelling temperature
( $105-120^{\circ}$ F or $40-50^{\circ} \mathrm{C}$ ). $V$
- Forms a resistant, elastic gel. A pleasant mouthfeel.
- Freezes without any risk of syneresis. $\downarrow$

Properties: A fast-gelling gelatin, slightly sweet, transparent; withstands freezing.
Use: Add the powder to the cold liquid and stir vigorously. Heat the mixture to $210^{\circ} \mathrm{F}$ $\left(100^{\circ} \mathrm{C}\right)$, stirring constantly. Gelling occurs when the temperature of the lliquid drops to $105-120^{\circ} \mathrm{F}\left(40-50^{\circ} \mathrm{C}\right)$, depending on the composition of the liquid.
Observations: A high calcium content increases the gelling agent's reactivity. Gels alcohols and acidic liquids. It is a hydrocolloid product and therefore does not react in fatty mixtures.
Elaborations: Coating solids, liquids or creamy textures. Production of sweet or savory glazes and jellies. Jellied products for filling mousses, pastries or for cooking in general.


| Elastic | Dose: <br> $25-50 \mathrm{~g} / \mathrm{kg}$ |
| :--- | :--- |
| A mixture of locust bean gum and carrageenan  <br> 550 g 38599 $6 u$ <br> K)  |  |

Properties: A highly elastic gelling agent.
Use: Combine the powder and the remaining solids with the liquid and heat the mixture.
Application: Any liquid preparation.
Observations: Withstands freezing.
Elaborations: Elastic gelatins.


Properties: Slow gelling, heat-reversible at $160-175^{\circ} \mathrm{F}\left(70-80^{\circ} \mathrm{C}\right)$. Firm, brittle and transparent texture.
Use: Mix with a cold liquid and bring to a boil while stirring. The mixture jellifies when cooled to less than $104^{\circ} \mathrm{F}\left(40^{\circ} \mathrm{C}\right)$.
Observations: Its differentiating characteristic is that it gels at approximately $105^{\circ} \mathrm{F}\left(40^{\circ} \mathrm{C}\right)$. Once gelled, it resists temperatures of up to $160-175^{\circ} \mathrm{F}\left(70-80^{\circ} \mathrm{C}\right)$. As a result, you do not have to heat all the liquid for gelling, keeping the flavour fresh. This also allows other elements to be introduced into the formula before complete jellification.
Elaborations: Hot and cold gelatins. Solid caviar, aspics, gratable gelatins.


Pure agar-agar
Carbohydrate. A type of seaweed.

(4) © K

Has all the same characteristics as agar-agar.

## SOSA TIPS

Did you know...?
Collagen (or animal protein) extracted from fish or other sources such as pork or beef has traditionally been used in Western kitchens and pastry shops to gel ingredients. However, in Atlantic cultures, carrageenans extracted from seaweed have been used, while Japan, for instance, has used agar-agar as a gelling agent since the 17 th century.

## Gelificantes vegetales


Kappa
Carrageenan
600 g 38690


Properties: Rapid gelling, heat-reversible at $140-160^{\circ} \mathrm{F}\left(60-70^{\circ} \mathrm{C}\right)$. Soft, elastic texture.
Use: Mix with a cold liquid and bring to a boil while stirring. The mixture jellifies when cooled to between $140-150^{\circ} \mathrm{F}\left(60-70^{\circ} \mathrm{C}\right)$.
Observations: The gelatin it forms becomes fluid when shaken and then resumes its original gelatin form. A gelling agent that improves its capacity with calcium-containing fluids.
Elaborations: Flan-type desserts, panna cotta, egg-free puddings. Drinkable gelatins. Royales.


Metilgel
Methyl cellulose, derived from
plant cellulose
$300 \mathrm{~g} 38818 \quad 6 u$
K

| Dose (hot): | Dose (cold): |
| :--- | :--- |
| $15 \mathrm{~g} / \mathrm{kg}$ foam effect | $20 \mathrm{~g} / \mathrm{kg}$ thickener |
| Dose (hot): | Dose (caliente): |
| $30 \mathrm{~g} / \mathrm{kg}$ bound products | $20 \mathrm{~g} / \mathrm{kg}$ gelling agent |

Properties: Hot gel.
Use: Hydrate cold, leave to stand until the mixture reaches $40^{\circ} \mathrm{F}\left(4^{\circ} \mathrm{C}\right)$ and apply heat.
Application: Any liquid or semi-liquid mixture.
Observations: Withstands freezing.
Elaborations: Foams / Mousses / Gnocchi / Spaghetti / Bound products.


Gelbinder
A mixture of alginate, calcium and retardant salts


Binding effect, heat-irreversible gelling effect.
Use: For terrines or other bound products, sprinkle Gelbinder on the slightly moistened solids. The water-based liquid should be at least $10 \%$ the weight of the solids to properly hydrate the product and activate its gelling effects. Shape and leave to gel. For heat-reversible gelatins, incorporate the Gelbinder into the liquid and stir vigorously to trigger the gelling process. Pour into your chosen mold and allow to gel. Gelling usually occurs about 20 minutes after the Gelbinder is hydrated. Complete hydration occurs after 24 hours. The hardness of the gelatin may vary depending on the medium and gelling time.
Any food.
Observations: Can offer faster, more solid gelling with high-calcium foods. With foods rich in salt or acids, gelling may be slower and weaker.
Elaborations: Hamburgers, terrines, carpaccios, heat-reversible jellies.

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## Push back the limits of creativity

## Pectins

Pectin is a soluble vegetable polysaccharide obtained from an aqueous extract of edible vegetable fiber (usually citrus or apples), which is then precipitated with alcohol and salts.
This carbohydrate is used as a gelling, thickening and stabilizing agent due to its hydrocolloid properties.

## HM Pectins

## HIGH-METHOXYL (HM) PECTINS

In aqueous solutions, these pectins create highly viscous suspensions for strong and cohesive gels. This type of pectin is heatresistant.

## GELLING CONDITIONS

- They can form a gel only if the total soluble solids content (TSS) (Brix) is equal to or higher than $60 \%$, with a maximum of $80 \%$.
- The pH required for gelling is 2.0-3.5.


Dose:



Observations: Gelling occurs when acid is added to a solution at the end of the cooking process. Heat-reversible.
Elaborations: Gummies, fruit jellies and baked fillings.



## Rapid set pectin

A high-methoxyl (HM) pectin obtained
from citrus rind


## Dose:

Elaborations: Jams with suspended ingredients, quick gels and bakeable fillings.



Dose:


Application: Suitable pH: 3.1-3.5.
Minimum 50\% added sugar + acid.
Observations:
Elaborations: Traditional jams, molded jellies and bakeable fillings

## LM Pectins

## LOW-METHOXYL (LM) PECTINS

The LM pectin family is divided into LMC (conventional low-methoxyl) and LMA (amidated low-methoxyl) branches.
LM pectins are thixotropic. After undergoing a cold mixing process, they are gelled again. Depending on the quantities and hydration temperature, they can act as thickeners.

## GELLING CONDITIONS

- They form a gel only when calcium ions (Ca++) are present.
- They can gel with low soluble solids (Brix) contents and a very wide pH range.

Nappage X58 pectin

Amidated low-methoxyl pectin (LMA) with retarding salts and calcium
$500 \mathrm{~g} 38898 \boxtimes 6 u$

Properties:
This thickener and/or gelling agent (when combined with calcium) is particularly recommended for making jellied glazes, using a quantity of 1 to $1.5 \%$ depending on the formulation and the required texture.
Use: Mix with the sugar, bring to a boil.
Application: Dairy products or products rich in calcium.
Observations: Heat-reversible at $105-140^{\circ} \mathrm{F}\left(40-60^{\circ} \mathrm{C}\right)$.
Elaborations: Calcium and/or low sugar glazes. Creams and crémeux.

Dose:


Dose:



## Fruit NH pectin

Pectina de bajo metoxilo amidada (LMA)
con sales y calcio


Properties: Es un espesante y/o gelificante especialmente indicado para la fabricación de brillos gelificantes. Con pulpa de fruta a una dosis de 0,5-2\% según la formulación y la textura requerida.
Use: Mezclar con el azúcar, Ilevar a ebullición y añadir el ácido.
Application: pH adecuado: 3,5-3,7.
Mínimo un 40\% de azúcar añadido + ácido.
Observations: Termorreversible entre 40 a $60^{\circ} \mathrm{C}$.
Elaborations: Nappage neutros ácidos o en base fruta, gelificados bajos en azúcar Termorreversibles. Cremas.



## Acid free pectin

Amidated low-methoxyl pectin (LMA)
with added calcium

| 500 g | 38893 |
| ---: | :--- |
| Properties: | This thickener is particularly recommended for making dairy and fermented <br> products. After storage, it produces set or stirred dairy products with improved <br> consistency using a quantity of $0.5-2 \%$. |
| Use: | Mix with the sugar and stir vigorously. Bring to a boil. |
| Application: | Dairy products or mixtures containing calcium. |
| Observations: | Without syneresis. Heat-reversible at $105-140^{\circ} \mathrm{F}\left(40-60^{\circ} \mathrm{C}\right)$. |
| Elaboraciones: | Low-fat dairy and fermented jellied products, stable creams, acid-free jellies. |



## Low sugar pectin

Amidated low-methoxyl pectin (LMA)
with added calcium

500 g 38895 $\quad$\begin{tabular}{rl}
$6 u$ <br>

Properties: \& | This thickener and/or gelling agent is particularly recommended for use |
| :--- |
| with fruit. Use a quantity of $0.5-1.5 \%$ depending on the formulation and texture |
| required. |
| Stir in vigorously. Bring to a boil. Add the acid. | <br>

Application: \& | Fruits in general and products rich in calcium. It does not require a minimum |
| :--- |
| added sugar level. | <br>

Observations: \& | Heat-reversible at $105-140^{\circ} \mathrm{F}\left(40-60^{\circ} \mathrm{C}\right)$. |
| :--- |
| Elaborations: | <br>

Low-sugar or calcium fruit jams, low-sugar or calcium fruit jellies.
\end{tabular}

## 325 NH 95 pectin

Amidated low-methoxyl pectin (LMA)

| 500 g | 38892 |
| :--- | :--- |

Application
Observations:
Heat-reversible at $105-140^{\circ} \mathrm{F}\left(40-60^{\circ} \mathrm{C}\right)$
Low-sugar or calcium-rich fruit jams, low-sugar or high-calcium fruit jellies. Low-sugar dairy or fruit products.

Dose:


Dose:


Dose:



## Pectins

 applications


## Gelling agents <br> for spherification

Spherification is a gelling technique that coats liquids within a thin gel to give the appearance of egg yolks, caviars and so on. Its spectacular look and the way it helps flavours burst on the palate have already turned this innovation into a modern pastry and cuisine classic.

## DIRECT SPHERIFICATION

Three basic steps are used to create direct spherifications:

- In the first, we combine the product we want to spherify with the Alginat. We blend them together, then leave the mixture to stand until it has lost all its air bubbles. The product's acidity level must be taken into account. If it has a pH lower than 4 at this point, we add the correct amount of sodium citrate ( $\mathbf{p H}$ Kit). Excessive use will create an unpleasant taste.
- The second step is an immersion in Clorur. Use 5-8g per liter, depending on the size of the sphere. The Alginat reacts when it comes into contact with the Clorur, causing it to form a layer that will gel inwardly. The more time it spends with the Clorur, the more jellied it will be, until it sets completely.
- In the third and final step, we use water to clean the spheres and get rid of the unpleasant taste produced by the calcium chloride.



## REVERSE SPHERIFICATION

Liquids that naturally contain calcium, such as dairy products, should be spherified in reverse, i.e. by inverting the first two steps. The same applies to products to which Gluconolactat is added.

- Again, there are three steps:
- First we take our calcium- or Gluconolactat-based product. If the product does not have the right density, we add 6 g of Gelespessa ( 2 g xanthan gum) per kilo so that the sphere we form is heavy enough to be immersed during the second step.
- For the second step, we immerse the product in a liter of mineral water (without calcium) combined with 5 g of Alginat.
- In the third and final step, we use water to clean the spheres.
- By reversing the order of the first two steps, the sphere always remains liquid on the inside, since the gel layer faces outwards.



| Alginat | Dose: |
| :--- | :--- |
| g g/kg |  |

Sodium alginate
$750 \mathrm{~g} 38467 \leqslant 6 u$

## OK (B)

Product derived from different types of seaweed (Fucus, Laminaria, Macrocrystis, etc.). It has the special ability to form gels with calcium. As with any hydrocolloid, it needs water for hydration.

Properties: A gelling agent that interacts with calcium.
Use: For direct spherification, mix with your chosen preparation. For reverse spherification, mix in a water bath.
Application: Any liquid with a $\mathrm{pH} \geq 4$ and a water content greater than $80 \%$ (direct spherification).
Observations: On its own it acts as a thickener. Always use mineral water for reverse spherification. Can dissolve in fat. Can be incompatible with fat. Can be problematic with alcohol, depending on the strength and absence of water.
Elaborations: Direct spherification / Reverse spherification.


Gluconolactat $\quad \begin{aligned} & \text { Dose: } \\ & 20 \mathrm{~g} / \mathrm{kg}\end{aligned}$
Calcium gluconate and calcium lactate

```
500 g 38683
6u
```


## (1) (10)

A mixture of two salts that allow us to incorporate calcium into a medium without altering its flavour. It provides enough calcium to a liquid so that it can react with Alginat and spherify.

Properties: Calcium enrichment.
Use: Add to the mixture to be enriched.
Application: Low-calcium inverse spherification mixtures.
Observations: Totally flavorless.
Elaborations: Reverse spherification.

# Gelling Agents for Spherification 



Provokes a reaction with Alginat during spherification.
Properties: Calcium salt.
Use: Mix the chloride with the mineral water.
Application: Soaking during direct spherification.
Elaborations: Direct spherification.


| PH Kit | Dose: <br> to suit pH |
| :--- | :--- |
| Sodium citrate and test strips |  |
| $750 \mathrm{~g} \quad 38546 \quad 6 \mathrm{u}$ |  |

Sodium citrate is derived from fruit and it is an essential component of most soft drinks, giving them an acidic touch and enhancing their flavour.
It is used as an antioxidant and, particularly during spherification, as a pH corrector, lowering acidity.
Properties: Increases pH (from acidic to base).
Use: Mix with the liquid whose pH you wish to increase.
Application: Mixtures for direct spherification.
Observations: Quick to incorporate.
Elaborations: Direct spherification.

| pH Kit: optimal pH values for spherified products |  |
| :---: | :---: |
| initial pH value | pH Kit quantities |
| $\mathbf{2 . 5}$ | $\mathbf{0 . 8 5 \%}$ |
| $\mathbf{3}$ | $\mathbf{0 . 3} \%$ |
| $\mathbf{3 . 5}$ | $\mathbf{0 . 1 \%}$ |
| $\mathbf{4 - 5}$ | $\mathbf{A s}$ required |

*For direct spherification

## EVOO Caviar Spheres



Extra Virgin Olive Oil Caviar Spheres

- $180 \mathrm{~g} 39180 \geqslant 6 u$



## Liquid Gelatins


Apple Gelatin
Apple juice, sugar, carrageenan and
preservatives
3 kg 37292


[^7]
# Animal-Origin Gelatins 

## TRADITIONAL HOT INSTANT GELLING

Heat-reversible at $95-105^{\circ} \mathrm{F}\left(35-40^{\circ} \mathrm{C}\right)$. Freezable gelling temperature $<15$. Soluble at $115^{\circ} \mathrm{F}\left(45^{\circ} \mathrm{C}\right)$. Soft, flexible gel.

$1 \mathrm{u} \sim 2 \mathrm{~g}$
Silver 180

## gelatin sheets

Animal-origin (pork) gelatin

- 2 kg 37295
$1 \mathrm{u} \simeq 2,3 \mathrm{~g}$
Gold 230


## gelatin sheets

Animal-origin (pork) gelatin

- 2 kg 37294



Drain well and heat with liquid until completely dissolved. Acts in approx. 20 minutes.


Hydrate in cold water for a few minutes. Drain well and heat with liquid until completely dissolved. Acts in approx. 20 minutes.


220 BLOOM

| Dose: | Gelling speed: |
| :---: | :---: |
| 10-20g/L | Medium |
| Mix 1 part beef gelatin with 5 parts cold water and leave to hydrate for 30 minutes. Use warm. Acts in approx. 20 minutes. Dissolves when hot and stirred vigorously. |  |

## INSTANT, COLD

Heat-reversible at $95-105^{\circ} \mathrm{F}\left(35-40^{\circ} \mathrm{C}\right)$. Freezable. Gelling temperature $<15$. Soluble when stirred vigorously (cold) or mixed hot. Soft, flexible gel.


66
BEHIND THE SCENES WITH SOSA
Did you know...?
Bloom grades measure the force required to depress a 12.7-mm diameter cylinder on the surface of a gelatin gel prepared by cooling a $6.67 \%$ solution at $50^{\circ} \mathrm{F}\left(10^{\circ} \mathrm{C}\right)$ for 17 hours.

| SUMMARY OF ANIMAL-ORIGIN GELATIN EOUIVALENTS |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Silver 180 Gelatin Sheets |  | Gold 230 gelatin sheets |  | Hot gelatin powider (g)* | Beef gelatin (g) * | Fish gelatin (g) * | Instangel (g) | Instangel Fast (g) | Instangel Beef <br> (g) |
| (sheet)* | g | (sheet)* | g |  |  |  |  |  |  |
| 1 | 2 | 1.15 | 2.3 | 1.8 | 1.8 | 1.2 | 6 | 5 | 4.5 |
| 2 | 4 | 2.3 | 4.6 | 3.6 | 3.6 | 2.4 | 12 | 12 | 9 |
| 3 | 6 | 3.45 | 6.9 | 5.4 | 5.4 | 3.6 | 18 | 18 | 12.5 |
| 4 | 8 | 4.6 | 9.2 | 7.2 | 7.2 | 4.8 | 24 | 24 | 18 |
| 5 | 10 | 5.75 | 11.5 | 9 | 9 | 6 | 30 | 30 | 22.5 |
| 6 | 12 | 6.9 | 13.8 | 10.8 | 10.8 | 7.2 | 36 | 36 | 27 |
| 7 | 14 | 8.05 | 16.1 | 12.6 | 12.6 | 8.4 | 42 | 42 | 31.5 |
| 8 | 16 | 9.2 | 18.4 | 14.4 | 14.4 | 9.6 | 48 | 48 | 36 |
| 9 | 18 | 10.35 | 20.7 | 16.2 | 16.2 | 10.8 | 54 | 54 | 40.5 |
| 10 | 20 | 11.5 | 23 | 18 | 18 | 12 | 60 | 60 | 45 |

Gelatin hydrated in water. Mix the powdered gelatin with cold water using a ratio of 1 part gelatin to 5 parts water. Hydrate for a minimum of 20 mins to create a gelatin mass. Keeps for 3 days at $40^{\circ} \mathrm{F}\left(5^{\circ} \mathrm{C}\right)$.

## Stabilizers

Stabilizers for ice cream or sorbets are complex mixtures of thickeners, emulsifiers, gelling agents and aerators that provide a very easy way to make perfect ice cream or sorbet textures. They always preserve the flavour to which texture is being added.

## PURE NEUTRALS FOR ICE CREAM, LOW OUANTITY

Procrema 5 neutral hot

## Mixture of stabilizers and emulsifiers

| 600 g | 38971 | AFP | SP |
| ---: | :--- | :---: | :---: |

Components for ice cream:


Attribute diagram:


## Components for ice cream:



Attribute diagram:


## Procrema 15 cold/hot Natur

## A mixture of stabilizers, emulsifiers and aerating agents

|  | $37631-2 u$ | AFP | SP |
| :---: | :---: | :---: | :---: |
|  |  | 0\% | 4,6\% |
|  |  | Dose: |  |
| Properties: | Stabilizer for ice cream. | $15 \mathrm{~g} / \mathrm{kg}$ |  |
| Use: | Mix with base. |  |  |
| Application: | Any liquid or semi-liquid preparation, creamy base. |  |  |
| Elaborations: | Ice cream. |  |  |

Components for ice cream:


Attribute diagram:


## NEUTRAL BASES FOR ICE CREAM, HIGH QUANTITY, EASY FORMULATION

## Procrema 100 hot

A mixture of stabilizers, emulsifiers, aerators and technical sugars for pasteurized ice cream

| $\because 3 \mathrm{~kg}$ | $37626 \sim 2 u$ | AFP | SP |
| :---: | :---: | :---: | :---: |
|  |  | 98\% | 42\% |
| N |  | Dose: |  |
| Properties: | Stabilizers for ice cream. | $100 \mathrm{~g} / \mathrm{kg}$ |  |
| Use: | Mix with base. |  |  |
| Application: | Any liquid or semi-liquid preparation, creamy base. |  |  |
| Elaborations: | Ice cream. |  |  |

## Elaborations: Ice cream.

## Components for ice cream:



Attribute diagram:


## Procrema 100 cold

A mixture of stabilizers, emulsifiers, aerators and technical sugars

| 3 kg | 37629 |
| :--- | :--- |
| 15 kg | 37628 |




Dose: $100 \mathrm{~g} / \mathrm{kg}$

Components for ice cream:


Attribute diagram:


Properties: Stabilizers for ice cream.
Use: Mix with base.
Application: Any liquid or semi-liquid preparation, creamy base.
Elaborations: Ice cream.

## Stabilizers

## NEUTRAL BASES FOR ICE CREAM <br> HIGH QUANTITY, EASY FORMULATION

## Procrema 100 cold/hot Natur

A mixture of stabilizers, thickeners, proteins, fibers and sugars to stabilize ice cream naturally while both hot and cold

| AFP | SP |
| :---: | :---: |
| $82 \%$ | $35 \%$ |

Dose:
$10 \%$ of the aqueous part of the ice cream recipe.


Properties: Helps stabilize ice cream easily and immediately, adding 10\% solids to the recipe.
Use: Mix hot or cold (max. $175^{\circ} \mathrm{F}$ or $80^{\circ} \mathrm{C}$ ) in any liquid, stirring vigorously.
Observations: For a well-balanced ice cream, incorporate approximately 20\% more soluble solids such as sucrose.
Elaborations: Milk or water-based ice creams. Cold or pasteurized products.

Benefits

- Natural. $\checkmark$
- Easy formulation. $\checkmark$
- Can be used hot or cold. $\checkmark$
- Highly stable ice cream. $\checkmark$
- Improves the emulsion of the ice cream. $\downarrow$


## Neutral liquid ice cream mix

Mixture of milk, cream, sugars and emulsifiers

|  | 36872 | AFP | SP |
| :---: | :---: | :---: | :---: |
|  |  | 20\% | 19\% |
| V |  | Dose: |  |
| Properties: | Liquid product prepared as a base for ice cream. | Use as mix with of Sos |  |
| Use: | Freeze in the freezer. Store at $-1^{\circ} \mathrm{F}$ $\left(-18^{\circ} \mathrm{C}\right)$. | ice cre | paste. |
| Application: | Mix with Sosa concentrated paste for your choice of flavour. |  |  |
| Observations: | White liquid. |  |  |
| Elaborations: | Creamy-base ice creams. |  |  |

NOTE: white base for coloring and flavouring with our natural concentrated pastes (p. 52-53).

## Components for ice cream:



Attribute diagram:


## Stabilizers

## SORBETS

## PURE NEUTRALS FOR SORBETS,

 LOW QUANTITY| Prosorbet 5 neutral hot |  |  |  |
| :---: | :---: | :---: | :---: |
| A mixture of stabilizers, emulsifiers and aerating agents |  |  |  |
| 500 g | 38982 6u | AFP | SP |
|  |  | 41\% | 18\% |
| $\otimes$ |  | Dose: <br> $5 \mathrm{~g} / \mathrm{kg}$ |  |
| Properties: | Stabilizers for sorbets. |  |  |
| Use: | Mix with base. |  |  |
| Application: | Any liquid or semi-liquid preparation. |  |  |
| Elaborations: | Sorbets. |  |  |



## Prosorbet 5 cold/hot

 Natur french
## A mixture of stabilizers

| 500 g | 38980 64 | AFP | SP |
| :---: | :---: | :---: | :---: |
| 500 g | 38980 - | 102\% | 44,4\% |
| (3) |  | Dose: |  |
| Properties: | Stabilizers for sorbets | $5 \mathrm{~g} / \mathrm{kg}$ |  |
| Use: | Mix with base. |  |  |
| Application: | Any liquid or semi-liquid preparation. |  |  |
| Observations: | Suitable for vegans. |  |  |
| Elaborations: | Sorbets. |  |  |



## Stabilizers

NEUTRAL BASES FOR SORBETS, HIGH QUANTITY, EASY FORMULATION

## Prosorbet 100 cold Natur

A mixture of stabilizers, thickeners, fibers and sugars to naturally stabilize the sorbet when cold


Properties: Helps stabilize sorbet easily and immediately, adding $10 \%$ solids to the recipe.
Use: Mix cold in any liquid, stirring vigorously.
Observations: For a well-balanced sorbet, incorporate approximately $20 \%$ more soluble solids such as sucrose.
Elaborations: Cold-processed sorbets.


## Prosorbet 100 cold

A mixture of stabilizers, emulsifiers, aerators and technical sugars



Dose: $100 \mathrm{~g} / \mathrm{kg}$


Attribute diagram:


Properties: Stabilizers for sorbets.
Use: Mix with base.
Application: Any liquid or semi-liquid preparation. Elaborations: Sorbets.

## Stabilizers

## FOR MOUSSES



## Preservatives

Preservatives prolong the shelf life of food by protecting it from spoilage caused by microorganisms or the growth of pathogenic microorganisms. They are applied to food to ensure their stability during their shelf life.

Potassium sorbate granules
$2 \mathrm{~kg} 37711 \quad 2 u$
Properties: A preservative that acts against fungi and yeasts.
Use: Dissolve in cold or hot liquid.
Observations: Works best in products with a pH below 6.5 .

## Bulking Agents

Bulking agents increase the volume of a food product without contributing significantly to its energy value.
They are used for various purposes such as adding solids to modify the structure of a mixture or reduce or replace sugars and/or fats.
Different bulking agents have different purposes and characteristics. Some offer a feel much like fat, some are sweeter than others, and some help to absorb fats to create dry or crunchy textures.

Maltosec ..... Dose:
Maltosec is made of maltodextrin extracted from tapioca.


Properties: Maltosec is made of maltodextrin extracted from tapioca.
Use: For use as a caking agent, dissolve with a small portion of cold or hot aqueous liquid and mix with the solids, then dry or bake. To dry fats, use a whisk or spatula to combine the Maltosec with the fat.
Observations: High fat absorption capacity, converts it into fine powder for handling. It dissolves totally transparently in water, producing a caking or adhering effect.
Elaborations: Polvoron cookies / Crispy buns / Powder / Crumbles / Crunchy nuts, agglomerated non-soluble solids.


Properties: Solids 95\% / PAC 23\% / POD 15\%. A bulking agent to increase or replace the solids in a preparation without substantially changing its organoleptic characteristics.
Use: Add to a cold or hot preparation, no hydration necessary.
Observations: Low texturizing capacities, very good cold solubility.
Elaborations: Partial or total substitution of sucrose when this is called for.

Acidulants, Antioxidants
\& Acidity Regulators
This range of products makes food acidic by lowering its pH . A food's pH measures its acidity or alkalinity. They can also serve purposes such as preventing oxidation and increasing shelf life. They also help to improve the flavour of food.
Regulating acidity also improves the characteristics of certain products such as gelling agents, enhancing or reducing their gelling capacity.
They are used particularly often in confectionery, soft drinks, juices and other beverages, dairy products, canned products and bakery products.


Citric acid
Citric acid of natural origin


## Dose:

qs
Recommended depending
on application


## Ascorbic acid

Dose:
Ascorbic acid of natural origin
Recommended quantity: 0.05-0.1\%. In antioxidant dips, the quantity can be increased to 3-5\%.


[^8]
# Acidulants, Antioxidants \& Acidity Regulators 



Tartaric acid<br>\section*{Dose:}<br>Organic acid<br>(c) O

Properties: Acidity regulator, antioxidant and natural preservative. Tartaric acid is known as one of the main acids we can perceive on the palate, along with citric acid and malic acid.
Use: Apply straight to the product when cold and incorporate vigorously.
Application: Any type of liquid.
Observations: Fine white crystalline powder.
Elaborations: Acidity corrector for wines and fizzy beverages. It also acts as a color stabilizer for fruits and fruit-based products (jams, soft drinks, wine, etc.).


Antioxidant powder $\quad \begin{aligned} & \text { Dose: } \\ & 30-50 \mathrm{~g} / \mathrm{L}\end{aligned}$
Maltodextrin, xanthan gum, ascorbic acid
$500 \mathrm{~g} 38475 \circledast 6 u$

## © K

Properties: Antioxidant agent.
Use: Dissolve in cold or hot liquid.
Application: Handling oxidizable foods.
Observations: White powder, insoluble in fats.
Elaborations: Can be added to easily oxidizable fruit juices such as apple or grape / Prevents food oxidation during handling when used as a dip / Prevents the oxidation of finished products when brushed on.


Cream of tartar $\quad$| Dose: |
| :--- |
| $1 \mathrm{~g} / \mathrm{kg}$ |

Potassium bitartrate
$1 \mathrm{~kg} 37221 \geqslant 6 u$

Properties: Stabilizer and emulsifier; prevents sugar crystallization.
Use: Apply straight to the product when cold and incorporate vigorously.
Application: Any type of liquid.
Observations: Fine white crystalline powder.
Elaborations: In combination with bicarbonate, it increases the volume of doughs for baked goods / Helps to stabilize beaten egg whites and cream / Prevents sugar crystallization when making candies.

## Enzymes

Enzymes are active proteins which are naturally present in animals and plants.
They have the ability to build or break molecular structures depending on their type and the ingredient with which they come into contact. They can do things that would be difficult to achieve using physical methods, for example breaking down pectin to soften plant parts such as skins or stems that are normally discarded.


Enzymatic fruit peeler
$50 \mathrm{~g} 38602 \circledast 10 \mathrm{u}$

To peel citrus fruit:
Prick the skin of the citrus fruit to allow the solution to penetrate.
Dissolve 1 part enzyme in 10 parts water, put the citrus fruit in a bag and fill
it with the solution, then vacuum-pack the bag.
Wait approx. 20 minutes and peel.
Rinse the fruit with cold water to remove residual enzymes.
For peeled citrus fruits (to remove the white fibrous pith):
Dissolve 1 part enzyme in 10 parts water, put the citrus fruit in a bag and fill it with the solution, then vacuum-pack the bag.
Place the bag in a water bath at $105^{\circ} \mathrm{F}\left(40^{\circ} \mathrm{C}\right)$.
Wait approx. 20 minutes, then check that the white fibrous pith is easily to remove. Rinse the fruit with cold water to remove residual enzymes.

## Products for Rehydration

These are dry products that can be hydrated hot or cold with any type of sweet or savory liquid. For example, with infusions, culinary bases, purées, juices and so on, they take on the flavour of the added liquid and create different textures.


Tapioca pearls 2 mm
$900 \mathrm{~g} 38905 \backsim 6 u$

Cook in the liquid for 17 mins..

## Technical Fats

These fats have had their flavour neutralized while maintaining their structure, functionality, melting point and so on. As a result, they can be used to provide fat in numerous applications, without influencing flavour.


## Non-Food \& Other Products

Non-food products are not intended to be consumed as an ingredient. These are products that help us cook, create customized molds and keep products dry for a longer period of time.

DRYING AGENTS

Dry SeC
Silica gel sachets
120 g

Properties: | Moisture-absorbing. Protects any dry product from humidity. |
| :--- |
| Use: |
| Place a sachet inside the container containing the food you want to protect |
| from humidity and seal it so it is airtight. |

Application: Nuts, freeze-dried products, salts and sugars, candies, crunches, cookies, etc.

## FREE MOLD



## Free mold soft

Production of soft silicone molds, suitable for food use, freezing and baking
$1 \mathrm{~kg} \quad 37269$


Dose:
$100 \mathrm{~g} / \mathrm{kg}$ of catalyst per quantity of silicone

## Dose:

$100 \mathrm{~g} / \mathrm{kg}$ of catalyst per quantity of silicone

Dual-component material consisting of:
Component "A": Silicone suitable for food contact
Component " B ": Curing agent, catalyst

Properties: Fluid paste that hardens in contact with a catalyst. The result is a flexible, soft, non-stick material that withstands a wide range of temperatures.
Use: The surface of the original mold must be clean and free of any residue. Pour 100 g of component " $A$ " and 10 g of component " $B$ " into a clean container and mix well until component " $B$ " is completely dispersed. Do not mix for a prolonged period of time or expose the mixture to temperatures above $95^{\circ} \mathrm{F}\left(35^{\circ} \mathrm{C}\right)$. It is always preferable to mix small quantities, so component " $A$ " and component " $B$ " combine well.
The catalyst will cure within $18-24$ hours at an ambient temperature of $71-75^{\circ} \mathrm{F}\left(22-24^{\circ} \mathrm{C}\right)$, forming a flexible rubber mold that can be easily separated from the original.
Application: Production of silicone molds, suitable for food use, freezing and baking.
Observations: It is advisable to remove any trapped air by placing the mixture in a vacuum chamber, allowing it to expand completely and then collapse. Keep the mixture in the vacuum chamber for 1-2 minutes, then check it; if no air bubbles are visible, you can use it. Removing air from the mixture in the vacuum will increase its volume 3-5 times over, so it is advisable to use a sufficiently large container.
If you do not have vacuum equipment, you can minimize air bubbles by mixing a small amount of component " $A$ " and component " $B$ " and then using a brush to apply a 1 or 2 mm layer to the original. Store at room temperature until the surface is free of bubbles and the coating has begun to cure. Mix another portion of component " $A$ " and component " $B$ " and pour the mixture over the original as soon as possible, taking care to avoid any air bubbles.
Elaborations: Exact reproductions of any type of shape to be filled with mousse, chocolates, candies, jellies, ice cream, etc.

## Bases and reactive salts



## Living salt by Ángel León

Sodium acetate. A salt derived from the acetic acid precipitation of vinegar.


Properties
Salt that causes an exothermic reaction through recrystallization after being dissolved in an aqueous liquid. It allows you to cook food slowly or instantly.
Use modes

## Living salt Hot (a system for long cooking and large items)

During the preparation phase, protect your hands and face with approved protective wear Heat up the water or flavoured liquid until boiling, add the salt to the water and mix until it is dissolved. Boil until it reaches the temperature of $123^{\circ} \mathrm{C}$.
Pour the hot mixture straight onto the item to be cooked. This technique helps us do long cooking at a high temperature
It will take around 20 minutes to start to recrystallize. It generally stays at the initial temperature for 20 minutes depending on the recipient, volume used, ambient tempeature and food to be cooked
The temperature will then gradually reduce, meaning you can draw out the cooking time for as long as required to cook the item When it comes to removing the salt, handle it with utensils in order to avoid skin contact. Risk of burns.


## Living salt Cold (a system for short cooking and small items)

During the preparation phase, protect your hands and face with approved protective wear.
Heat up the water or flavoured liquid until boiling, add the salt to the water and mix until the salt is dissolved. Boil until it reaches the temperature of $117^{\circ} \mathrm{C}$. Pour the mixture slowly into a glazed or stainless steel recipient.

- It is preferable to use a small container , from 250 to 500 ml , to cool it down faster.
- Protect the container with foil or, ideally, with a cork to avoid that drops from condensation activate spontaneous re-crystallization.
- Foreign matter or the ridges of the recipient may activate the recrystallization process spontaneously.
- Refrigerate the mixture at a temperature lower than $20^{\circ} \mathrm{C}$ (ideal temperature: $5^{\circ} \mathrm{C}$ ).
- During cooling, it is important to avoid moving or stirring the mixture. You should not put anything into it, otherwise you will activate the recrystallization process.

Pour the cold mixture onto the product to be cooked. Thereupon, instant recrystallization is activated and produces an exothermic reaction that increases the temperature of the mixture to $60^{\circ} \mathrm{C}$. There may be a slight variation in temperature depending on the saturation, recipient, surface and item to be cooked. The temperature will then gradually reduce, meaning you can draw out the cooking time for as long as required to cook the item.


## Living salt Fractal (a system for obtaining salt crystals that can be used as a complement to dishes)

During the preparation phase, protect your hands and face with approved protective wear.
Heat up the water or flavoured liquid until boiling, add the salt to the water and mix until the salt is dissolved. Boil until it reaches the temperature of $105{ }^{\circ} \mathrm{C}$ Pour the mixture slowly into a glazed or stainless steel recipient.

- It is preferable to use a small container, from 250 to 500 ml , to cool it down faster.
- Protect the container with foil or, ideally, with a cork to avoid that drops from condensation activate spontaneous re-crystallization.
- Foreign matter or the ridges of the recipient may activate the recrystallization process spontaneously.
- Refrigerate the mixture at a temperature lower than $20^{\circ} \mathrm{C}$ (ideal temperature: $5^{\circ} \mathrm{C}$ ).
- During cooling, it is important to avoid moving or stirring the mixture. You should not put anything into it, otherwise you will activate the recrystallization process.

Activate crystallization in the same recipient by touching the mixture using a solid item like a spoon. Thereupon, recrystallization will occur in a fractal way, generating an exothermic reaction that increases the temperature of the mixture to $60^{\circ} \mathrm{C}$.
Wait for full crystallization. Extract the salt crystals using utensils to avoid skin contact. Risk of burns.
Once the salt crystals are cold, they can be consumed as if they were salt.


Application
The salt can be activated with water, flavoured or scented water with a range of Sosa water soluble aromas.
It works in a high pH range.
Liquids that contain suspended solids and/or fats hinder the reaction, making it more delicate.

## Observations

Do not ingest the product in powder form. There is a risk of burns. Avoid contact with the skin, muscosa and eyes.
Due to the exothermic reaction occurring upon hydration of the product, it is recommended that you do not touch the salt until 30 minutes after hydration nor during
the reaction of the cold mixture (Living salt Cold or Fractal)
During the preparation phase, protect your hands and face with approved protective wear
Elaborations
Long or short cooking of fish, seafood, meat and vegetables. Salt crystal formation.

## Index

IBERIAN CUISINE
Spanish ..... 183
Onion SofritoSmoked Brava Sauce
Canary Islands ..... 183
Mojo PicónGreen Mojo
CATALAN \& PROVENÇAL CUISINE
Catalan. ..... 184
Nyora Pulp
Romesco
FRENCH CUISINE
French ..... 185
Chicken FondPork Fond
Vegetable Fond
Beef FondOnion Fond
ITALIAN CUISINE
Italian ..... 186
Genovese PestoTomato Concentrate
AMERICAN-SOUTH AMERICAN-MEXICAN CUISINE
American ..... 187
BBO - Barbecue Sauce
Argentinian ..... 187
Chimichurri
Mexican ..... 187
Cheedar sauce

## Iberian cuisine

Iberian cuisine has a great culinary heritage and follows seasons and geography. We found all kinds of cuisines: country cooking, mountain cuisine and an important seafood cuisine too. Some areas have strong culinary differences, with history and personality of their own, like Portuguese, Galician and Basque, but still there is a common denominator in the way of doing and cooking throughout the peninsula. Sauces are used either for seasoning or for cooking and frying, the use of lard is remarkable and garlic often accompanies meals. Peppers are the quintessential spice, followed by saffron. Cumin and cinnamon are mainly used for desserts and, as aromatic herbs, we may highlight bay leaf, rosemary and thyme. Fried onions and tomatoes, often accompanied by peppers, are present in most stews, with variations throughout the country. Also pork sausages, vegetable stews and tapas are worth outstanding along the area.
It should be noted from Iberian cuisine that it is a tradition of collective character. Every meal becomes a social event, made in a group with family or friends. To invite someone home means inviting them to eat.


ONION SOFRITO$\begin{aligned} & 1,3 \mathrm{~kg} \\ & 37710\end{aligned}>4 \mathrm{u}$ (3)

Iberian cuisine uses fried onions as a base for cooking meat, poultry and fish dishes. Also it is used for dishes made with ratatouille as chilindrón and it is the first step for rice plates. It is ideal too for pasta sauces, meats and seafood and it is added to soups and stews too to make them more palatable.
Ingredients: onion, virgin olive
oil, sunflower oil and salt.


SMOKED BRAVA SAUCE

Madrid traditional recipe: cocido stew broth and paprika.

## Canary islands



MOJO PICÓN


The most famous sauce from the Canary Islands. It is eaten cold and accompanies the typical dish of this area, the 'Papas Arrugás' which are eaten by dipping them into red mojo.
Main ingredients: garlic, paprika, cumin and spices.


Cold sauce from the Canary Islands, with an ancient tradition, originated from the first inhabitants the Guanches. It accompanies fish dishes, being good both for cooking them in the sauce or to accompany them grilled or fried.
Main ingredients: garlic, coriander, cumin and parsley.

## Catalan and provençal cuisine

One of the Europe's oldest culinary manuscripts is of Catalan cuisine: El Libre de Sent Sovi from the fourteenth century and anonymous author, containing over two hundred recipes. Another is E/ Libre de Coch by Robert Nola, dated in the fifteenth century, which was a reference book for over a hundred years. Although more than a century separates them, both describe a refined and sophisticated cuisine, very similar in ingredients, ways of spicing and elaborations. This shows that it was a deeply rooted cuisine that existed long before it was written down and that lasted for a long time.
This medieval legacy is still reflected today in the Catalan and Provençal cuisine, which extends throughout the Valencian lands, the Balearic Islands, Catalonia and Provence. It is characterized by its variety of ingredients thanks to the diversity of climates: high mountains, seacoast, dry and irrigated lands... Clearly Mediterranean, it has been enriched over the years by the contact with other cultures.


A nyora is a type of pepper that comes from the Americas, which is maroon, round and wrinkle shaped. It is used when dry and it is not hot. It will enrich soups, tomato sauces, sofritos and will improve the taste of any dish adding a spoon to them. Ingredients: nyora pepper.


An emulsified sauce, slightly spicy and sour. It is used to flavour and dip mainly the traditional calcots (a kind of spring onions), but also for barbecued beans, snails, fish dishes, meats and other vegetables.
Main ingredients: aroasted almonds, tomato, roasted garlic, nyora pulp, vinegar, olive oil and spices.


## French cuisine

France is a country with an ancient culinary tradition and very influential in the world. Since the French Revolution, it has been at the forefront of many historical events and one of them is gastronomy. The emergence of cuisine as a cultural fact, restaurants as we know them nowadays, and gourmet journalism are born here.
In France we find two large culinary trends. The first one is a traditional, very complex and varied cuisine, with notable differences across geography and different backgrounds. The other has a medieval and aristocratic origin. It is the court of Versailles cuisine in the sixteenth century, which set the tone for other royal cuisines and had great influence on the Western culinary world: banquets, snacks or light meals and buffets, the space decorations, setting the table, the placing of the plates, music and other distractions, were as important as the dishes themselves. But inequalities between the people and the court triggered the French Revolution and this court cuisine disappeared. Those who used to be royal Chefs had then three options: exile, cooking for the bourgeois or opening a local. Thus first restaurants were born in Paris. This new-born haute cuisine classified culinary fonds and sauces: over 300 were stipulated and classified. Such is the influence of French cuisine in the world that many dishes have become part of European cookbooks, both in catering and at home.


Main ingredients: chicken.


## Italian cuisine

With an important historical legacy from Etruscan and Ancient Rome, Italian cuisine is Mediterranean. It has a large regional richness, heavily influenced by the products and the way to use them: from the butter cuisine of Piedmont to the Emilia Romagna's cold meat, through the hot and spicy found in Sicily. In Sardinia, land of the Sardinian people, the cuisine is more indigenous and peculiar, differing quite a bit from the rest of Italian cuisines.
Especially alluring for its tastes and aromas, Italian gastronomy has an extensive repertoire of vegetables, reflected in the variety of salads, always present in the table, which are part of the antipasti, appetizers with which they start their meals. Aromatic herbs are also used, often fresh. Likewise, pasta has a special place, as evidenced by the large number of sauces created to go with it, and divides Italy into two main areas, the North, where they use fresh pasta and butter, and the South, where they like dried pasta. Pizza, risotto and ice cream are also a symbol of Italian cuisine.


This concentrate of raw tomato is used for cooking and adding to any stew. Coming from the Americas, tomatoes were used as an ornamental plant the beginnings and had a somewhat aphrodisiac reputation. It took a few centuries to incorporate it as an ingredient in the kitchen.
Main ingredients: ripe tomato.

## Cocina

American | Sudamericana | Mexicana

## American

 $\theta$

Devised by the first American settlers in the seventeenth century, in the United States it is a sauce inseparable from barbecued meats and ideal for marinating meats before cooking.
Main ingredients: tomato, vinegar, brown sugar, honey and spices.

## Argentinian



## Japanese cuisine

Refined, precise and frugal, Japanese cuisine is based on the intrinsic flavour of the ingredients, subtly combined and seasonally selected. The presentation (colours, spacing, distribution...) is extremely valuated, as much as the flavours. In one only meal, they delight themselves with the alternation of textures and shapes, mixing cooking techniques and having a huge range of tastes.
Seasoning habits in Japan are very different from the rest of Asia. Most sauces come from the mix and match of a few basic ingredients; soy (or shoyu), arrived from China along with Buddhism and chopsticks; dashi broth made with water, kombu seaweed and dried tuna flakes; miso paste, extracted from fermented soy beans; mirin, a rice vinegar; sake, less common; sugar and salt.
In addition to the importance and tasty richness of the sauces, seaweed, umami, gomasio and shichimi togarasi are very common tastes. Also, rice is a staple in Japanese culture: boiled or in the form of flours, noodles, vinegars and fermented into wine... Eventually, we must note the influence of the Portuguese Jesuits, arrived in the sixteenth century, which introduced the use of meat and tempura.


SOY
SAUCE

## $1,15 \mathrm{~kg}$ 37680 $\lessgtr 6 \mathrm{u}$ <br> (4) $\sqrt{2}$

This sauce, made in Japan with soy and wheat, has a Chinese origin. It is used to add to dishes or serve on the table in small bowls in order to wet ingredients as for example pieces of sushi.
Ingredients: water, soy, wheat, salt and alcohol


SUMISO
SAUCE

## - <br> $1,5 \mathrm{~kg}$ 37691

$\theta$


Used as vinaigrette, it is used for dressing either cool or warm vegetables salads. It is also used for pairing vegetables, fish dishes, seafood and shellfish.
Main ingredients: shiro miso, sugar, sake, mirin, rice vinegar and yuzu.


## Thai cuisine

Cuisines in this area have in common the rice culture: festivals and rituals are linked to this cereal. Usually, it is the main course, and comes accompanied by a salad, a soup and a cooked dish. They have a huge pantry with a large variety of foods from exuberant nature: herbs, edible plants, fruits... It is a cuisine with the taste of aromatic herbs, kaffir lime and curry leaf, coriander and basil, which are more fragrant than the Mediterranean ones, and acidified lemon grass. Land of spices, valuable and trade object since antiquity, nutmeg, mace and cloves come from the Maluku Islands; chillies, from America, are a must in their dishes; ginger and galangal root, coriander, garlic, shallots and spring onions are also important condiments.
As for sauces and pasta, they use a thicker and sweeter soy sauce, fish sauce is used as a flavour enhancer and also shrimp and tamarind pastes are very common. Coconut tree is fully profitable and they make a good use of it all. Coconuts and coconut milk are both truly important ingredients. The most common method of cooking is quick wok sauté, but they also have a technique of their own: cooking food on the grill wrapped in banana, pandanus, coconut or lettuce leaves. Satay or saté, are the area's brochette, marinated with spices and served with rice, popularized by Arab merchants many centuries ago when the monsoons brought them searching for spices. Stuffed rice rolls and crepes are also very characteristic, as well as curry dishes, very different from those in India.


Main ingredients: onion, chilli, garlic, spices, galangal, lemongrass and kaffir lime.


## Indonesian



SATAY SAUCE
$1,1 \mathrm{~kg}$
37690 $\leftarrow 6 \mathrm{u}$
(4) $P$

Peanut, coconut and chilli based, it has a very slightly spicy touch that will transport you to Southeast Asia. It is used to marinate meats that will be grilled or barbecued later.
Main ingredients: coconut cream, peanuts, soy sauce, lemon juice, chilli and garlic.

## SATAY CHICKEN BROCHETTE

## INGREDIENTS:

» Boneless skinless chicken thighs
»Culinary Journey Satay Sauce
" Culinary Journer
" Salt
"
Oil
» Roasted sesame

## PREPARATION:

Cut the chicken thigh on regular pieces.
Thread the pieces on a wooden skewer and season
Slightly fry the skewer in the pan with a little oil.
Once cooked, add the Satay sauce to the pan. Soak the skewer well and sprinkle roasted sesame seeds on top.
Serve hot.

## Indian cuisine

Besides being one of the oldest in the world, Indian cuisine is an amalgam of history and a confluence of cultures. To a large extent it is linked to religion, with many rules about food, its preparation and how to serve it. This influence can be seen in any doctrine; from Hinduism where the cow is sacred, to Islam, in which the pork and alcohol are prohibited; including among others, Christianity, Jainism and Buddhism.
The territory is large and, as such, there are plenty of ingredients and ways of cooking. Speaking of sauces, it is in the south where they are most abundant, while in the north there is less habit of doing them. India is the aroma and taste of spices, first mixed and then cooked; each dish bursting with flavour, mixture, diversity and combinations; but we could not conceive an Indian meal without the basics: flat breads and rice, always present on the table.



A mix of spices from South India, inspired by the Hindu kari. During the colonial period, the British tried it and liked the taste, which reproduced and packed back home.

Main ingredients: coconut cream
and spices.

MADRAS CURRY SAUCE


Main ingredients:
carrots, white vinegar, onion, spices and mango.
CHUTNEY
(4) $\sqrt{2}$

## Arab world cuisine

Like any other religion, Islam has greatly influenced food and cuisine of the Arab world: eating pork or drinking alcohol is not allowed, animals must be slaughtered in a specific way, fasting practice during Ramadan... The food is considered a good of God and must be eaten with moderation and shared with the needed ones.
The Arabs were great introducers of goods from Asia into the Mediterranean countries through the different Silk Roads: new spices and new flavours; also sugar, that had even been known to the ancient Greeks, was not added to the recipe books until that time. They led to the improvement of agricultural techniques and began to grow eggplant, spinach and rice, as well as fruit and citrus. They introduced olive oil with the invasion of the lands that would become Al-Andalus; from the Ottoman Empire desserts and pastries and from the contact with the Europeans tea and products come from the new continent. It is a cuisine based on vegetables and cereals. Also meat, vegetables and spices have a very important role. All of this accompanied with fruits and dairy products.
The cuisine of the Arab world is an oral tradition and has been passed from mothers to daughters over time, in the case of parties and banquets even among girlfriends and female neighbours who participate in the preparations. It is a way to keep the tradition alive from one generation to the next.

## Lebanese



TAHINI (ROASTED SESAME)

1 kg
(4) $\sqrt{2}$

This cream of sesame is the key to many dishes like hummus, Babaganush, mashed eggplant and grilled skewered meat marinades, as well as an ingredient in many sauces.
Ingredients: sesame.

HUMMUS

## INGREDIENTS:

" Cooked chickpeas.................................................... 400 g
» Culinary Journey Tahiniy................................................... 3 c.s.
» Cloves of garlic.................................................................. 2
» Oil.... ... 1 tbsp
" Paprika ... .. 1 tsp
" Paprika ............
» One lemon juiced
" One
" Fine tortillas

PREPARATION:
Wash and drain the chickpeas well.
Blend them with the Tahini, the garlic cloves, the lemon juice and a bit of salt. Keep blending until it becomes a creamy and consistent mash. In case the result were too thick you can rinse with a little water.

## Season.

Refresh with olive oil, and sprinkle with the chopped parsley and the paprika. Serve with thin tortillas.

# plant-based PASTRY-MAKING INDISPENSABLES 



Discover all the recipes in our dossier


Sosa

## Plant-based pastry-making: a real technical challenge

Veganism is becoming a bigger and stronger trend in society, and its implications for pastry-making are vast. Avoiding animal ingredients is a real technical challenge, because the basic ingredients in most recipes also fulfil a technical purpose.

We have developed this tool to bring you plantbased pastry-making solutions, but we also intend for it to help you understand each ingredient's role in a recipe.

With this in mind, we explain the main ingredients, their roles and how to replace them to make your own plant-based recipes. We have also included a series of ready-to-use, perfectly quantified recipes.

Our objective is to provide solutions for anyone who wishes to make plant-based pastries without scrimping on maximum flavour and perfect textures. aquellos que quieran hacer elaboraciones vegetales, sin renunciar al máximo sabor y la mejor textura.

## WHAT IS VEGANISM?

Veganism is a way of life whose proponents avoid all products that originally come from animals or have been made through animal exploitation in any way. This covers clothing, medication, cosmetics, transport, experimentation and testing, labour and entertainment. Veganism is rooted in ethical, environmental and humanitarian concerns.

The main foodstuffs and derivatives that are not suitable for a vegan diet are meat, fish, eggs, honey, milk and other dairy products (such as cheese and yoghurt). By avoiding these kinds of products, we can also circumvent allergies or intolerances that people might have (to eggs or lactose, for instance).


VEGAN MOUSSE GELATINE
A 100\% plant-based gelling agent, perfect for gelling mousses Jellification


AGAR-AGAR
A plant-based gelling agent that forms a strong gelatine that can be reheated

Jellification


FRUIT NH PECTIN
A pectin made from apple and citrus fruit, perfect for thickening and gelling fruit-based products

## Jellification



## PECTINA NAPPAGE X58

A pectin made from apples and citrus fruits, perfect for thickening and jellifying products with milk, nuts or chocolate Jellification


## VEGETABLE GELLING AGENT

A gelling agent with a solid, elastic texture that is suitable for heating
Jellification

gellan gum
A plant-based gelling agent that makes a strong gelatine that can be heated to high temperatures
Jellification


PRO-PANNACOTTA
A plant-based gelling agent extracted from red algae which forms a soft, creamy gelatine
Jellification


INULIN HOT
A fat substitute
Creamy mouthfeel addition


NULIN COLD
A fat and sugar substitute
Creamy mouthfeel addition


NATUR EMUL
A substitute emulsifier for egg yolk

## Emulsion



## SOY LECITHIN

For aerating fats and making stable emulsions
Emulsion


## POTATOWHIP

A plant-based substitute for egg white for whipping and coagulating products
Emulsion Aeration Coagulation


SOJAWHIP
A plant-based substitute for egg whites, used for whipping up products
Emulsion Aeration


## CAROB GUM

A natural stabiliser for hot products
Stabililsation


GUAR GUM
A natural emulsifier for cold preparations
Stabililsation


XANTHAN GUM
A thickener made by fermenting corn, soluble in hot and cold preparations
Stabililsation


## GELCREM COLD

A freezable cold thickener
Stabililsation Texture


GELCREM HOT
A freezable hot thickener
Stabililsation Texture


Refined deodorized coconut fat

## Recipes

## Apricot sphere

500 g 38678

## INGREDIENT

» TPT syrup.................................................................................. 500 g
» Plant-Based Gelling Agent | 38678............................................. 25 g
» Apricot pulp.................................................................... 250 g

## ELABORATION

Pour the puree into sphere molds and freeze. Separately, mix the syrup with the gelatin cold and bring to a boil. Dip the frozen spheres punctured in a needle to get a gel coat. Let the spheres thaw before serving.

## Blackcurrant meringue

## INGREDIENT

» Blackcurrant purée ..................................................................... 120 g
» Water ............................................................................. 35 g
» Albuwhip | 38461 ............................................................... 16 g
» Sugar ............................................................................. 120 g
» Trehalosa | 39054............................................................ 30 g
» Citric acid | 37085 ................................................................ 1 g

## ELABORATION

Mix the Albuwhip with the citric acid and the blackcurrant purée. Whip. Add the sugar and trehalose in three parts as a French meringue. Pour on a Silpat in the desired shape and dehydrate at $50^{\circ} \mathrm{C}$ for 6 hours.


## Recipes

## Fruits and orange blossom aspic




Agar-Agar
$500 \mathrm{~g} \quad 37872$

## INGREDIENT

» Water .............................................................................. 200 g
» Liquid gulcose | 37305 ....................................................... 40 g
» Orange blossom water | 37945...................................................... 10 g
» Agar-Agar | 37872.............................................................. 2 g
» Mango ............................................................................................ 8 g
» Kiwi ........................................................................................................ 8
» Pomegranate ........................................................................ 8 g
» Freezedry rose petals $\mid 39492$...........................................0,01 g

## ELABORATION

Mix the water with glucose and agar agar and bring up to a boil. Cool down to $60^{\circ} \mathrm{C}$ and add the orange blossom water. Stir well and fill the molds. Insert the rose petals and fruits building the aspic.

## Lemon curd

## INGREDIENT

» Lemon juice ............................................................................ 150 g
» Water .............................................................................. 180 g
» Sugar ................................................................................ 90 g
» Gelcrem Hot | 38673 .................................................................... 40 g
» Lemon zest .......................................................................... 5 g
» Deodorized Coconut oill 37327 ............................................... 70 g

## ELABORATION

Combine the lemon juice, water, Gelcrem, sugar and lemon zest. Bring the mix to boil. Remove from the heat and cool at $45^{\circ} \mathrm{C}$. Add the coconut oil and mix using a stick blender. Cool down down to $4^{\circ} \mathrm{C}$ and keep in the fridge for 12 hours before using.


## Sosa Ingredients

Pol. Ind. Sot d'Aluies - 08180 Moià - Catalunya - Spain
T. +34 938666111 - www.sosa.cat - sosa@sosa.cat
(f) (om (in)


[^0]:    preservatives free

[^1]:    Smoke
    aroma powder
    500 g 39006
    10 kg 37666
    6 l

[^2]:    Properties: Wheat dextrin. Very crispy tempura. It keeps its crispy texture long after frying.
    Use: Mix with the flour.
    Elaborations: Tempuras, batters or meringues.

[^3]:    Bulking agent to increase or replace solid content.
    Can be included hot or cold without prior hydration. Low texturizing qualities, very good cold solubility. Partial or total substitution for sucrose.

    * For more information on their use, see section on bulking agents in the texturizing range ( p .174 ).

[^4]:    Oligofruct
    Dose:

    100\% oligofructose extracted from chicory root
    $500 \mathrm{~g} 38863 \bigcirc 6 u$
    

    Properties: Solids $97 \%$ / AFP 45\% / SP 50\%. A highly soluble product. Due to its high degree of sweetness, it is an ideal sucrose substitute.
    Use: Add to a cold or hot preparation, no previous hydration required.
    Observations: Low texturizing qualities, very good cold solubility.
    Elaborations: Partial or total substitution for sucrose.

[^5]:    Properties: Fat emulsifier and aerating agent.
    Use: Add hot or cold, directly to preparations, and incorporate vigorously.
    Application: Any type of fat and/or liquids.
    Observations: Amber-colored liquid, difficult to dissolve in high-strength alcohols.
    Elaborations: Water-fat emulsion / Oil- and liquid-based foams / Emulsifier for chocolates and confectionery.

[^6]:    Tara gum
    Dose:
    $1-8 \mathrm{~g} / \mathrm{kg}$
    Polysaccharide obtained from the seeds of the tara spinosa tree (leguminous tree)
    $700 \mathrm{~g} \quad 38692$
    (2)

    Properties: Thickener, stabilizer, protective coating.
    Use: Mix with the rest of the solids and combine with the liquid. Heat up to $175^{\circ} \mathrm{F}\left(80^{\circ} \mathrm{C}\right)$.
    Application: Any liquid.
    Observations: Reduces problems with syneresis.
    Elaborations: Sauces.

[^7]:    Cold neutral gelatin
    Dose:

    Water, sugar, pectin, xanthan gum and preservative5 kg
    34379
    

    N

    Properties: Gloss for pastry and baked goods.
    Use: Gently heat the gelatin until it melts. Apply to the product directly or with a brush.
    Application: Cakes, fruit slices, mousses, etc.
    Observations: Neutral flavour. $65^{\circ} \mathrm{Bx}$. Heat-reversible. Prevents the fruit from oxidizing as it insulates it from the air.
    Elaborations: Glossy finish for pastry and confectionery products in general.

[^8]:    Properties: Acidulant, antioxidant and bread improver.
    Use: Apply directly to products. Soluble in liquid.
    Application: Used as an acidifier or antioxidant in foods, especially fruits and vegetables.
    Observations: Neutral flavour.
    Elaboraciones: All types of preparations where an antioxidant is needed: fruit dips, preserved fruit, fruit salads, juices, etc.

